



AAPDPP

The American Academy of Psychodynamic Psychiatry and Psychoanalysis

68th Annual Meeting
Saturday, May 3 – Sunday, May 4, 2025

Virtual Meeting

“Connecting Through Adversity”

Annual Meeting Program Co-Chairs

Autumn Ning MD, Sergio Badel MD, Lucas Lopes MD, Mariana Pereira MD, and Jeffrey Tuttle MD

Scientific Programs Committee Co-Chairs

Kimberly R. Best MD and Joseph J. Rasimas MD

Continuing Medical Education Committee Chair

Silvia W. Olarte MD

*** PRELIMINARY PROGRAM ***

**A Forum for Psychodynamic Psychiatry
and Psychoanalysis**

**Registration is open to all mental health
professionals and behavioral/social scientists.**

**AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY
AND PSYCHOANALYSIS**

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The Academy is where psychodynamic psychiatrists and physician psychoanalysts: discover a forum for exchange of ideas; find a voice within the American Psychiatric Association (APA) to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).

Message from the Program Co-Chairs

Welcome to the 2025 annual meeting of the American Academy of Psychodynamic Psychiatry and Psychoanalysis! We are excited to continue our mission of providing a forum for discussion of all of the ways and in all the settings that psychodynamic psychiatrists work. Many of our presenters are known to us and have been members for years (even decades!) and since the inception of the Academy have been mentoring, supervising and providing a connection to our constantly evolving field. This is a professional home for those of us who wish to work this way. We see patients in hospitals and clinics in the community, in academic centers, and in private offices. Our members span the globe from Europe and the Americas to the South Pacific, and we adapt what we know of psychodynamic concepts and skills to communities all over the world where we work and teach.

This year, as we meet virtually, we focus on Connection. We will hear presentations on fathers connecting with sons, on the evolution of connections and their losses in older psychodynamic psychiatrists. We have a presentation on the healing power of therapeutic connection with patients, and we will reconnect to the exceedingly relevant legacy of foreign leaders as told by our Presidential speaker. Our colleagues in Europe will connect us to new theoretical orientations as applied to groups. And we will connect with our trainees and early career members as we teach, and try to meet their needs in innovative psychotherapy programs, and teaching sessions. Finally, our Keynote speaker will help us to connect to our bravery and resilience, as she weaves together clinical work, the external world, and the internal worlds of therapist and patient.

Today especially, we navigate a world that seems to grow more ominous and unpredictable. Climate change and political and social upheaval threaten our sense of safety and security, while in our backyards, the care and consideration of some of our most vulnerable populations - our women and children, minorities, immigrants, gender queer, neurodivergent, sexually diverse, marginalized colleagues, patients and family members - feels at risk in a way that is terrifyingly new and also eerily familiar. Now, more than ever, we need to remember our humanistic and psychoanalytic roots. The very psychodynamic concepts and practices that allow us to understand the whole human and to privilege that humanity are being challenged with polarizing headlines, racist commentary and acting out at the highest levels.

Such adversity can breed resilience if we are part of a community where we find support. The Academy has been able to survive and even flourish again as we start to incorporate new digital media, a refreshed online presence and more innovative programs in mentorship and teaching. Please join us for the 68th Annual Meeting of the American Academy of Psychodynamic Psychiatry and Psychoanalysis. We want to hear your voices and see your faces. Welcome!

Conference Learning Objectives: This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents and fellows; b) psychologists, interns and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of **9.75 AMA PRA Category 1 CreditsTM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.

SATURDAY, May 3, 2025

Please Note: All meeting times are Eastern Daylight Time

9:45 AM

Welcome! Coffee and Introductions

Chair, Scientific Programs Committee:
Kimberly R. Best, MD

Program Committee:
**Sharon Batista, MD, Raul Condemarin, MD, Carolyn Doyle, MD,
Tyler Fleming, MD, Autumn Ning, MD, Vladan Novakovic, MD,
Timothy Sullivan, MD, and Allan Tasman, MD**

10:00 AM

Workshop

The Psychodynamic Journey of Exile

Eugenio M. Rothe, MD

Discussant

Scott C. Schwartz, MD

11:00 AM

Panel

***Relationships Between Fathers and Sons From the Threat of Murder to Loving
Reconnection: the Transformation of My Relationship with My Son***

John S. Tamerin, MD

Insights: Charlie Chaplin and His Father

Steven M. Weissman, MD

Psychodynamic Perspectives on Father-Son Relationships

Eugenio M. Rothe, MD

12:15 PM – 1:00 PM

Break

1:00 PM

Training Innovations: A Psychodynamic Alliance for a Psychotherapy Track

Mikaela Mintz, MD

Sergio Badel, MD

Discussant

Radu Saveanu, MD

2:00 PM

Keynote Address

**Trump Redux, Covid-19, and The Murder of George Floyd:
Psychodynamic Reflections from a Brown Analyst**

Presented by

Aisha Abassi, MD

3:15 PM – 3:30 PM
Break

3:30 PM

Trainee Education: Inpatient/Hospital Psychodynamics - Clinical Tips and Tools
Kimberly R. Best, MD

SUNDAY, May 4, 2025

Please Note: All meeting times are Eastern Daylight Time

9:00 AM

Fagioli's Birth Theory and Group Psychotherapy
Daniela Polese, MD

10:00 AM

Older Psychodynamic Psychiatrists: Practice Metrics and Subjective Observations
Douglas H. Ingram, MD
Myron Glucksman, MD
Discussant
Autumn Ning, MD

11:00 AM

Academy Business Meeting

12:00 PM

Case Presentation

"A Little Match Girl" A Case Study of Therapeutic Connection

Discussants

Vladan Novakovic, MD

Nate Szajnberg, MD

1:15 PM

Lunch Break

1:45 PM

Plenary Session

Clinical Perspectives: Nelson Mandela "I Have Crossed Famous Rivers"

Presented by

Cheryl al-Mateen, MD

Discussant

Eugenio M. Rothe, MD

3:00 PM

Break

3:15 PM

Resident Education

Psychodynamic Theory vs Technique in Outpatient Work

Autumn Ning, MD

4:00 PM

Discussion with Trainees

What do Residents Want and Need of Psychodynamics Ongoing?

2025 AWARDS

Scott C. Schwartz Award

Kyle P. Sellers, MD

Victor J. Teichner Awards

Lieutenant Commander Devon Johnston, MD

Military/Associate Program Director

Novant Health New Hanover Regional Medical Center

***Combined Civilian-Military Psychiatry Residency Program
and***

Julia Triggs, MD

Program Director

Novant Health New Hanover Regional Medical Center

Combined Civilian-Military Psychiatry Residency Program

REGISTRATION

Fees

RESIDENTS AND MEDICAL STUDENTS - FREE!

AAPDPP Members \$250

Non-Members \$300

Register on the AAPDPP website:

www.AAPDPP.org

- or here -

<https://members.aapdp.org/upcoming-events>

AAPDPP MEMBERSHIP

**Not a member of the American Academy
of Psychodynamic Psychiatry and Psychoanalysis?**

**For more information, contact the Executive Office:
Info@AAPDP.org | 888-691-8281**

**Membership details are also on the Academy's website:
www.AAPDPP.org**