



# AAPDPP

The American Academy of Psychodynamic Psychiatry and Psychoanalysis

## *Academy e-News*

*Winter 2022-2023 Issue*

*Jeffrey Tuttle, MD, Editor*

*Marie Westlake, Executive Assistant*

### **Message from the President**

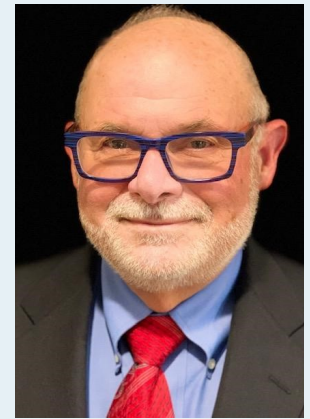
Dear Academy Members,

This is a year of transition in which we are faced with the task of reorienting ourselves- from the days of isolation and Zoom connectivity to a world like precovid, but decidedly different. Zoom is here to stay, altering how and where we work, how we stay in touch, and how we share important life events when we're far apart- remember the impact of hearing about funerals, then weddings, then birthday parties, family reunions, and graduations conducted over Zoom, at first out of necessity, but now out of convenience. This transition to a familiar but different world is like what an astronaut faces when returning from the moon or the space station back to earth. Everything looks the same, but the pull of gravity makes everything different. I imagine simple everyday tasks feel disorienting, and it takes time to adjust. What do we need to adjust to in our post covid world?

We have not met in person for almost 3 years. When we finally greet each other in San Francisco, will we seem the same or somehow different in a disquieting way? Or will we be like old friends who take up where they left off when meeting after years apart? And how are we adjusting to psychiatric practice over the internet? During the covid lockdown, it was essential and surprisingly effective. But in this transition period where we have a choice of returning to seeing patients in person in our offices or continuing to see many or all of them virtually, what adjustments will we have to make to recalibrate our psychodynamic therapeutic instrument.

If we turn our attention to the external world for a moment, we see societies unbalanced and tottering towards chaos, as if the certainty of what we assumed were the rules of reasonable behavior have eroded away. Recently there were 3 mass shooting in one week and

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**Joseph R. Silvio, MD**  
**President 2022-2024**



**The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) is an organization of psychiatrists interested in the application of psychodynamic psychotherapy in clinical practice and in understanding emotional aspects of culture and art.**

over 600 this year, Europe has seen the rise to power of right extremist political parties, and home grown terrorists shot up two electrical substations in North Carolina, casting thousands of people into darkness and cold for days. Our recent midterm elections saw many candidates for Congress proudly asserting their belief that the 2020 presidential election was fraudulent, despite no evidence supporting that accusation coming from multiple investigations. And we see Russia waging war on Ukrainian civilians with rockets targeting utilities and non-military buildings, while the West seems paralyzed to interrupt it. In addition, science is no longer held in esteem, so warnings about the impending disasters of climate change, the public health risks of vaccination refusal, and the medical risks to women stripped of the right to abortion are brushed aside.

As psychodynamic psychiatrists and psychoanalysts, we each must find a way to hold to the principles of our therapeutic beliefs while staying ourselves in the world at large.

Joseph R. Silvio, MD  
President

### **Victor J. Teichner Award**

The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) and AADPRT is in its 16th cycle of the Victor J. Teichner Award, developed to promote and improve the teaching of psychodynamic principles to trainees in Psychiatry.

Victor J. Teichner was an innovative psychoanalyst, educator, public sector psychiatrist, and Past-President of the AAPDPP before his death in 1983 at age 56. A grateful patient of Dr. Teichner's made the initial endowment in the hope that Dr. Teichner's creative psychodynamic approach might be part of the learning of the next generation of psychiatric clinicians, scholars, and educators.

### **CONGRATULATIONS TO THE 2023 WINNERS!**

Creighton University Psychiatric Residency Program  
Omaha, Nebraska  
Jyotsna Ranga, MD, Training Director

The Sandra and Leon Levine Psychiatry Residency Program at Atrium Health  
Charlotte, North Carolina

### **ACADEMY MEMBERS**

**PLEASE REMEMBER TO LET THE OFFICE KNOW IF YOU CHANGE  
YOUR MAILING ADDRESS AND/OR EMAIL ADDRESS.**

**INFO@AAPDP.ORG**

**888-691-8281**



## Message from the Editor

Dear Academy Members,

As we continue to adjust to a post-pandemic world, we anticipate our first in-person annual meeting - in San Francisco this May – since 2019. While we begin to feel some relief from the burdens of the pandemic, we must remember that the crisis isn't completely over and ongoing challenges remain.

