



AAPDPP

The American Academy of Psychodynamic Psychiatry and Psychoanalysis

Academy e-News

Jeffrey Tuttle, MD, Editor
Marie Westlake, Executive Assistant

Winter 2021

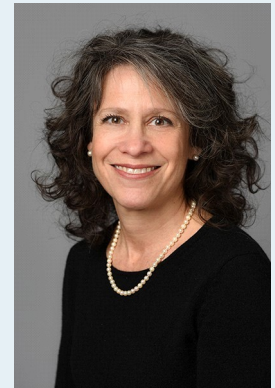
Message from the President

Dear Academy Members,

We find ourselves in the midst of another holiday season and we are reminded that another year has come and gone in this new pandemic reality. Rather than hoping to go back to the way we lived pre-pandemic, we now look for ways to adjust to a new normal. Though vaccines have allowed us to begin to connect with our loved ones, the past year and a half seems to have created new realities for all of us. Throughout the world, loss and grief have led to a realignment of priorities. I suspect that we are only beginning to see the enormous impact that the pandemic will have on our lives and much change is certain to follow for many years. As President of the Academy, I have faced the pandemic not only with my family and loved ones in mind, but also with the future of the Academy in mind. Admittedly, I was completely unprepared for this task. The only way I could have done this at all is with the wonderful support and advice of the members and administration of the Academy. For this I feel extremely grateful. I am indebted to the wisdom that you have all shared over the past two years. The amount of energy and effort our members have put forth during this time of unrest has been remarkable to me.

The Strategic Planning Task Force (SPTF), led by Dr. Kim Best and Dr. Jeffrey Katzman, worked very hard to provide recommendations for future change. I am extremely grateful for all who have participated in guiding our initiatives in each of these areas in order to move the Academy forward. I look forward to working with the Executive Council and our President-Elect, Dr. Joe Silvio, to continue implementation of the many wonderful suggestions of the SPTF and you, our members.

The Annual Meeting of the Academy in April of 2021 was a huge success and allowed for us to learn together in a new way through the work and leadership of Dr. Joe Silvio, our Chair of Scientific Programs, Dr. Kim Best, Dr. Jessica Eisenberg, and Dr. Sarah Noble, our Program Co-Chairs, and their committee. Approximately 90 trainees attended the meeting, which was possibly a record for the Academy! The 2022 Annual meeting will also be virtual and promises to be inspiring under the leadership of Dr. Cesar



Joanna E. Chambers, MD,
President 2020-2022



The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) is an organization of psychiatrists interested in the application of psychodynamic psychotherapy in clinical practice and in understanding emotional aspects of culture and art.

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Alfonso, Dr. Mary Ann Cohen, Dr. Xavier Jimenez, Dr. Sharon Batista, and Dr. Helen Ullrich. The theme is extremely timely: “How to Replenish a Passion for Medicine: Psychodynamic Psychiatry and Consultation-Liaison Psychiatry.” We very much look forward to meeting virtually in 2022 with hopes of being together in person in San Francisco in 2023.

In addition to the virtual Annual Meetings, other opportunities for social connectedness and intellectual pursuit have been successfully underway. Dr. Jerry Perman developed an annual schedule of monthly CME presentations, now open to non-members for a small fee. If you have not yet attended one of these presentations, I encourage you to do so. They are intellectually stimulating and provide a feeling of connection to other members of the Academy. We are pleased to welcome others in the field who may have an interest in psychodynamic and psychoanalytic topics who may not yet have discovered the benefits of the Academy!

In addition to Dr. Perman’s initiative, Dr. John Tamerin and I have co-led a Case Conference Series which began a year ago. Each month, we discussed a case, creating an opportunity for the group members to get to know each other and learn from each other in a warm and collegial way. We hope that this will serve as a model for others who may wish to consider engaging in similar virtual groups.

Our publications continue to serve the membership of the Academy through a variety of ways. I am extremely appreciative of both Dr. Alicia McGill, who served as Editor of the Academy Newsletter for many years, and now Dr. Jeffrey Tuttle who has graciously agreed to take on this role going forward. Psychodynamic Psychiatry, under the expert leadership of Dr. Jennifer Downey and Dr. Cesar Alfonso as Co-Editors in Chief, has undergone many positive changes. Debbie Katz now serves as Deputy Editor. In addition, six Associate Editors have been named (Drs. Clarice Kestenbaum, Richard Brockman, Mary Ann Cohen, Bernard Gorman, Ahron Friedberg, Norman Clemens), along with an International Advisory Board of 16 members to complement the editorial board of 64 members. In addition, we are grateful for Dr. Ahron Friedberg who continues to serve as the Editor of the Forum.

