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**65<sup>th</sup> Annual AAPDPP Meeting**  
***Virtual Meeting - April 29th and 30th 2022***

***“Ways to Replenish a Passion for Medicine with  
Psychodynamic Psychiatry and Consultation-Liaison Psychiatry”***

Program Co-Chairs:  
**César A. Alfonso, M.D.,**  
**Mary Ann Cohen, M.D.,**  
**Xavier F. Jiménez, M.D.,**  
**Sharon M. Batista, M.D.,**  
**and Helen E. Ullrich, M.D., Ph.D.**

Chair of the Scientific Program Committee:  
**Joseph R. Silvio, M.D.**

CME Committee Chair:  
**Silvia W. Olarte, M.D.**

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**Registration is open to all mental health professionals and behavioral/social scientists, psychiatric residents, and medical students.**

**AAPDPP Executive Office**

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**AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY  
AND PSYCHOANALYSIS (AAPDPP)**

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The *American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)* affirms its place as an organization interested in protecting psychotherapy in psychiatry, comprised of creative academic psychiatrists who understand the complexity of caring for the medically ill. Consultation-liaison psychiatry and the biopsychosocial approach revolutionized medical care over the last seventy-five years, building on a substrate of psychoanalytic and psychodynamic theories that place illness and health within an intrapsychic, interpersonal, psychosocial, and cultural matrix. Persons with multimorbidities, who constitute most of our patients, benefit from a multidimensional biopsychosocial approach to care. Changes in systems of healthcare based on market-driven assembly line models of care have begun to magnify both health care disparities and systemic racism, erode progress made, undermine physicians' capacity for empathy, threaten the physician-patient relationship, lead to negative health outcomes, and decrease both patient and physician satisfaction. We will demonstrate how basic principles of psychodynamic psychotherapy and consultation-liaison psychiatry can help improve care and provide an antidote to the market-driven approach to medicine.

The AAPDPP co-chairs, program committee and executive council leadership recognize the challenges of providing compassionate care when working in underserved areas with few resources and a high demand for clinical services. The greatest challenge is maintaining a therapeutic alliance when attending to the needs of vulnerable patients in acute distress with severe and complex chronic illnesses. We will offer conference participants opportunities to learn how to design, implement and navigate collaborative systems of care to practice psychiatry and psychodynamic psychotherapy with comfort and enthusiasm. Additionally, we will address prevention of burnout, improvement of work satisfaction, and promotion of wellbeing among physicians, trainees, and medical students.

The AAPDPP leadership, its program committee, and the co-chairs of this 65th Annual Virtual Meeting wish to invite you to help us discover how to replenish a passion for medicine, revisit the Hippocratic Oath, keep care in healthcare and rehumanize medicine as an antidote to the contemporary market-driven productivity-oriented assembly line approach to medical care.

As in 2021, our 2022 Annual Meeting will take place virtually over a live Zoom platform. The American Academy of Psychodynamic Psychiatry and Psychoanalysis is the APA affiliate society that provides an academic forum for psychodynamic psychiatrists and medical psychoanalysts. The Academy is also a member society of the World Psychiatric Association. Our annual meetings provide an opportunity to interact in a collegial and enriching relaxed environment.



*The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs. The AAPDPP is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).*

**Conference Learning Objectives:** This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

**Target Audience:** Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents, fellows, and medical students; b) psychologists, interns, and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 17.25 *AMA PRA Category 1 Credits<sup>TM</sup>*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**Rita Charon, M.D.**  
**Keynote Speaker**



**Rebecca W. Brendel, M.D., J.D.**  
**Plenary Speaker**



**Jennifer Sotsky, M.D.**  
**Plenary Speaker**



**Joanna Chambers, M.D.**  
**AAPDPP President**

### **Preliminary Program**

**Friday April 29, 2022 (all times EST)**

Friday 930AM-2 PM Moderator: César A. Alfonso, M.D.

930AM-1030AM -*Opening Session*- Introductory Remarks:

Joanna Chambers, M.D. (Indianapolis, Indiana)

Joseph Silvio, M.D. (Bethesda, Maryland)

Mary Ann Cohen, M.D. (New York, New York)

César A. Alfonso, M.D. (New York, New York)

Xavier Jimenez, M.D. (New Hyde Park, New York)

Sharon Batista, M.D. (New York, New York)

Hellen Ullrich, M.D., Ph.D. (New Orleans, Louisiana)

Silvia Olarte, M.D. (New York, New York)

**Friday April 29, 2022 (all times EST)**

1030AM-12PM- *Symposium: "Psychodynamics of Liaison Psychiatry"*

Chair: Lisa J Rosenthal, M.D. (Chicago IL)

Discussant: Joseph J Rasimas, M.D. (Minneapolis, MN)

Presenters:

Thida Thant, M.D. (Aurora, Colorado)

*"The Liaison Role Over Time: Origins and Evolutions"*

Anna Lopatin Dickerman, M.D. (New York, NY)

*"The Impact of Mass Trauma on the Liaison Role: Challenges and Opportunities"*

Xavier Jiménez, M.D. (New Hyde Park, NY)

*"The Hospital as Our Patient: Macro-dynamics and the Liaison Role"*

12PM-1PM-Plenary Session

Rebecca W. Brendel, M.D., J.D. (Cambridge, Massachusetts)- APA President Elect

*Bioethics and Clinical Decision Making in Psychiatry*

1PM-2PM Break

**Friday April 29, 2022 (all times EST)**

Friday 2PM-730 PM Moderator: Sharon Batista, M.D.