At the time of this writing, we are anticipating the end of the Covid public health emergency in May, which will bring changes to public policy and health care access to millions. These changes will likely include state led removal of poor Americans from Medicaid, the end of free Covid testing and changes to VA and other federal health care programs. While telehealth coverage has been extended for Medicare beneficiaries until 2024, the end of the emergency could affect telehealth access for individuals with Medicaid and private insurance. It will be imperative that we remain vigilant to the needs of our patients and to access to quality health care.

I imagine we are all excited to see our colleagues again at our 66<sup>th</sup> annual meeting, which will be held in person in San Francisco in May. The theme of the meeting this year is 'Race, Gender and Climate Have Entered the Chat, Psychodynamic Considerations'. Our meeting speakers will include Saul Levin, MD, the Medical Director of the American Psychiatric Association, George Makari, MD, an esteemed psychoanalytic historian and Petros Louvanis, MD, the President Elect of the APA. I would like to thank our program co-chairs, Drs. Perman, Rasimas, Patterson, Cho and Butler, our co-chairs for scientific programs, Drs. Best and Rasimas, and our CME committee Chair, Dr. Olarte, for their work in planning and organizing this meeting.

At the start of the pandemic, Drs. Gerald Perman and Joseph Silvio organized a monthly CME event which is scheduled to continue through the spring of 2024. These activities are open to both Academy members and non-members. The next event, titled 'When Disavowal Goes Global: The Critical Role of Psychoanalytic Thinking in Overcoming Behavioral Resistance to the Climate Change Response', presented by Elizabeth Haase, MD, is scheduled for Thursday, February 16, 2023. Please see Dr. Perman's comments below to see a complete list of the scheduled events.

Drs. Cesar Alfonso and Jennifer Downey, the editors of the Academy Journal Psychodynamic Psychiatry, have published two special editions of the journal in 2022 to celebrate the 50th Anniversary of the journal. Guilford Press, the journal publisher, is continuing to grant free access to all of the articles in these two issues. Please see the information below for links to these volumes. Again, I would like to personally thank the editors for their work on the journal.

I look forward to continue to work with the membership in the future. As always, we are always looking for new content and we always welcome member news and contributions to this newsletter. Please email me at [drtuttle@jtuttlend.com](mailto:drtuttle@jtuttlend.com) if you would like to share news or personal reflections about these extraordinary times. I would like to end with my gratitude to Marie Westlake who makes this newsletter possible.

Jeffrey Tuttle

## Congratulations 2023 Scott C. Schwartz Awardee!



Drs. César A. Alfonso, and Timothy Sullivan, Co-Chairs of the American Academy of Psychodynamic Psychiatry and Psychoanalysis Education Committee are pleased to announce **George E. Sayde, MD**, as the winner of the 2023 Scott C. Schwartz Award for his paper “Psychodynamic Implications of Treating Intensive Care Unit (ICU) Survivors”. The Scott C. Schwartz Award is given by the Academy annually for the best original and unpublished paper first authored by a psychiatric resident or medical student. A panel of members of the Psychoanalytic Education Committee of the AAPDPP review and rank the submissions.

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## SEEKING VOLUNTEERS FOR ANNUAL MEETING CHAIRS AND DISCUSSANTS IN SAN FRANCISCO!

The 66<sup>th</sup> Annual Meeting Co-Chairs, Drs. Gerald P. Perman, Joseph J. Rasimas, Danielle Patterson, Grace Cho, MD, and William Butler, MD, are looking for volunteers for Chair and Discussant roles.

### Roles of Chair and Discussant at Academy Annual Meetings

**Chair:** The role of the **Chair** of a panel or speaker presentation is a highly valued honorific position at Academy meetings. The **Chair** lets the audience know, in a few sentences, about the presentation to follow. He/she/they then introduces each speaker using a brief (two or three sentence) bio given to the **Chair** before the presentation.

