67th Annual Meeting
Thursday, May 2 – Saturday, May 4, 2024

Icahn Building - Mount Sinai Medical Center
1425 Madison Avenue
New York, NY

Changing Times: Sex, Drugs and Psychotherapy

Annual Meeting Program Chair:
Ahron Friedberg, MD

Annual Meeting Program Co-Chairs:
Sharon Batista, MD, Raul Condemarin, MD, Carolyn Doyle, MD,
Tyler Fleming, DO, Vladan Novakovic, MD, Timothy Sullivan, MD,
and Allan Tasman, MD

PRELIMINARY PROGRAM

A Forum for Psychodynamic Psychiatry
and Psychoanalysis

Registration is open to all mental health professionals and behavioral/social scientists.
The Academy is where psychodynamic psychiatrists and physician psychoanalysts: discover a forum for exchange of ideas; find a voice within the American Psychiatric Association (APA) to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).
American Academy of Psychodynamic Psychiatry and Psychoanalysis

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Co-Chairs of Scientific Programs Committee: Kimberly R. Best, MD and Joseph J. Rasimas, MD

CME Committee Chair: Silvia W. Olarte, MD

Message from the Program Co-Chairs

In hindsight, every period we’ve lived through exhibits societal change. But some periods feel revolutionary even while we live through them. The ‘60s, for example, quickly became synonymous with political and social upheaval, exploding with new attitudes towards sex (the “pill” was approved in June 1960), free love and free speech, race issues and diversity. Though at first it may be hard to sense the revolution, then you do – and get with it.

The subject of our Academy meeting for 2023, “Sex, Drugs, and Psychodynamics,” reflects our own changing times, and an intention to educate practitioners on what’s different about the field, our patients, and the nature of our work. The point is to advance best practices.

So, why focus on these topics?
After all, sex has always been complicated. When you multiply the urgency of sex by the passions of love, the complexity increases exponentially. Nothing new about that! The same is true when the two face off in opposite corners -- you can have sex with someone you don’t love, or love someone towards whom you feel no passion. Such problems with intimacy are routine stuff in our work. We take a sexual history, we explore sexuality and sexual fantasies, apply psychotherapeutic and psychopharmacology (a little, blue pill!), and often patients get better.

But what is new about sex – or, rather, its public manifestation – is the surging prominence of queerness. With the emergence of LGBTQ identity as a movement, “complicated” is now perplexing, even problematic. Do we delay the onset of puberty in someone confused about “his,” “her,” or “their” identity? What adolescent isn’t confused? Moreover, as the rising wave of activism demonstrates, adults can be equally upended by “queerness.” The concerns are serious, and medical institutions have programs and centers to help patients address issues with gender dysphoria and possible transition.

Now consider the changing landscape associated with drugs. Street drugs used to be recreational, in contrast to medications which were therapeutic. But now ketamine, known on the street as “Special K,” is an established treatment for refractory Major Depression (efficacy studies better than ECT), and it comes in a handy nasal spray (Spravato). Psilocybin (’shrooms) and LSD are being studied in micro-doses for PTSD and other disorders. Trippy retreats with ayahuasca, a vine with hallucinogenic properties when ingested, are reported in medical journals (and The New Yorker) to transform the lives of participants. NMDA (yes, “ecstasy”) is used in conjunction with psychotherapy to treat Anxiety Disorders, PTSD, and other psychiatric conditions. Several major medical institutions now have centers or programs in psychedelic medicine.

Thus, psychotherapy and psychodynamic psychiatry are not as their founding American fathers—Brill, Jones, and Rado—had envisioned. Research linking the psychodynamic approach with cognitive neuroscience was predicted by Eric Kandel, MD, a Nobel laureate in Medicine, in the American Journal of Psychiatry (1999). So, forget the Procrustean couch. Instead, take a walk with us to explore new possibilities, as Freud did through that park in Vienna with Mahler, or as Socrates did with his students in establishing the peripatetic tradition. For example, think about how well-established models of the mind have become unsettled by neuroscience. Did you know that phobias and anxiety conditions can be treated by exposing a patient to stimuli of which they are not even consciously aware? So much for making the unconscious conscious as the basis for psychoanalytic treatment.

