

## 67<sup>th</sup> Annual Meeting Thursday, May 2 – Saturday, May 4, 2024

## Icahn Building - Mount Sinai Medical Center 1425 Madison Avenue New York, NY

## Changing Times: Sex, Drugs and Psychotherapy

Annual Meeting Program Chair: **Ahron Friedberg, MD** 

Annual Meeting Program Co-Chairs:
Sharon Batista, MD, Raul Condemarin, MD, Carolyn Doyle, MD,
Tyler Fleming, DO, Vladan Novakovic, MD, Timothy Sullivan, MD,
and Allan Tasman, MD

## PRELIMINARY PROGRAM REVISED MARCH 25, 2024

A Forum for Psychodynamic Psychiatry and Psychoanalysis

Registration is open to all mental health professionals and behavioral/social scientists.

## AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY AND PSYCHOANALYSIS

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#### **Academy Executive Office**

One Regency Drive | Post Office Box 30 | Bloomfield, CT 06002

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The Academy is where psychodynamic psychiatrists and physician psychoanalysts: discover a forum for exchange of ideas; find a voice within the American Psychiatric Association (APA) to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).

# American Academy of Psychodynamic Psychiatry and Psychoanalysis

67th Annual Meeting Thursday, May 2 – Saturday, May 4, 2024

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Changing Times: Sex, Drugs and Psychotherapy

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Sharon Batista, MD, Raul Condemarin, MD, Carolyn Doyle, MD, Tyler Fleming, MD, Vladan Novakovie, MD, Timothy Sullivan, MD, and Allan Tasman, MD

Co-Chairs of Scientific Programs Committee: **Kimberly R. Best, MD** and **Joseph J. Rasimas, MD** 

CME Committee Chair: Silvia W. Olarte, MD

#### **Message from the Program Co-Chairs**

In hindsight, every period we've lived through exhibits societal change. But some periods feel revolutionary even while we live through them. The '60s, for example, quickly became synonymous with political and social upheaval, exploding with new attitudes towards sex (the "pill" was approved in June 1960), free love and free speech, race issues and diversity. Though at first it may be hard to sense the revolution, then you do – and get with it.

The subject of our Academy meeting for 2023, "Sex, Drugs, and Psychodynamics," reflects our own changing times, and an intention to educate practitioners on what's different about the field, our patients, and the nature of our work. The point is to advance best practices.

So, why focus on these topics?

After all, sex has always been complicated. When you multiply the urgency of sex by the passions of love, the complexity increases exponentially. Nothing new about that! The same is true when the two face off in opposite corners -- you can have sex with someone you don't love, or love someone towards whom you feel no passion. Such problems with intimacy are routine stuff in our work. We take a sexual history, we explore sexuality and sexual fantasies, apply psychotherapeutic and psychopharmacology (a little, blue pill!), and often patients get better.

But what is new about sex – or, rather, its public manifestation – is the surging prominence of queerness. With the emergence of LGBTQ identity as a movement, "complicated" is now perplexing, even problematic. Do we delay the onset of puberty in someone confused about "his," "her," or "their" identity? What adolescent isn't confused? Moreover, as the rising wave of activism demonstrates, adults can be equally upended by "queerness." The concerns are serious, and medical institutions have programs and centers to help patients address issues with gender dysphoria and possible transition.

Now consider the changing landscape associated with drugs. Street drugs used to be recreational, in contrast to medications which were therapeutic. But now ketamine, known on the street as "Special K," is an established treatment for refractory Major Depression (efficacy studies better than ECT), and it comes in a handy nasal spray (Spravato). Psilocybin ('shrooms) and LSD are being studied in micro-doses for PTSD and other disorders. Trippy retreats with ayahuasca, a vine with hallucinogenic properties when ingested, are reported in medical journals (and The New Yorker) to transform the lives of participants. MDMA (yes, "ecstasy") is used in conjunction with psychotherapy to treat Anxiety Disorders, PTSD, and other psychiatric conditions. Several major medical institutions now have centers or programs in psychedelic medicine.

