



# AAPDPP

The American Academy of Psychodynamic Psychiatry and Psychoanalysis

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## Final Program

**65<sup>th</sup> Annual AAPDPP Meeting**  
**Virtual Meeting - April 29th and 30th 2022**

***“Ways to Replenish a Passion for Medicine with  
Psychodynamic Psychiatry and Consultation-Liaison Psychiatry”***

Program Co-Chairs:

**César A. Alfonso, M.D.,  
Mary Ann Cohen, M.D.,  
Xavier F. Jiménez, M.D.,  
Sharon M. Batista, M.D.,  
and Helen E. Ullrich, M.D., Ph.D.**

Chair of the Scientific Program Committee:

**Joseph R. Silvio, M.D.**

CME Committee Chair:

**Silvia W. Olarte, M.D.**

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**Registration is open to all mental health professionals and behavioral/social scientists, psychiatric residents, and medical students.**

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**AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY  
AND PSYCHOANALYSIS (AAPDPP)**

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The *American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)* affirms its place as an organization interested in protecting psychotherapy in psychiatry, comprised of creative academic psychiatrists who understand the complexity of caring for the medically ill. Consultation-liaison psychiatry and the biopsychosocial approach revolutionized medical care over the last seventy-five years, building on a substrate of psychoanalytic and psychodynamic theories that place illness and health within an intrapsychic, interpersonal, psychosocial, and cultural matrix. Persons with multimorbidities, who constitute most of our patients, benefit from a multidimensional biopsychosocial approach to care. Changes in systems of healthcare based on market-driven assembly line models of care have begun to magnify both health care disparities and systemic racism, erode progress made, undermine physicians' capacity for empathy, threaten the physician-patient relationship, lead to negative health outcomes, and decrease both patient and physician satisfaction. We will demonstrate how basic principles of psychodynamic psychotherapy and consultation-liaison psychiatry can help improve care and provide an antidote to the market-driven approach to medicine.

The AAPDPP co-chairs, program committee and executive council leadership recognize the challenges of providing compassionate care when working in underserved areas with few resources and a high demand for clinical services. The greatest challenge is maintaining a therapeutic alliance when attending to the needs of vulnerable patients in acute distress with severe and complex chronic illnesses. We will offer conference participants opportunities to learn how to design, implement and navigate collaborative systems of care to practice psychiatry and psychodynamic psychotherapy with comfort and enthusiasm. Additionally, we will address prevention of burnout, improvement of work satisfaction, and promotion of wellbeing among physicians, trainees, and medical students.

The AAPDPP leadership, its program committee, and the co-chairs of this 65th Annual Virtual Meeting wish to invite you to help us discover how to replenish a passion for medicine, revisit the Hippocratic Oath, keep care in healthcare and rehumanize medicine as an antidote to the contemporary market-driven productivity-oriented assembly line approach to medical care.

As in 2021, our 2022 Annual Meeting will take place virtually over a live Zoom platform. The American Academy of Psychodynamic Psychiatry and Psychoanalysis is the APA affiliate organization that provides an academic forum for psychodynamic psychiatrists and medical psychoanalysts. The Academy is also an affiliate of the World Psychiatric Association. Our annual meetings provide an opportunity to interact in a collegial and enriching relaxed environment.



*The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs. The AAPDPP is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).*

**Conference Learning Objectives:** This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

**Target Audience:** Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents, fellows, and medical students; b) psychologists, interns, and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis designates this live activity for a maximum of 17.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.



**Rita Charon, M.D.**  
Keynote Speaker



**Rebecca W. Brendel, M.D., J.D.**  
Plenary Speaker



**Jennifer Sotsky, M.D.**  
Plenary Speaker



**Joanna Chambers, M.D.**  
AAPDPP President

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## **Friday April 29, 2022 (all times Eastern)**

*930AM-2 PM Moderator: César A. Alfonso, M.D.*

930AM-1030AM -*Opening Session*- Introductory Remarks:

Joanna Chambers, M.D. (Indianapolis, Indiana)

Joseph Silvio, M.D. (Bethesda, Maryland)

Mary Ann Cohen, M.D. (New York, New York)

César A. Alfonso, M.D. (New York, New York)

Xavier Jimenez, M.D. (New Hyde Park, New York)

Sharon Batista, M.D. (New York, New York)

Helen Ullrich, M.D., Ph.D. (New Orleans, Louisiana)

Silvia Olarte, M.D. (New York, New York)

930AM-2 PM Moderator: César A. Alfonso, M.D.