All of which is to say that yes, “the times they are a-changin.”
**Conference Learning Objectives:** This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:
Improving treatment of patients by:
A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:
A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:
Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:
A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

**Target Audience:** Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents and fellows; b) psychologists, interns and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 19.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.
THURSDAY, MAY 2, 2023

7:00 PM
REGISTRATION
(Icahn Building Foyer)

7:30 PM - 9:00 PM
OPENING SESSION
Goldwurm Auditorium (Icahn Building – First Floor)

Welcome: Ahron Friedberg, MD (New York, NY)
Introductory Remarks: Joseph R. Silvio, MD (Bethesda, MD)
Eugenio M. Rothe, MD (Coral Gables, FL)
Kimberly R. Best, MD (Philadelphia, PA)

PLENARY I
LGBTQ+ MENTAL HEALTH AND CRYSTAL METHAMPHETAMINE USE AMONG GAY MEN

Presenter: Petros Levounis, MD, MA *
American Psychiatric Association President,
and Chair, Department of Psychiatry, Rutgers University

Moderator: Ahron Friedberg, MD

Discussion: Presenter and Attendees

9:00 PM – 10:00 PM
OPENING NIGHT RECEPTION
Atrium - Icahn Building (MC Level)
FRIDAY, MAY 3, 2023

8:00 AM – 9:00 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PLENARY II PERSON-CENTERED MEDICINE AND PSYCHIATRY
Chair/Discussant: Vladan Novakovic, MD* (New York, NY)
Presenter: Juan Mezzich, MD* (New York, NY)

9:00 AM – 9:15 AM Coffee Break

9:15 AM – 10:45 AM Goldwurm Auditorium (Icahn Building – First Floor)

PANEL I DBT – TEACHING OLD DOGS NEW TRICKS
Chair/Moderator: John Tamerin, MD (Greenwich, CT)
Presenters: Andrew Gerber, MD* (New Canaan, CT)
Norman Straker, MD* (New York, NY)
Rebecca Dulit, MD* (Scarsdale, NY)

9:15 AM – 10:00 AM – Atrium (MC Level)

PAPER SESSION I TRANSITION REGRET: GENDER TREATMENTS AND OUTCOME STUDIES
Chair/Moderator: Sharon Batista, MD (New York, NY)
Presenter: Carolyn A. Doyle, MD (Maywood, IL)

9:15 AM – 10:00 AM – Psychiatry Conference Room (Fourth Floor)

WORKSHOP I/CLINICAL SITUATIONS RELEVANT TO RACE AND ROUND TABLE DISCUSSION THE ANTIRACIST MOVEMENT
Co-Chairs: Sherry Katz-Bearnot, MD (Hastings on Hudson, NY)
Autumn Ning, MD (Coral Gables, FL)
10:00 AM – 11:00 AM – Atrium (MC Level)

**PAPER SESSION II**  
OPENING BOTH EYES: INTEGRATING LITERARY AND PSYCHIATRIC PERSPECTIVES IN SCHOLARSHIP ON ALLEN GINSBERG’S MADNESS (AND OTHER BEAT WRITERS WHO ENGAGED SEX, DRUGS AND PSYCHOTHERAPY)

Chair/Moderator: **David Forrest, MD** (Rye, New York)

Presenter: **Stevan Weine, MD*** (Chicago, IL)

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10:00 AM – 11:30 AM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP II/ROUND TABLE DISCUSSION**  
CLINICAL PRACTICE IN LATER LIFE: CHALLENGES, SATISFACTIONS, AND INSIGHTS

Presenters/Moderators: **Douglas Ingram, MD** (New York, NY)  
**Myron Glucksman, MD** (West Redding, CT)

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11:00 AM – 12:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

**TOWN HALL MEETING**  
THE NEW AND THE OLD LANGUAGE OF RACE AND GENDER

Chair/Moderator: **David Lopez, MD** (Greenwich, CT)

Presenters: Members of AAPDPP Committee on DEI:  
**Sharon Batista, MD** (New York, NY)  
**Grace Cho, MD** (Philadelphia, PA)  
**Sherry Katz-Bearnott, MD** (Hastings on Hudson, NY)  
**David Lopez, MD** (Greenwich, CT)  
**Autumn Ning, MD** (Coral Gables, FL)  
**Danielle Patterson, MD** (Indianapolis, IN)

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12:00 pm – 1:30 pm  
**Faculty Luncheon** (Location to be Determined)