Thus, psychotherapy and psychodynamic psychiatry are not as their founding American fathers—Brill, Jones, and Rado—had envisioned. Research linking the psychodynamic approach with cognitive neuroscience was predicted by Eric Kandel, MD, a Nobel laureate in Medicine, in the American Journal of Psychiatry (1999). So, forget the Procrustean couch. Instead, take a walk with us to explore new possibilities, as Freud did through that park in Vienna with Mahler, or as Socrates did with his students in establishing the peripatetic tradition. For example, think about how well-established models of the mind have become unsettled by neuroscience. Did you know that phobias and anxiety conditions can be treated by exposing a patient to stimuli of which they are not even consciously aware? So much for making the unconscious conscious as the basis for psychoanalytic treatment.

All of which is to say that yes, "the times they are a-changin."

**Conference Learning Objectives**: This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

#### Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of 9psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

#### Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: "Competence" refers to knowing how to do something; and "Performance" is what a psychiatrist would do in practice if given the opportunity.

**Target Audience**: Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents and fellows; b) psychologists, interns and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 19.5 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.

## **THURSDAY, MAY 2, 2023**

#### 7:00 PM REGISTRATION

(Icahn Building Foyer)

#### 7:30 PM - 9:00 PM OPENING SESSION

Goldwurm Auditorium (Icahn Building – First Floor)

Welcome: **Ahron Friedberg, MD** (New York, NY)

Introductory Remarks: **Joseph R. Silvio, MD** (Bethesda, MD)

**Eugenio M. Rothe, MD** (Coral Gables, FL) **Kimberly R. Best, MD** (Philadelphia, PA)

PLENARY I LGBTQ+ MENTAL HEALTH AND CRYSTAL

METHAMPHETAMINE USE AMONG GAY MEN

Presenter: **Petros Levounis, MD, MA**\*

American Psychiatric Association President,

and Chair, Department of Psychiatry, Rutgers University

Moderator: Ahron Friedberg, MD

Discussion: Presenter and Attendees

9:00 PM – 10:00 PM **OPENING NIGHT RECEPTION** Atrium - Icahn Building (MC Level)



## FRIDAY, MAY 3, 2023

8:00 AM - 9:00 AM - Goldwurm Auditorium (Icahn Building - First Floor)

PLENARY II PERSON-CENTERED MEDICINE AND PSYCHIATRY

Chair/Discussant: Vladan Novakovic, MD\* (New York, NY)

Presenter: **Juan Mezzich**, **MD**\* (New York, NY)

8:00 AM – 9:00 AM – Icahn Atrium (MC Level)

PAPER SESSION I THE AGE OF IDENTITY

Chair/Moderator: **Stevan Weine, MD\*** (Chicago, IL)

Presenter: **David Forrest, MD** (Rye, New York)9:00 AM – 9:15 AM

9:00 AM - 9:15 AM **Coffee Break** 

9:15 AM – 10:45 - AM Goldwurm Auditorium (Icahn Building – First Floor)

PANEL I DBT – TEACHING OLD DOGS NEW TRICKS

Chair/Moderator: **John Tamerin, MD** (Greenwich, CT)

Presenters: **Andrew Gerber, MD\*** (New Canaan, CT)

Norman Straker, MD\* (New York, NY) Rebecca Dulit, MD\* (Scarsdale, NY)

9:15 AM - 10:00 AM - Atrium (MC Level)

PAPER SESSION II TRANSITION REGRET: GENDER TREATMENTS AND

**OUTCOME STUDIES** 

Chair/Moderator: Sharon Batista, MD (New York, NY

Presenter: Carolyn A. Doyle, MD (Maywood, IL)

9:15 AM – 10:00 AM – Psychiatry Conference Room (Fourth Floor)

WORKSHOP I/ ROUND TABLE DISCUSSION CLINICAL SITUATIONS RELEVANT TO RACE AND

THE ANTIRACIST MOVEMENT

Co-Chairs: Sherry Katz-Bearnot, MD (Hastings on Hudson, NY)

Autumn Ning, MD (Coral Gables, FL)

10:00 AM - 11:00 AM - Atrium (MC Level)