Importantly, the **Chair** is also the timekeeper, and lets each speaker know (slipping a written note), when he/she/they has five minutes left, three minutes left, etc. Whereas we encourage all Academy members to volunteer to serve as one or more **Chairs**, we especially would like to encourage younger members of the Academy to volunteer for this important and necessary role.

**Discussant:** The role of the **discussant** is exactly that – to provide an 8-10 minute discussion of the presentation. If it is a panel, the audience sometimes serves as “**discussant**.” Otherwise, The **discussant** offers a few sentences about each panelist presentation, or a fuller discussion of a solo presenter.

The **discussant** has wide latitude in his/her/their remarks. The **discussant** can directly reply to the content of the presentation, and/or introduce new material that enhances and extends the topic. we encourage younger members of the Academy to “spread their wings” and volunteer for his prestigious and exciting role of **discussant**. Feel free to contact more senior members of the Academy as mentors for your discussion.

[\*\*CLICK HERE FOR THE LIST AND SIGN-UP\*\*](#)



# AAPDPP

The American Academy of Psychodynamic Psychiatry and Psychoanalysis

**66th Annual Meeting  
May 18—May 20, 2023**

***Race, Gender and Climate Have Entered the Chat  
Psychodynamic Considerations***

Program Co-Chairs: **Gerald P. Perman, MD, Joseph J. Rasimas, MD,  
Danielle Patterson, MD, E. Grace Cho, MD, and William Butler, MD**

Co-Chairs of Scientific Programs Committee: **Kimberly R. Best, MD, and  
Joseph J. Rasimas, MD**

CME Committee Chair: **Silvia W. Olarte, MD**

**[CLICK HERE FOR A SNEAK PREVIEW OF THE  
PRELIMINARY PROGRAM](#)**

Registration and the Preliminary Program will be available soon!



***WE HOPE TO SEE YOU IN SAN FRANCISCO!***



# International Federation for Psychotherapy 23<sup>rd</sup> World Congress of Psychotherapy

## *Psychotherapy and World Mental Health 2023*

February 9-11, 2023

Faculty of Medicine and Pharmacy  
University Hassan II,  
Casablanca, Morocco

César A. Alfonso, M.D.



Since its foundation in 1934, with Carl G. Jung as its first President, the International Federation for Psychotherapy (a WPA affiliate association) organized 22 world congresses throughout Europe and Asia. *The 23rd World Congress of Psychotherapy will take place in Africa for the first time, in Casablanca, Morocco, from 9 to 11 February 2023.* The theme of the World Congress is “Psychotherapy and World Mental Health 2023”. The congress will be held in person at the ample facilities of the University Hasan II Casablanca, Faculty of Medicine and Pharmacy. This congress has as a primary objective to demonstrate the importance of evidence-based psychotherapy in everyday practice across all clinical settings throughout the world.

The President of the Congress is Driss Moussaoui (Morocco), and the Executive Planning Committee includes César Alfonso (USA) as Chair, with Tom Craig (UK), Fiammetta Cosci (Italy) and Gisèle Apter (France) as co-chairs. Advisors to the Executive Committee are Norman Sartorius (Croatia), Ulrich Schnyder (Switzerland), and François Ferrero (Switzerland). The local organizing committee is led by Nadia Kadri, Hachem Tyal and Chaimaa Aroui. Mustapha Asri leads the local secretariat and Lydia Kurk in Switzerland the IFP Secretariat at the headquarters of the federation.

The conference will include **7 half-day courses** on evidence-based psychotherapies specifically designed to improve the clinical skills of early career clinicians and trainees, **12 panel discussions** where senior experts will debate controversial topics, and **17 plenary sessions** by internationally

recognized experts from Africa, America, Asia, and Europe. Plenary Speakers will be **Afzal Javed**, (Pakistan) **Driss Moussaoui** (Morocco), **Norman Sartorius** (Croatia), **Dinesh Bhugra** (UK), **Moussa Ba** (Senegal), **Mark van Ommeren** (Switzerland), **Ulrich Schnyder** (Switzerland), **César Alfonso** (USA), **Vincenzo Di Nicola** (Canada), **Tom Craig** (UK), **Jalil Bennani** (Morocco), **Nadia Kadri** (Morocco), **Gisele Apter** (France), **Fiammetta Cosci** (Italy), **Tobias Krieger** (Switzerland), **Etheldreda Nakimuli- Mpungu** (Uganda) and **Aimee Karam** (Lebanon). In addition, delegates will have an opportunity to present their work in various formats. We have slotted space for **15 symposia** presented by IFP member and invited societies, **12 interactive workshops** on clinically relevant topics, **2 case conferences** where early career clinicians will have an opportunity to present cases and receive input from expert discussants, and **6 paper sessions** for free communications. In addition, there will be **2 poster sessions** accommodating up to 100 posters in clinical and research tracks. Ten early-career clinicians poster authors will be awarded *Young Investigator Awards* travel fellowship grants.