2PM-330PM *Interactive Panel Discussion: Navigating Diversity in Clinical Practice*

Moderator: Eugenio Rothe, M.D. (Coral Gables, Florida)

Panelists:

Eugenio Rothe, M.D. (Coral Gables, Florida)

*“Psychodynamic Perspectives Informing the Treatment of Immigrants and Children of Immigrants”*

Autumn Ning, M.D. (Miami, Florida):

*“Diversity, Identity and Professional Development”*

Marco C. Michael, M.D. (New York, New York):

*“Navigating Diversity in Clinical Supervision- A Trainee’s Perspective”*

330PM-345PM Break

345PM-445PM-*Clinical Workshop: The Psychodynamics of Psychopharmacology*

Ali Ahsan Ali, M.D. (New York)

Raja Amis Akhtar, M.D. (New York)

David Mintz, M.D. (Massachusetts)

**Friday April 29, 2022 (all times EST)**

445PM-630PM-*Interactive Panel: Physician Wellness and Burnout:  
An Umbrella Term for a Cloudy Problem*

Moderator/Chair: Paulo Sales, M.D. (Birmingham, Alabama)

Panelists:

Paulo MG Sales, M.D. (Birmingham, Alabama)  
*Burnout Across the Lifespan: Are We Navigating the Nile?*

Michael F Myers, M.D. (Brooklyn, NY)  
*Moral Injury: An Overview*

Frank Clark, M.D. (Greenville, South Carolina)  
*Allostatic Load While Black in Medicine*

Richard F. Summers, M.D. (Bryn Mawr, Pennsylvania)  
*Burnout vs. Depression: A Forced Choice*

Douglas H. Ingram, M.D. (New York, NY)  
*The Evolving Experiences of Distance Treatment on Private Practice Psychiatrists*

Kimberly R. Best, M.D. (Philadelphia, Pennsylvania)  
*Frying Pans and Fires: Women Psychiatrists and Burnout*

630 PM-730 PM-Keynote Address

Rita Charon, M.D. (New York, New York): *Narrative Medicine*



**Saturday April 30, 2022 (all times EST)**

Saturday 845AM-230 PM Moderator: Xavier Jiménez, M.D.

*845AM-945AM Interactive Panel: International Perspectives on the Confluence of Psychodynamic Psychiatry, Psychosomatic Medicine and Consultation-Liaison Psychiatry*

César A. Alfonso, M.D.-Moderator (New York, NY)  
Timothy Sullivan, M.D.-Moderator (Staten Island, NY)

Maria Tiamson-Kassab, M.D. (La Jolla, California)

David Teo, M.D. (Singapore, Republic of Singapore)

Nik Ruzyanei, M.D. (Kuala Lumpur, Malaysia)

Constantine Della, M.D. (Manila, Philippines)

Fiametta Cosci, M.D., Ph.D. (Florence, Italy)

*945AM-1045AM Psychopharmacology and Psychodynamic Psychiatry Workshop*

Joseph Silvio, M.D. (Bethesda, Maryland)

J. Raúl Condemarin, M.D. (Boston, Massachusetts)

**Saturday April 30, 2022 (all times EST)**

1045AM-12PM *Teichner Clinical Case Conference - Psychiatric Care of the Medically Ill*

Moderator: Silvia W. Olarte, M.D. (New York, New York)

Presenter: Dan Nulty, M.D. (Iowa City, IA)

Discussant: Burgundy Johnson, D.O. (Iowa City, IA)

Discussant: Jennifer I. Downey, M.D. (New York, NY)

Discussant: Asher D. Aladjem, M.D. (New York, NY)

12PM-1PM Break

1PM-230PM *Symposium: "Psychodynamics of Medically-Unexplained Symptoms and Illness"*

Mary Ann Cohen, M.D. (New York, NY) Chair

Phillip Muskin, M.D. (New York, NY) Discussant

Presenters:

Craig Lichtman, M.D. (Philadelphia, PA)

*"Functional Neurological Disorders: A Psychodynamic Approach and Case Discussion"*

David Pioquinto, M.D. (New York, NY)

*"A Tough Pill to Swallow: Psychodynamic Analysis of a Case of Functional Dysphagia"*

Sherry Katz-Bearnott, M.D. (New York, NY).

*"The Psychoanalyst in the General Hospital: Applying psychodynamic principles to enhance the deployment of behavior therapy in a case of medication phobia on the cardiac transplantation service"*

**Saturday April 30, 2022 (all times EST)**

Saturday 230 PM-730 PM Moderator: César A. Alfonso, M.D.

230PM-345PM *Interactive Panel – Medical Student Education in Psychiatry: Challenges and Opportunities*

Sharon Batista, M.D, Moderator (New York, New York)

Allan Tasman, M.D. (Louisville, Kentucky)

David Mintz, M.D. (Stockbridge, Massachusetts)

Nicole Pacheco, M.D. (New York, New York)

Mika Mintz, medical student (Stockbridge, Massachusetts)

345PM-4PM Break

4PM-5PM Plenary Session:

*The Future of Medical Education from the Perspective of an Early Career Psychiatrist*

Jennifer Sotsky, M.D. (New York, NY)

5PM-6PM *AAPDPP Business Meeting*

6PM-730PM *Presidential Address*

Joanna Chambers, M.D. (Indianapolis, Indiana)

*From Mourning and Melancholia to Neurobiology in an Era of Global Warming, Pandemic Disease, and Social Chasms: Grief as a Requisite for Change*