1030AM-12PM- Symposium: "*Psychodynamics of Liaison Psychiatry*"

Chair: Lisa J Rosenthal, M.D. (Chicago IL)

Discussant: Joseph J Rasimas, M.D. (Minneapolis, MN)

Presenters:

Thida Thant, M.D. (Aurora, Colorado)

*"The Liaison Role Over Time: Origins and Evolutions"*

EDUCATIONAL OBJECTIVE: By attending this presentation, participants should be able to discuss the history and evolution of the liaison role in psychiatry.

Anna Lopatin Dickerman, M.D. (New York, NY)

*"The Impact of Mass Trauma on the Liaison Role: Challenges and Opportunities"*

Xavier Jiménez, M.D. (New Hyde Park, NY)

*"The Hospital as Our Patient: Macro-dynamics and the Liaison Role"*

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by (1) understanding the value of the liaison psychiatrist as an agent of change in the larger medical hospital; (2) appreciating larger group dynamics at play in hospital settings; (3) acknowledging active and passive forms of support the liaison psychiatrist can utilize as a spectrum of therapeutic interventions for the hospital at large; (4) being able to discuss the history and evolution of the liaison role in psychiatry; and (5) being able to describe how mass trauma such as that encountered during the COVID-19 pandemic can affect: 1) mental health of individual health care personnel; 2) group dynamics within the hospital system; and 3) the liaison role of the consultation-liaison provider.

12PM-1PM-Plenary Session

Rebecca W. Brendel, M.D., J.D. (Cambridge, Massachusetts) - APA President Elect

*Bioethics and Clinical Decision Making in Psychiatry*

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by 1) understanding the relevance of bioethics to the clinical practice of psychiatry; 2) applying the bioethical principles of beneficence, nonmaleficence, social justice and respect for autonomy in clinical decision making in psychiatry; 3) reframing diagnostic formulations by using a biopsychosocial model that incorporates principles of biomedical ethics.

1PM-2PM Break

*Friday 2PM-730 PM Moderator: Sharon Batista, M.D.*

2PM-330PM *Interactive Panel Discussion: Navigating Diversity in Clinical Practice*

Moderator: Eugenio Rothe, M.D. (Coral Gables, Florida)

Panelists:

Eugenio Rothe, M.D. (Coral Gables, Florida)

*“Psychodynamic Perspectives Informing the Treatment of Immigrants and Children of Immigrants”*

Autumn Ning, M.D. (Miami, Florida):

*“Diversity, Identity and Professional Development”*

Marco C. Michael, M.D. (New York, New York):

*“Navigating Diversity in Clinical Supervision- A Trainee’s Perspective”*

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by (1) identifying the main psychodynamic principles necessary for treating immigrant and refugee families in the U.S., (2) understanding some of the challenges in professional development faced by psychiatrists who are members of minority groups in the U.S.; and (3) understanding some of the challenges faced by members of minority groups during clinical psychiatric supervision.

3:30PM-3:45PM Break

345PM-445PM-*Clinical Workshop: The Psychodynamics of Psychopharmacology*

Ali Ahsan Ali, M.D. (New York)

Raja Amis Akhtar, M.D. (New York)

David Mintz, M.D. (Massachusetts)

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by (1) describing and integrating psychodynamic aspects of psychopharmacology in everyday clinical practice (the 30 minute med-check); and (2) identifying at least three barriers in psychiatry residency training to teaching and learning of psychodynamic psychopharmacology and recommendations on ways to overcome them.

445PM-630PM-Interactive Panel: *Physician Wellness and Burnout:  
An Umbrella Term for a Cloudy Problem*

Moderator/Chair: Paulo Sales, M.D. (Birmingham, Alabama)

Panelists:

Paulo MG Sales, M.D. (Birmingham, Alabama)  
*Burnout Across the Lifespan: Are We Navigating the Nile?*

Michael F Myers, M.D. (Brooklyn, NY)  
*Moral Injury: An Overview*

Frank Clark, M.D. (Greenville, South Carolina)  
*Allostatic Load While Black in Medicine*

Richard F. Summers, M.D. (Bryn Mawr, Pennsylvania)  
*Burnout vs. Depression: A Forced Choice*

Douglas H. Ingram, M.D. (New York, NY)  
*The Evolving Experiences of Distance Treatment on Private Practice Psychiatrists*

Kimberly R. Best, M.D. (Philadelphia, Pennsylvania)  
*Frying Pans and Fires: Women Psychiatrists and Burnout*

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by understanding the multifaceted nature of burnout and moral injury, as well as how it uniquely presents through different career stages. This panel discussion will also allow participants to share unique perspectives about burnout with their peers, as well as to synthesize a robust model to understand and explain both psychophysiological and psychopathological phenomena that may emerge during labor-corporate-individual interactions.