PAPER SESSION III OPENING BOTH EYES: INTEGRATING LITERARY AND

PSYCHIATRIC PERSPECTIVES IN SCHOLARSHIP ON ALLEN GINSBERG'S MADNESS (AND OTHER BEAT WRITERS WHO ENGAGED SEX, DRUGS, AND

**PSYCHOTHERAPY)** 

Chair/Moderator: **David Forrest, MD** (Rye, New York)

Presenter: **Stevan Weine, MD\*** (Chicago, IL)

10:00 AM – 11:30 AM – Psychiatry Conference Room (Fourth Floor)

WORKSHOP II/ ROUND TABLE DISCUSSION CLINICAL PRACTICE IN LATER LIFE:

CHALLENGES, SATISFACTIONS, AND INSIGHTS

Presenters/Moderators: **Douglas Ingram**, **MD** (New York, NY)

Myron Glucksman, MD (West Redding, CT)

11:00 AM – 12:15 PM - Goldwurm Auditorium (Icahn Building – First Floor)

PAPER SESSION VIII PSYCHODYNAMICS OF TREATMENT REFUSAL IN HIV:

FROM CONFLICT TO EQUANIMITY IN RESPECTING A

PATIENT'S CHOICE TO DIE

Chair/Moderator: **César A. Alfonso, MD** (New York, NY)

Presenters: **David Teo Choon Liang, MD\*** (Singapore)

**Arvind Rajagopalan**, **MD\*** (Singapore)

12:00 pm – 1:30 pm Faculty Luncheon (Location to be Determined)

**Attendees' Lunch** (on your own – a list of near by

restaurants will be provided)

12:00 PM - 1:30 PM - Icahn Atrium (MC Level)

RESIDENTS' PRESENTATION AND OPEN DISCUSSION ON PSYCHODYNAMIC MEANING AND

AND LUNCHEON PSYCHOPHARMACOLOGY

Host: **Joseph R. Silvio, MD** (Bethesda, MD)

Presenter: **David Mintz, MD** (Stockbridge, MA)

Open to all residents.

Sponsored by the AAPDPP Committee for the Advancement of Psychoanalysis (CAP).

1:30 PM - 2:45 PM - Goldwurm Auditorium (Icahn Building - First Floor)

SYMPOSIUM: PSYCHODYNAMICS AND DOCTORING

Chair: **David Mintz, MD** (Stockbridge, MA)

Presenters: **David Mintz, MD** (Stockbridge, MA)

Jessica Yakeley, MD, FRCPsych\* (London, United Kingdom)

Eric Marcus, MD\* (New York, NY)

1:30 PM – 2:30 PM – Psychiatry Conference Room (Fourth Floor))

WORKSHOP III/ ROUND TABLE DISCUSSION AUTOBIOGRAPHY AND PSYCHODYNAMIC WORK

Presenter/Moderator: Richard Brockman, MD (New York, NY)

1:45 PM – 2:45 PM – Icahn Atrium (MC Level)

WORKSHOP IV/
ROUND TABLE
YOU CAN'T ALWAYS GET WHAT YOU WANT:
ASSESSING MEDICAL AND PSYCHOLOGICAL

DISCUSSION FACTORS IN SEXUAL DYSFUNCTION

Chair **Jeffrey Tuttle, MD** (Lexington, KY)

Presenter: Sarah Oros, MD\* (Lexington, KY)

:45 PM – 4:00 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PANEL II NOVEL TREATMENTS AND PSYCHEDELIC MEDICINE

Chair: **James Murrough, MD\*** (New York, NY)

Presenters: **Adriana Feder, MD\*** (New York, NY)

Rachel Fremont, MD\* (New York, NY)

2:45 PM – 3:45 PM – Icahn Atrium (MC Level)

PAPER SESSION IV TEACHING THERAPEUTIC POSTURE IN A CLIMATE OF

**SOCIAL INJUSTICE** 

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenter: **Timothy Sullivan, MD** (Mount Kisco, NY)

2:45 PM - 3:45 PM - Psychiatry Conference Room (Fourth Floor)