We appreciate Dr. Doug Ingram who has led a study group on the therapeutic space. This group has evaluated the impact that the place or medium may have on the process of therapy. This has been an extremely timely project and we look forward to better understanding the various components of therapeutic space.

Our endeavors in education continue as the Teichner Award provides ongoing support for underserved programs across the US. In addition, Dr. Allan Tasman is leading the Long-Distance Learning Project, with additional support from the Laughlin Fund.

The Academy Website has been under revision and has already seen changes as well. A calendar was added to the website providing increased transparency and encouraging engagement among the members. We hope that you will use the calendar and ask about any meeting that evokes curiosity!

Your voices and collective vision are imperative to advance the mission of the Academy and I encourage all of you to reach out with any thoughts, suggestions, or questions that you may have. I wish you and your loved ones a very happy, healthy and successful 2022!

Warmly,
Joanna

AAPDPP
65th Annual Meeting
Virtual Meeting - April 29th and 30th 2022
Registration Now Open!

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Message from the Editor



Dear Academy Members,

I would like to introduce myself as the new editor of the Academy Newsletter. It is an honor to be asked to help support the Academy and I look forward to the opportunity of working with the membership more closely in the future. I would like to thank the previous editor, Dr. Alicia McGill, for her contributions to the newsletter and her support in passing the torch. I would also like to thank Marie Westlake for her help with the publication of the newsletter and orienting me as the new editor.

It is challenging to write a newsletter without commenting on the Covid-19 pandemic which continues to affect all of us in different ways. Professional fatigue from the work of containing both our own and our patient's anxieties are serious concerns that affect all of us. As we enter a winter of uncertainty due to a new variant, communities like the Academy become important springs of support and replenishment.

Despite the stress from the pandemic, we have proven to be resilient and are learning to adapt to new ways of meeting and communicating. Due to the anticipated winter wave of Covid-19, the 2022 Annual Meeting, which was originally scheduled to be in-person in New Orleans, will now be held by Zoom. The theme of the meeting is 'Ways to Replenish a Passion for Medicine with Psychodynamic Psychiatry and Consultation-Liaison Psychiatry' with Drs. Alfonso and Cohen as the program directors.

At the present time, the 2023 Annual Meeting is scheduled to be held in San Francisco in-person. The theme of the meeting will be 'Race, Gender and Climate have Entered the Chat' with Drs. Gerald Perman and J.J. Rasimas co-chairing the program.

At the start of the pandemic, Drs. Gerald Perman and Joseph Silvio organized a monthly CME event which is scheduled to continue through the spring of 2022. These events have proven to be very popular, with each presentation attracting 30 to 40 participants. These activities are now open to both Academy members and non-members. The next event titled Anthropological Theories of Nonverbal Communication and the Practice of Psychotherapy is scheduled for January 20.

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Drs. Cesar Alfonso and Jennifer Downey, the editors of the Academy Journal Psychodynamic Psychiatry, are publishing two special editions of the journal in 2022 to celebrate the 50th Anniversary of the journal. I would like to personally thank the journal editors for their work on past and future issues of the journal. Psychodynamic Psychiatry is an invaluable resource in resident education and for the introduction of psychodynamics to early career psychiatrists who may not have had much exposure in training.

I look forward to working with the membership in the future. As always, we are always looking for new content and we always welcome member news and contributions to this newsletter.

Jeffrey Tuttle

**AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY
AND PSYCHOANALYSIS
NEWSLETTER ANNOUNCEMENTS**

**We would like to publish your personal news and/or accomplishments
in the Academy Newsletter, our informal membership communication.**

**Promotion? New Publication? New Grandchild?
Whatever you would like to share with your colleagues.**

We look forward to hearing from you!

**Jeffrey Tuttle, MD, Editor
Marie Westlake, Executive Assistant**

[CLICK HERE FOR NEWSLETTER ANNOUNCEMENT FORM](#)

American Academy of Psychodynamic Psychiatry and Psychoanalysis

65th Annual Meeting

Registration is now Open!