630 PM-730 PM  
**Keynote Address**

Rita Charon, M.D. (New York, New York): *Narrative Medicine*

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by (1) assessing the role of narrative theory in comprehending patients' accounts of self; (2) evaluating the linguistic dimensions of clinicians' assumptions about patients;; and (3) considering the role of creative work in unlocking clinicians' understandings of their patients.



**Saturday April 30, 2022 (all times Eastern)**

*Saturday 845AM-230 PM Moderator: Xavier Jiménez, M.D.*

*845AM-945AM Interactive Panel: International Perspectives on the Confluence of Psychodynamic Psychiatry, Psychosomatic Medicine, and Consultation-Liaison Psychiatry*

César A. Alfonso, M.D.-Moderator (New York, NY)  
Timothy Sullivan, M.D.-Moderator (Staten Island, NY)

Maria Tiamson-Kassab, M.D. (La Jolla, California)

David Teo, M.D. (Singapore, Republic of Singapore)

Nik Ruzyanei, M.D. (Kuala Lumpur, Malaysia)

Constantine Della, M.D. (Manila, Philippines)

Fiammetta Cosci, M.D., Ph.D. (Florence, Italy)

**EDUCATIONAL OBJECTIVES:** By attending this presentation, participants will have an opportunity to improve competence and performance by (1) increasing awareness of the practice of consultation-liaison psychiatry in other countries and learn from the experience of international colleagues; and (2) understanding how psychodynamic psychiatry informs the treatment of patients with complex multi-morbidities in the general hospital setting.

*945AM-1045AM Psychopharmacology and Psychodynamic Psychiatry Workshop*

Joseph Silvio, M.D. (Bethesda, Maryland)

J. Raúl Condemarin, M.D. (Boston, Massachusetts)

**EDUCATIONAL OBJECTIVES:** By attending this presentation, participants will have an opportunity to improve competence and performance by 1) discussing recent advances in psychopharmacology; 2) understanding the psychodynamic aspects of psychopharmacology practice; 3) understanding the relevance of the placebo and nocebo effects in therapeutics.

1045AM-12PM *Teichner Clinical Case Conference - Psychiatric Care of the Medically Ill*

Moderator: Silvia W. Olarte, M.D. (New York, New York)

Presenter: Dan Nulty, M.D. (Iowa City, IA)

Discussant: Timothy Sullivan, M.D. (Staten Island, NY)

Discussant: Jennifer I. Downey, M.D. (New York, NY)

Discussant: Asher D. Aladjem, M.D. (New York, NY)

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by 1) clarifying avenues for application of attachment theory and other dynamic concepts to the formulation and treatment of the medically ill, psychiatrically hospitalized patient; 2) discussing the importance of awareness of countertransferences in the care of persons with complex comorbid disorders.

12PM-1PM Break

1PM-230PM *Symposium: "Psychodynamics of Medically-Unexplained Symptoms and Illness"*

Mary Ann Cohen, M.D. (New York, NY) Chair

Phillip Muskin, M.D. (New York, NY) Discussant

Presenters:

Craig Lichtman, M.D. (Philadelphia, PA)

*"Functional Neurological Disorders: A Psychodynamic Approach and Case Discussion"*

David Pioquinto, M.D. (New York, NY)

*"A Tough Pill to Swallow: Psychodynamic Analysis of a Case of Functional Dysphagia"*

Sherry Katz-Bearnot, M.D. (New York, NY).

*"The Psychoanalyst in the General Hospital: Applying psychodynamic principles to enhance the deployment of behavior therapy in a case of medication phobia on the cardiac transplantation service"*

EDUCATIONAL OBJECTIVES: By attending this presentation, participants will have an opportunity to improve competence and performance by (1) being able to recognize the impact of unexplained medical symptoms on patients and their physicians; (2) understanding ways to address countertransference in physicians who care for patients with unexplained medical symptoms; and (3) delineating specific aspects of communication relevant to alleviate stress, guilt, and burnout in the caregivers of patients with unexplained medical symptoms.