PSYCHOPHARMACOLOGY WORKSHOP – PEER TO PEER ISSUES OF PHARMACOLOGY

Co-Chairs/Discussants: **Joseph R. Silvio, MD** (Bethesda, MD)

Raul Condemarin, MD (Boston, MA) David Mintz, MD (Stockbridge, MA)

3:45 PM - 4:00 PM Coffee Break

4:00 PM - 5:45 PM - Goldwurm Auditorium (Icahn Building - First Floor)

PANEL III HONORING THE WORK OF RICHARD FRIEDMAN, MD

Chair: **Douglas H. Ingram, MD** (New York, NY)

Presenters: **Jennifer I. Downey, MD** (New York, NY)

**César A. Alfonso, MD** (New York, NY) **Andrew Solomon, PhD\*** (New York, NY) 6:00 PM – 7:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

#### **KEYNOTE ADDRESS**

#### THE OTHER NARRATIVES OF YOUTH SUICIDE

Chair/Moderator: Ahron Friedberg, MD (New York, NY)

**Andrew Solomon, PhD\*** (New York, NY) Professor, leading author, LGBTQ advocate Presenter:

Audience Discussion to Follow.



### SATURDAY, MAY 4, 2024

8:00 AM – 9:00 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL IV MENTAL HEALTH CARE FOR REFUGEES

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenters: Andres J. Pumariega, MD (Gainesville, FL)

Rao Gogeneni, MD (Philadelphia, PA)

8:00 AM – 9:15 AM – Icahn Atrium (MC Level)

PANEL V DREAM, TRAUMA AND TRIPS

Chair/Moderator: **Greg Mahr, MD** (Detroit, MI)

Presenters: **Jamie Sweigart, MD\*** (Detroit, MI)

David A. Moore, MD\* (Detroit, MI)

9:00 AM - 9:15 AM **Coffee Break** 

9:15 AM – 10:30 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PAPER SESSION V THE DIFFICULT PATIENT: WHY TREATMENT ISN'T

WORKING AND HOW TO USE A PSYCHODYNAMIC

LENS TO MOVE IT FOWARD

Chair/Moderator: Kimberly R. Best, MD (Philadelphia, PA)

Presenter: Eric M. Plakun, MD (Stockbridge, MA)

9:15 AM – 10:15 AM – Icahn Atrium (MC Level)

PRESENTATION PRACTICING TELETHERAPY

Chair/Moderator: **Ahron Friedberg, MD** (New York, NY)

Presenter: **Gerald P. Perman, MD** (Beverly Hills, CA)

9:15 AM – 10:15 AM – Psychiatry Conference Room (Fourth Floor)

WORKSHOP V/ ROUND TABLE DISCUSSION STUDY OF RESIDENTS DURING THE PANDEMIC

Co-Chairs: Mariana Pereira, MD (São Paulo, Brazil)

**Autumn Ning, MD** (Coral Springs, FL)

10:15 AM – 11:15 AM – Psychiatry Conference Room (Fourth Floor)

WORKSHOP VI ROUND TABLE DISCUSSION DEALING WITH A RACIST/MISOGYNISTIC

PATIENT OR COLLEAGUE

Chair: **Timothy Sullivan, MD** (Mount Kisco, NY)

Presenter: **Timothy Sullivan, MD** (Mount Kisco, NY)

Grace Cho, MD (Philadelphia, PA)

10:30 AM – 12:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL VI SEX AND REPRODUCTION: FANTASY AND REALITY

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenters: Elizabeth M. Fitelson, MD\* (New York, NY)

Jennifer I. Downey, MD (New York, NY) Brita Reed Lucey, MD, PsyD\* (Norwich, VT)

11:15 AM – 12:00 PM – Psychiatry Conference Room (Fourth Floor)

WORKSHOP VII ROUND TABLE DISCUSSION PSYCHODYNAMIC FORMULATIONS USING THE

**NOVEL AND MUSICALS** 

Chair/Moderator: Kimberly R. Best, MD (Philadelphia, PA)

Presenter: **Tyler Fleming, DO** (Pittsford, NY)

12:00 PM – 1:30 PM **Journal Editorial Board Meeting** 

(Psychiatry Conference Room - Fourth Floor))