There will be 175 presenters from 42 countries at the World Congress. The USA delegation includes 30 presenters. The AAPDPP will hold a symposium co-chaired by **Sherry Katz-Bearnot** and **Jennifer Downey**, with participation of **Erin Crocker**, **Tim Sullivan** and **Randon Welton**. Other AAPDPP presenters in the 3-day congress include **Joseph Silvio**, **Silvia Olarte**, **Vincenzo Di Nicola**, **Raúl Condemarín**, **Andrés Fuenmayor**, **Marco Michael**, **Rangsun Sittichai**, **Michael Shapiro**, **Paulo Sales**, **Asher Aladjem**, **Sylvia Detri Elvira**, and **Daniela Polese**.

A vibrant **social program** will make collegial dinner gatherings and sightseeing excursions available to all registrants. Parallel art exhibitions and a satellite program for people with lived experience and caregivers will complement the scientific program.

**We invite AAPDPP members to this historic congress in Africa.**  
**For detailed information about the congress program and registration,**  
**please visit the congress website: [www.ifpwcp2023.com](http://www.ifpwcp2023.com)**

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## REMINDER

The Editors of *Psychodynamic Psychiatry*, Cesar Alfonso and Jennifer Downey, and Deputy Editor, Debra Katz, celebrate the 50th anniversary of the American Academy of Psychodynamic Psychiatry and Psychoanalysis' peer-reviewed quarterly journal, *Psychodynamic Psychiatry*, by publishing two commemorative issues. Each issue contains 12 articles, published over the last half century and chosen for their pioneering and lasting clinical value. Each article is annotated either by the original author or a member of the Editorial Board of the Journal.

Guilford Press, our publisher, has agreed that these two important issues will be available free on-line to all.

**You can access Volume 50(1) via this link:**  
**<https://guilfordjournals.com/toc/pdps/50/1>**

**You can access Volume 50(2) via this link:**  
**<https://guilfordjournals.com/toc/pdps/current>**

Feel free to download PDF's and share the articles with colleagues and students.



# AAPDPP

The American Academy of Psychodynamic Psychiatry and Psychoanalysis

## EDUCATIONAL LECTURE SERIES

**There is Still Time to Sign Up for the Remaining Presentations  
of the Third Educational Zoom Series**

***Race, Gender and Climate Have Entered the Chat!***  
**June 16, 2022 - April 20, 2023 from 8:00—9:30 PM Eastern**

**Chair: Gerald P. Perman, MD, AAPDPP Past President**

**Thursday, February 16, 2023**

*When Disavowal Goes Global: The Critical Role of Psychoanalytic  
Thinking in Overcoming Behavioral Resistance to the Climate Change Response*  
Presented by Elizabeth Haase MD

**Thursday, March 16, 2023**

*Rescue Fantasies of a Psychiatrist in Society, or, Can Psychiatrists Help Address  
Social Psychiatric Problems Beyond Patient Care?*  
Presented by Steven Moffic MD

**Thursday, April 20, 2023**

*Current Development of Concepts of  
Transference and Countertransference*  
Presented by Harold Blum, MD

**[CLICK HERE TO REGISTER](#)**

Presentations are FREE OF CHARGE to AAPDPP members, residents and medical students.  
Non-Member registration fee is \$25 per presentation.  
Contact the Academy Executive Office to receive a discount if registering for the entire series.