*Saturday 230 PM-730 PM Moderator: César A. Alfonso, M.D.*

*230PM-345PM Interactive Panel –*

*Medical Student Education in Psychiatry: Challenges and Opportunities*

Sharon Batista, M.D, Moderator (New York, New York)

Allan Tasman, M.D. (Louisville, Kentucky)

David Mintz, M.D. (Stockbridge, Massachusetts)

Nicole Pacheco, M.D. (New York, New York)

Mika Mintz, medical student (Stockbridge, Massachusetts)

**EDUCATIONAL OBJECTIVES:** By attending this presentation, participants will have an opportunity to improve competence and performance by 1) examining different models of psychiatric education for medical students; 2) becoming aware of technological advances that could improve the quality of psychiatric education; 3) understanding how to best incorporate diversity, equity and inclusion educational materials into medical student curricular activities.

**345PM-4PM Break**

**4PM-5PM Plenary Session:**

*The Future of Medical Education from the Perspective of an Early Career Psychiatrist*

Jennifer Sotsky, M.D. (New York, NY)

**EDUCATIONAL OBJECTIVES:** By attending this presentation, participants will have an opportunity to improve competence and performance by 1) becoming aware of career opportunities available to early career psychiatrists; 2) understanding the challenges to professional advancement in the current medical environment.

**5PM-6PM AAPDPP Business Meeting**

6PM-730PM *Presidential Address*

Joanna Chambers, M.D. (Indianapolis, Indiana)

*From Mourning and Melancholia to Neurobiology in an Era of Global Warming, Pandemic Disease, and Social Chasms: Grief as a Requisite for Change*

**EDUCATIONAL OBJECTIVES:** By attending this presentation, participants will have the opportunity to improve competence or performance by (1) understanding various definitions and perspectives of grief; (2) recognizing the significant impact of the pandemic, global warming, and social chasms on our mental health; (3) appreciating the social chasms in our country as expressions of grief on a group level; (4) understanding the neurobiological effects of grief; and (5) appreciating the importance of the grief process at this time in our history.

**DISCLOSURES**

These meeting presenters have returned Standards for Integrity and Independence Disclosure Form indicating no conflicts of interest: Ahsan, A.; Aladjem, A.; Alfonso, C.; Amis Akhtar, R.; Batista, S.; Best, K.; Brendel, R.; Chambers, J.; Charon, R.; Clark, F.; Cohen, M.; Condemarín, R.; Cosci, F.; Della, C.; Dickerman, A.; Downey, J.; Ingram, D.; Jiménez, X.; Katz-Bearnot, S.; Lichtman, C.; Marco, M.; Mintz, D.; Mintz, M.; Muskin, P.; Myers, M.; Ning, A.; Nulty, D.; Olarte, S.; Pacheco, N.; Pioquinto, D.; Rasimas, J.; Rosenthal, L.; Rothe, E.; Ruzyanei, N.; Sales, P.; Silvio, J.; Sotsky, J.; Sullivan, T.; Summers, R.; Thant, T.; Tasman, A.; Teo, D.; Tiamson-Kassab, M.; Ullrich, H.

Meeting presenters making disclosures: none

Meeting presenters who have not returned Standards for Integrity and Independence Disclosure Form: none

The Members of Program, Scientific Program, and CME Committees Listed Below have returned Standards for Integrity and Independence Disclosure Form as Planners Indicating no Conflicts of Interest: Alfonso, C.; Batista, S.; Cohen, M.; Fisher, B.; Jimenez, X.; Katz-Bearnot, S.; Olarte, S.; Perman, G.; Silvio, J.; Ullrich, H.;

Planners of this Meeting Making Disclosures: none

Planners of this Meeting who have not Returned Financial Disclosure Forms: none

# Mark your Calendars!

**American Academy of Psychodynamic Psychiatry  
and Psychoanalysis 66<sup>th</sup> Annual Meeting  
May 18-20, 2023  
San Francisco, California**

*Race, Gender and Climate Have Entered the Chat!*

Program Co-Chairs: **Gerald P. Perman, M.D., Joseph J. Rasimas, M.D.,  
Danielle Patterson, M.D., E. Grace Cho, M.D.,  
Douglas Ingram, M.D., William Butler, M.D.**  
Chair of Scientific Programs Committee: **Joseph R. Silvio, M.D.**  
CME Committee Chair: **Silvia W. Olarte, M.D.**

Watch your email and the Academy website  
[www.AAPDPP.org](http://www.AAPDPP.org)  
for the Call for Papers  
to be issued soon!

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**We hope to see you in San Francisco in 2023!!**