**Attendees' Lunch** (on your own – list of near by

restaurants will be provided)

1:30 PM - 2:30 PM - Psychiatry Conference Room (Fourth Floor)

WORKSHOP/
ROUND TABLE
DISCUSSION

SEXISM, PATERNALISM, FETISHISM, AND
CONSUMERISM – CONTEMPORARY CULTURAL
PSYCHODYNAMICS OF ANOREXIA NERVOSA

Discussant: Vladan Novakovic, MD (New York, NY)

Presenter: **Joseph J. Rasimas, PhD, MD** (Prince Edward Island, Canada)

2:00 PM - 4:00 PM - Icahn Atrium (MC Level)

PANEL VII FUNCTIONAL AND INTEGRATIVE MEDICINE

Chair/Moderator: Autumn Ning, MD (Coral Gables, FL)

Presenters: Angelo (Safa) Sadeghpour, MD\* (Miami, FL)

Zac Mulvihill, MD\* (New York, NY)
Vanessa Nascimento, MD\* (Miami, FL)

1:30 PM – 3:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PANEL VIII CLINICAL CHALLENGES IN THE PSYCHODYNAMIC

TREATMENT OF ADDICTIONS: AN INTERNATIONAL

**PERSPECTIVE** 

Co-Chairs and

Moderators: **César A. Alfonso, MD** (New York, NY)

Timothy Sullivan, MD (Mount Kisco, NY)

Presenters: **Afsaneh Kiany Alisobhani, PsyD, FIPA** (Irvine, USA)

Chaimaa Aroui, MD (Morocco)
Constantine Della MD (Philippines)
Rasmon Kalayasiri MD (Thailand)
Frilya Rachma Putri, MD (Indonesia)

Hazli Zakaria MD (Malaysia)

Kanthee Anantapong, MD, PhD (Thailand)

Andre Tay Teck-Sng, MMed, MRCpsych (Singapore)

Alma Jimenez MD (Philippines) Goran Mijaljica, MD (Sweden)

David Teo Choon Liang MBBS, MRCPsych (Singapore)

3:30 PM to 4:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PLENARY III THE FIRST CALL FOR HUMAN RIGHTS IN THE

**AMERICAN CONTINENT (1511): FATHER ANTONIO** 

MONTESINO AND HIS RELEVANCE TO

PSYCHODYNAMIC PSYCHIATRY

Chair/Moderator: **Ahron Friedberg, MD** (New York, NY)

Presenter: Eugenio M. Rothe, MD (Coral Gables, FL)

**AAPDPP President-Elect** 

4:30 PM - 6:00 PM - Goldwurm Auditorium (Icahn Building - First Floor)

PAPER SESSION VI CLINICAL APPLICATION OF HUMAN BIRTH THEORY

IN CHANGING TIMES

Co-Chairs/Moderators: **Daniela Polese**, **MD** (Rome, Italy)

César A. Alfonso, MD (New York, NY)

Presenters: **Elena Monducci, MD\*** (Rome, Italy)

Alessandro Mazzetta, MD\* (Rome, Italy)

Alice Dell'Erba, MD\* (Rome, Italy)

Martna Moneglia, MD\* (Florence, Italy)

6:00 PM – 6:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

#### ANNUAL BUSINESS MEETING

6:30 PM - 7:30 PM

PRESIDENTIAL ADDRESS PHOTOGRAPHY AND PSYCHOANALYSIS

Introduction: Kimberly R. Best, MD (Philadelphia, PA)

Presenter: **Joseph R. Silvio, MD** (Bethesda, MD)

7:30 PM - 830 PM - Icahn Atrium (MC Level)

#### ATTENDEES RECEPTION AND PRESENTATION OF AWARDS

* Invited Speaker			

Not a member of the American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)?

**CLICK HERE FOR MORE INFORMATION** 

Or contact the Academy's Executive Office: <u>Info@AAPDP.org</u> or 888-691-8281

#### MEETING REGISTRATION FORM OR REGISTER ONLINE: https://members.aapdp.org/upcoming-events

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