Click on the link below to view the program.

[PROGRAM](#)

Click on the link below to register for the meeting.

[REGISTER NOW ONLINE](#)

You may also scan, fax or mail your registration by using the form at the back of the program. Mailing address is AAPDPP, One Regency Drive, Bloomfield, CT 06002; email address is info@AAPDP.org; fax number is 860-286-0787.

Questions?
Email info@AAPDP.org

We hope to see you online in April!



The Third Educational Zoom Series and the 2023 AAPDPP Annual Meeting in San Francisco

When the 2020 AAPDPP Annual Meeting was canceled due to the COVID-19 pandemic, President Elect Joseph R. Silvio, M.D, Chair of the Committee on Scientific Programs (COSP), suggested that the Academy create a program of monthly CME Zoom presentations. I agreed to organize and chair this initiative.

Seven presenters were selected for this first Zoom series and 25 to 35 Academy members met on the third Thursday evening of the month from October 2020 through April 2021 to attend these presentations under the umbrella theme of “Current Topics in Psychodynamic Psychiatry During the Pandemic” followed by a 15-minute Q&A session. These presentations were open to Academy members only at no cost. This Zoom series provided high-quality educational opportunities to our members and allowed us to maintain important social connections within the Academy.

This Zoom series was deemed sufficiently successful that, even though we did have a 2021 Annual meeting online, the Academy decided to schedule a second CME Zoom series of monthly presentations under the rubric “The Many Faces of Psychodynamic Psychiatry.” At the time of writing this article (December 31, 2021), seven presentations had taken place and four remain in the second Zoom series. The Q&A sessions were extended by 15 minutes, and registration was opened to non-Academy members beginning in September 2021.

A third monthly CME Zoom series is now being organized to take place from June 2022 through April 2023. I hope that you will all choose to attend what will most certainly be a series of high-quality educational CME presentations and that will give you an opportunity to meet new Academy members and to reconnect online with long-standing Academy friends.

The 2023 Annual Academy Meeting is scheduled to take place in-person in San Francisco (May 18-20, 2023). At the same time, we are making contingency plans for an online or hybrid (online/in-person) meeting if necessary depending on the status of the pandemic in the spring of 2023. J.J. Rasimas, M.D. and I are meeting Co-Chairs and other members of the Program Committee include E. Grace Cho, M.D., Danielle Patterson, M.D., Douglas Ingram, M.D. and William Butler, M.D.

We have chosen the theme: “Race, Gender and Climate Have Entered the Chat!” Over the past decade major events have shaken American society and captured the attention of psychodynamic psychiatrists and their patients. Some of these have included 1. the murder of George Floyd that sparked the Black Lives Matter movement, 2. an awareness of new gender identities and a renewed appreciation for the importance of sexual orientation, ethnicity, and cultural differences in our work with patients, and 3. the knowledge that climate change with our planet heating up and rising oceans is already causing an increase in floods, wildfires, draughts, deforestation, and other catastrophic events across our country and around the world.

These topics have entered our clinics and consultation rooms affecting the conversations and concerns of our patients at a deep psychological level. There is an increased existential dread about the future, especially among children and adolescents who will inherit the planet from the previous generation. At this annual meeting we will welcome panels, papers and workshops that will examine how our patients and our colleagues are responding to these important social and existential issues.

Be on the lookout for a call-for-papers immediately following the 2022 Annual Academy Meeting this spring.

Regards to all,

Gerald P. Perman, M.D.
Immediate Past President AAPDPP
Chair of Academy CME Zoom Series
Co-Chair 2023 Annual Academy Meeting

50th Anniversary Special Issues of Psychodynamic Psychiatry in 2022

**César A. Alfonso, M.D.
Jennifer I. Downey, M.D.**

The Editors, Deputy Editor, and Associate Editors of Psychodynamic Psychiatry are pleased to announce that in 2022 we will dedicate two issues of the Journal [Volumes 50(1) and 50(2)] to celebrate the 50th Anniversary of the Academy's quarterly publication.

The title of the journal changed over time to reflect changes in the name of the Academy. Editors Emeriti over the past five decades include Silvano Arieti (1973–1982), Morton B. Cantor (1982–1992), Jules R. Bemporad (1992–2001), Douglas H. Ingram (2002–2011), and Richard C. Friedman (2012–2020).