**Attendees’ Lunch** (on your own – a list of near by restaurants will be provided)
<table>
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<tr>
<th>Time</th>
<th>Location</th>
<th>Event Title</th>
<th>Presenter(s)</th>
<th>Chair/Moderator</th>
<th>Host(s)</th>
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<tbody>
<tr>
<td>12:00 PM – 1:30 PM</td>
<td>Icahn Atrium (MC Level)</td>
<td><strong>RESIDENTS’ PRESENTATION AND OPEN DISCUSSION</strong></td>
<td>David Mintz, MD (Stockbridge, MA)</td>
<td>Joseph R. Silvio, MD (Bethesda, MD)</td>
<td>Open to all residents. Sponsors: AAPDPP CAP</td>
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<tr>
<td>1:30 PM – 2:30 PM</td>
<td>Goldwurm Auditorium (Icahn Building – First Floor)</td>
<td><strong>PAPER SESSION III THE AGE OF IDENTITY</strong></td>
<td>David Forrest, MD (Rye, New York)</td>
<td>Stevan Weine, MD* (Chicago, IL)</td>
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<tr>
<td>1:30 PM – 2:30 PM</td>
<td>Psychiatry Conference Room (Fourth Floor)</td>
<td><strong>WORKSHOP III/ROUND TABLE DISCUSSION</strong></td>
<td>Richard Brockman, MD (New York, NY)</td>
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<tr>
<td>1:45 PM – 2:45 PM</td>
<td>Icahn Atrium (MC Level)</td>
<td><strong>WORKSHOP IV/ROUND TABLE DISCUSSION</strong></td>
<td>Sarah Oros, MD* (Lexington, KY)</td>
<td>Jeffrey Tuttle, MD (Lexington, KY)</td>
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</tbody>
</table>
2:30 PM – 3:45 PM – Goldwurm Auditorium (Icahn Building – First Floor)

**PANEL II**

**NOVEL TREATMENTS AND PSYCHEDELIC MEDICINE**

Chair: **James Murrough, MD*** (New York, NY)

Presenters: **Adriana Feder, MD*** (New York, NY), **Rachel Fremont, MD*** (New York, NY)

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2:45 PM – 3:45 PM – Icahn Atrium (MC Level)

**PAPER SESSION IV**

**TEACHING THERAPEUTIC POSTURE IN A CLIMATE OF SOCIAL INJUSTICE**

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenter: **Timothy Sullivan, MD** (Mount Kisco, NY)

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2:30 PM – 3:30 PM - Psychiatry Conference Room (Fourth Floor)

**PSYCHOPHARMACOLOGY WORKSHOP I – PEER TO PEER ISSUES OF PHARMACOLOGY**

Co-Chairs/Discussants: **Joseph R. Silvio, MD** (Bethesda, MD), **Raul Condemarin, MD** (Boston, MA), **David Mintz, MD** (Stockbridge, MA)

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3:45 PM – 4:00 PM

**Coffee Break**

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4:00 PM – 5:45 PM - Goldwurm Auditorium (Icahn Building – First Floor)

**PANEL III**

**HONORING THE WORK OF RICHARD FRIEDMAN, MD**

Chair: **Douglas H. Ingram, MD** (New York, NY)

Presenters: **Jennifer I. Downey, MD** (New York, NY), **César A. Alfonso, MD** (New York, NY), **Andrew Solomon, PhD*** (New York, NY)
6:00 PM – 7:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

KEYNOTE ADDRESS

Chair/Moderator: Ahron Friedberg, MD (New York, NY)

Presenter: Andrew Solomon, PhD* (New York, NY)
Professor, leading author, LGBTQ advocate

Audience Discussion to Follow.
SATURDAY, MAY 4, 2024

8:00 AM – 9:00 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL IV  MENTAL HEALTH CARE FOR REFUGEES
Chair/Moderator: Eugenio M. Rothe, MD (Coral Gables, FL)
Presenters: Andres J. Pumariega, MD (Gainesville, FL) Rao Gogeneni, MD (Philadelphia, PA)

8:00 AM – 9:45 AM – Icahn Atrium (MC Level)

PANEL V  DREAM, TRAUMA AND TRIPS
Chair/Moderator: Greg Mahr, MD (Detroit, MI)
Presenters: Jamie Sweigart, MD* (Detroit, MI) Anthony Reffi, PhD* (Detroit, MI)