**... AND ...**

**—ANNOUNCING  
THE FOURTH EDUCATIONAL ZOOM SERIES!**

***Biopsychosocial Aspects of Psychodynamic Psychiatry***  
**June 15, 2023 - April 18, 2024 from 8:00-9:30 PM Eastern**

**Chair: Gerald P. Perman, AAPDPP Past President**

**See next page for more details → → →**



**FOURTH EDUCATIONAL ZOOM SERIES  
PRESENTATIONS**

***Biopsychosocial Aspects of Psychodynamic Psychiatry  
June 15, 2023 - April 18, 2024 from 8:00-9:30 PM Eastern***

**Thursday, June 15, 2023**

*Architecture: Psychoanalytic Insights on Social Responsibility  
and the Aesthetics of Living Spaces  
Presented by César A. Alfonso, MD*

**Thursday, July 20, 2023**

*Applying Psychodynamic Principles to Encounters in the Inpatient  
Consult-Liaison Psychiatry Setting  
Presented by Sara Culleton, MD, PhD*

**Thursday, September 15, 2023**

*Memories are Malleable:  
Remember to Remind Yourself of Positive Experiences  
Presented by Robert Post, MD*

**October 19, 2023**

*Darwin, and Freud's Epistemological Path to the Unconscious  
Presented by Mark Erikson, MD*

**November 16, 2023**

*Virtual Psychiatry is Here to Stay  
Gerald P. Perman, MD*

**December 32, 2023**

*Systems Enactment in Psychodynamic Psychiatry  
Samar Habl, MD*

**January 18, 2024**

*Psychodynamic Aspects of Infertility  
Jessica Meyer, MD*

**February 15, 2024**

*The CAPA Experience  
Presented by Elise W. Snyder, MD*

**March 21, 2024**

*Finding Happiness During Times of Trouble  
Presented by Ahron L. Friedberg, MD*

**April 18, 2024**

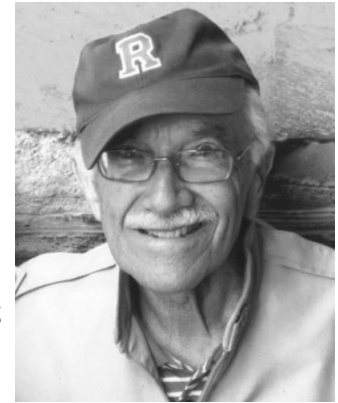
*Reflections on a Psychodynamic Career After 50 Years of Practicing  
Presented by Silvia W. Olarte, MD*

**MARK YOUR CALENDARS  
REGISTRATION WILL BE AVAILABLE SOON**

# AAPDPP Member News

## *In Memoriam*

**Ralph Maxwell Obler MD  
1927 - 2022**



Ralph Maxwell Obler, M.D., a Psychoanalytic Fellow of the Academy, died on April 14, 2022, at age 95. Ralph was a stalwart member and supporter of the Academy for many years. He is survived by his wife, June; daughters, Elizabeth (Robert); Katherine (Kenneth); sons, James (Marta) and Richard; many grandchildren and great-grandchildren.

Ralph was born in Elmira, New York, served in the U.S. Navy during WWII, attended Union College, and received his medical degree from the University of Buffalo. He took his psychiatric residency at the University of Colorado Medical Center, and then settled in Los Angeles where he began a private practice of psychiatry. In addition, he completed his psychoanalytic training at the Los Angeles Psychoanalytic Institute. Ralph served on the staffs of the Department of Psychiatry at the UCLA School of Medicine, the Veterans Administration Hospital, and Saint John's Hospital, in Los Angeles. He taught generations of residents in the UCLA residency program, mentored medical students, and was an active member of the Los Angeles Psychoanalytic Institute.

Ralph found great satisfaction in treating patients, teaching medical students and residents, and being extremely active in the Los Angeles psychiatric community. He joined the Academy, along with several other psychoanalytic colleagues from Los Angeles, including William ("Rick") Rickles and Clay Whitehead (both deceased). He loved participating in the educational and social activities at Academy meetings over the years. I recall sharing many evenings with Ralph, Rick and Clay at Academy meetings, during which time topics far and wide were discussed, usually over a bottle of whiskey.

In addition to his family and many friends, Ralph loved to travel and to collect art. He especially enjoyed bicycling with June and others on the bike path alongside Santa Monica Bay. The bike rides always ended with lunch at his favorite restaurant (Big Dean's) on the beach. Ralph treasured the time he spent with his family, friends, patients, students, and professional colleagues. He will be greatly missed.