9:00 AM – 9:15 AM  Coffee Break

9:15 AM – 10:30 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PAPER SESSION VI  THE DIFFICULT PATIENT: WHY TREATMENT ISN’T WORKING AND HOW TO USE A PSYCHODYNAMIC LENS TO MOVE IT FORWARD
Chair/Moderator: Kimberly R. Best, MD (Philadelphia, PA)
Presenter: Eric M. Plakun, MD (Stockbridge, MA)

9:15 AM – 10:15 AM – Icahn Atrium (MC Level)

PRESENTATION  PRACTICING TELEThERAPY
Chair/Moderator: Ahron Friedberg, MD (New York, NY)
Presenter: Gerald P. Perman, MD (Beverly Hills, CA)
9:15 AM – 10:15 AM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP V/ROUND TABLE DISCUSSION**

**STUDY OF RESIDENTS DURING THE PANDEMIC**

Co-Chairs: Mariana Pereira, MD (São Paulo, Brazil)  
Autumn Ning, MD (Coral Springs, FL)

10:15 AM – 11:15 AM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP VI/ROUND TABLE DISCUSSION**

DEALING WITH A RACIST/MISOGYNISTIC PATIENT OR COLLEAGUE

Chair: Timothy Sullivan, MD (Mount Kisco, NY)

10:30 AM – 12:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

**PANEL VI**

SEX AND REPRODUCTION: FANTASY AND REALITY

Chair/Moderator: Eugenio M. Rothe, MD (Coral Gables, FL)

Presenters:

Elizabeth M. Fitelson, MD* (New York, NY)  
Jennifer I. Downey, MD (New York, NY)  
Brita Reed Lucey, MD, PsyD* (Norwich, VT)

10:15 AM – 11:45 AM – Icahn Atrium (MC Level)

**PAPER SESSION VII**

CLINICAL APPLICATION OF HUMAN BIRTH THEORY IN CHANGING TIMES

Co-Chairs/Moderators: Daniela Polese, MD (Rome, Italy)  
César A. Alfonso, MD (New York, NY)

Presenters:

Elena Monducci, MD* (Rome, Italy)  
Alessandro Mazzetta, MD* (Rome, Italy)  
Alice Dell'Erba, MD* (Rome, Italy)  
Martna Moneglia, MD* (Florence, Italy)
11:15 AM – 12:00 PM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP VII**
**ROUND TABLE DISCUSSION**

**PSYCHODYNAMIC FORMULATIONS USING THE NOVEL AND MUSICALS**

Chair/Moderator:  **Kimberly R. Best, MD** (Philadelphia, PA)

Presenter:  **Tyler Fleming, DO** (Pittsford, NY)

12:00 PM – 1:30 PM

**Journal Editorial Board Meeting**
(Psychiatry Conference Room - Fourth Floor)

**Attendees’ Lunch** (on your own – list of near by restaurants will be provided)

1:30 PM – 2:45 PM - Goldwurm Auditorium (Icahn Building – First Floor)

**PANEL VII**

**FUNCTIONAL AND INTEGRATIVE MEDICINE**

Chair/Moderator:  **Autumn Ning, MD** (Coral Gables, FL)

Presenters:

**Angelo (Safa) Sadeghpour, MD*** (Miami, FL)
**Zac Mulvihill, MD*** (New York, NY)
**Vanessa Nascimento, MD*** (Miami, FL)

1:30 PM – 2:30 PM – Psychiatry Conference Room (Fourth Floor)

**PSYCHOPHARMACOLOGY WORKSHOP II**

Presenters:

**Timothy Sullivan, MD** (Mount Kisco, NY)
**Raul Condemarin, MD** (Boston, MA)
2:00 PM – 4:00 PM - Icahn Atrium (MC Level)

PANEL VIII

CLINICAL CHALLENGES IN THE PSYCHODYNAMIC TREATMENT OF ADDICTIONS: AN INTERNATIONAL PERSPECTIVE

Co-Chairs and Moderators:

César A. Alfonso, MD (New York, NY)
Timothy Sullivan, MD (Mount Kisco, NY)

Presenters:

Afsaneh Kiany Alisobhani, PsyD, FIPA (Irvine, USA)
Chaimaa Aroui, MD (Morocco)
Constantine Della MD (Philippines)
Rasmon Kalayasiri MD (Thailand)
Frilya Rachma Putri, MD (Indonesia)
Hazli Zakaria MD (Malaysia)
Kanthee Anantapong, MD, PhD (Thailand)
Andre Tay Teck-Sng, MMEd, MRCpsych (Singapore)
Alma Jimenez MD (Philippines)
Goran Mijaljica, MD (Sweden)
David Teo Choon Liang MBBS, MRCpsych (Singapore)

3:30 PM to 4:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PLENARY III

THE FIRST CALL FOR HUMAN RIGHTS IN THE AMERICAN CONTINENT (1511): FATHER ANTONIO MONTESINO AND HIS RELEVANCE TO PSYCHODYNAMIC PSYCHIATRY

Chair/Moderator:

Ahron Friedberg, MD (New York, NY)

Presenter:

Eugenio M. Rothe, MD (Coral Gables, FL)
AAPDPP President-Elect

4:30 PM – 5:30 PM – Icahn Atrium (MC Level)

PAPER SESSION VIII

PSYCHODYNAMICS OF TREATMENT REFUSAL IN HIV: FROM CONFLICT TO EQUANIMITY IN RESPECTING A PATIENT’S CHOICE TO DIE

Chair/Moderator:

César A. Alfonso, MD (New York, NY)

Presenters:

David Teo Choon Liang, MD* (Singapore)
Arvind Rajagopalan, MD* (Singapore)
5:30 PM – 6:00 PM – Goldwurm Auditorium (Icahn Building – First Floor)

**ANNUAL BUSINESS MEETING**

<table>
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<th>Event Description</th>
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<tr>
<td>6:00 PM – 7:00 PM</td>
<td><strong>PRESIDENTIAL ADDRESS</strong>  <strong>PHOTOGRAPHY AND PSYCHOANALYSIS</strong></td>
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<tr>
<td>Introduction:</td>
<td><em>Kimberly R. Best, MD</em> (Philadelphia, PA)</td>
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<tr>
<td>Presenter:</td>
<td><em>Joseph R. Silvio, MD</em> (Bethesda, MD)</td>
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7:00 PM – 8:00 PM - Icahn Atrium (MC Level)

**ATTENDEES RECEPTION AND PRESENTATION OF AWARDS**

* Invited Speaker

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**Not a member of the American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)?**

**CLICK HERE FOR MORE INFORMATION**

**Or contact the Academy’s Executive Office:**

[Info@AAPDP.org](mailto:Info@AAPDP.org)

888-691-8281

[www.AAPDPP.org](http://www.AAPDPP.org)
# MEETING REGISTRATION FORM

**OR REGISTER ONLINE:** [https://members.aapdp.org/upcoming-events](https://members.aapdp.org/upcoming-events)

Name & Degree ________________________________

Address ________________________________

City, State, Zip ________________________________

Phone ________________________________ Email ________________________________

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<th>Option</th>
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<td>❑ Member of the Academy</td>
<td>$350</td>
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<td>❑ Non-Member Guest *</td>
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<td>❑ Friday ❑ Saturday</td>
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<tr>
<td>❑ Candidate-Psychoanalytic Institute</td>
<td>$155</td>
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<td>(Requires current letter from Training Director)</td>
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<td>❑ Resident in Psychiatry or Medical Student</td>
<td>No Charge</td>
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<tr>
<td>❑ Resident in Psychiatry or Medical Student-Virtual Only</td>
<td>No Charge</td>
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<tr>
<td>❑ Student (Full Time Student ID Required)</td>
<td>$155</td>
<td>$175</td>
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<tr>
<td>❑ Virtual viewing of presentations in the Goldwurm Auditorium only</td>
<td>$200</td>
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<td>(see program)</td>
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Total Registration Amount $___________________

Annual Meeting Contribution $___________________

**MASTERCARD AND VISA ACCEPTED**

Card Number ________________________________

Expiration Date ____________ Security Code ______

Signature ________________________________

AAPDPP EXECUTIVE OFFICE
ONE REGENCY DRIVE | PO BOX 30 | BLOOMFIELD, CT 06002
Phone 888-691-8281 | FAX 860-286-0787
Email info@AAPDP.org | Website www.AAPDPP.org