Submitted by Myron (Buddy) Glucksman, M.D.

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## **NEWSLETTER ANNOUNCEMENTS**

We would like to publish your personal news and/or accomplishments in the Academy Newsletter, our informal membership communication.

Promotion? New Publication? New Grandchild?

Whatever you would like to share with your colleagues.

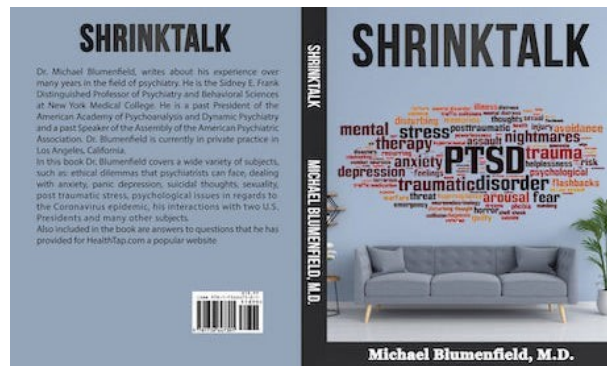
**We look forward to hearing from you!**

[CLICK HERE FOR NEWSLETTER ANNOUNCEMENT FORM](#)

# AAPDPP Member News

## Announcement from Michael Blumenfeld, MD

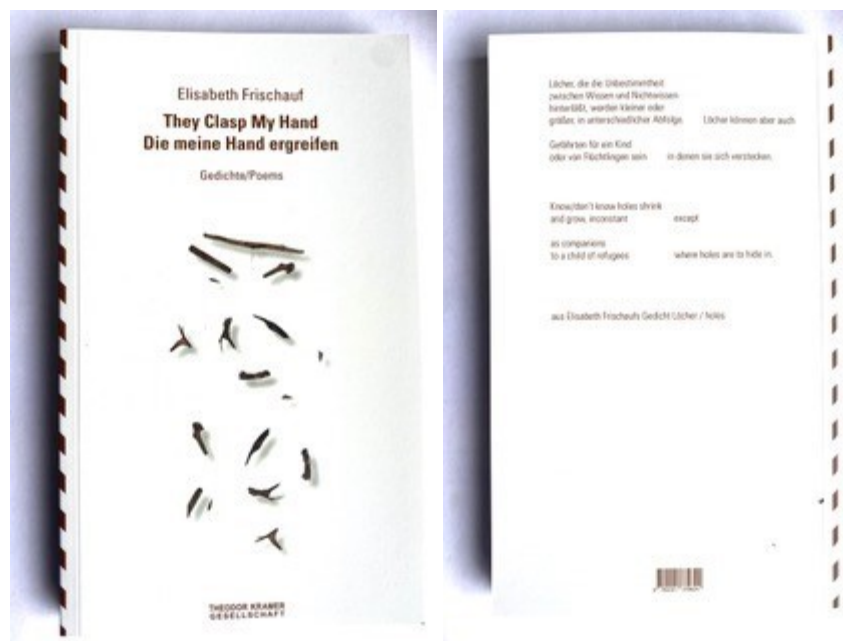
I am pleased to tell you about a book that I have written and published this year titled **SHRINKTALK**. It is about my many years as a psychiatrist. It includes various ethical dilemmas a psychiatrist can face, issues of sexuality, discussion of anxiety, panic, depression, suicide and many other subjects. I also discuss my interaction with two US Presidents, Post traumatic Stress and my experience during 911 in New York as well as the Coronavirus. Also included in the book are answers to questions that I provided for a popular website. Available at Amazon.com



## Announcement from Elizabeth C. Frischauf, MD

Below is some information and a video clip from a reading.  
[https://www.youtube.com/watch?v=kN\\_gFyvAcOc](https://www.youtube.com/watch?v=kN_gFyvAcOc)

*"... a wonderful book of poems. I am finding such resonance and recognition with them."*  
Edmund de Waal



# AAPDPP Member News

**Clarice J. Kestenbaum, MD, Life Psychoanalytic Fellow and Past Present of the Academy  
Awarded The AACAP Rieger Psychodynamic Psychotherapy Award!**



**Click Below for  
Highlights of Dr. Kestenbaum's AACAP trip in Toronto**

**[AACAP 2022, Toronto: So Long & Thanks for the Memories!](#)**