From its inception, the Academy and its journal have been attentive to the changing needs and evolving clinical practice patterns of psychiatrists, as well as paradigm shifts in psychodynamic psychiatry and psychoanalysis. To commemorate the 50th Anniversary of our quarterly publication, the editors selected 24 articles from over 2000 manuscripts published in the last five decades. These 24 articles will be reprinted and annotated. Each issue will also include an editorial. The first issue will feature an editorial by Debra Katz, Jennifer Downey, and César Alfonso and the second issue will have an invited lead editorial by Douglas Ingram. Annotations will be brief, preceding each article, and when possible written by authors themselves. We excluded from our selection articles that were recently reprinted in the book *Advances in Psychodynamic Psychiatry* (Guilford Press, 2018).

Articles selected were deemed pioneering and clinically meaningful. The editors incorporated articles that were widely cited, most read, and impactful. Because there were many more meritorious articles than we could re-publish, the selection process was extremely challenging.

The Special Issues will be formatted as following:

50(1) Special Anniversary Issue

Editorial by D. Katz, J.I. Downey, and C.A. Alfonso

Psychodynamic Treatment of Persons with Complex Psychiatric Disorders (3 articles)

Kolb LC. (1983). Return of the repressed: Delayed stress reaction to war. Annotation by Jennifer Downey
Bachmann S, et al. (2003). Psychological treatments for psychosis: History and overview. Annotation by César Alfonso
Stone M. (2019). Borderline personality disorder: Clinical guidelines for treatment. Annotation by Clarice Kestenbaum

Clinical Care of Special Populations (6 articles)

Tasman A. (1982). Loss of self-cohesion in terminal illness. Annotation by Allan Tasman.
Olarte S. (1984). Psychotherapy with an inner-city population. Annotation by Silvia Olarte.
Friedman R and Downey J. (1995). Internalized homophobia and the negative therapeutic reaction. Annotation by Jennifer Downey.
Cohen MA. (1999). Psychodynamic psychotherapy in an AIDS nursing home. Annotation by Mary Ann Cohen.
Lief H. (2003). Questions raised by the controversy over recovered memories of incest. Annotation by Debra Katz.
Mintz D. (2019). Recovery from childhood psychiatric treatment: Addressing the meaning of medications. Annotation by David Mintz.

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Psychosocial and Cultural Dimensions (1 article)

Ullrich H. (2019). Culture, empathy, and the therapeutic alliance. Annotation by Hele Ullrich.

Psychodynamic Psychiatry and Neuroscience (2 articles)

Brockman R. (2000). Transference, affect and neurobiology. Annotation by Richard Brockman

Stortelder & Ploegmakers-Burg. (2010). Adolescence and the reorganization of infant development: A neuro-psychoanalytic model. Annotation by Richard Brockman.

50(2) Special Anniversary Issue

Guest Editorial by D.H. Ingram

Education (2 articles)

Plakun E. (2006). Finding psychodynamic psychiatry's lost generation. Annotation by Eric Plakun.

Lacy T and Hughes J. (2006). A systems approach to behavioral neurobiology: Integrating psychodynamics and neuroscience in a psychiatric curriculum. Annotation by Debra Katz.

Psychodynamic Theory, Process and Therapeutic Change (10 articles)

Arieti S. (1977). Cognitive components in human conflict and unconscious motivation. Annotation by César Alfonso.

Marmor J. (1979). Change in psychoanalytic treatment. Annotation by David López.

Bieber I. (1980). Psychoanalysis- A cognitive process. Annotation by Myron Glucksman.

Bonime W. (1986). Collaborative dream interpretation. Annotation by Silvia Olarte.

Taylor G (1992). Psychoanalysis and psychosomatics-A new synthesis. Annotation by Graeme Taylor.

Glucksman M. (1993). Insight, empathy, and internalization: Elements of clinical change. Annotation by Myron Glucksman.

Kestenbaum C. (2003). Memory, narrative, and the search for identity in psychoanalytic psychotherapy: A second chance. Annotation by Clarice Kestenbaum.

Maunder & Hunter. (2008). Attachment relationships as determinants of physical health. Annotation by G. Maunder.

Freidberg A & Malefakis D. (2018). Resilience, trauma, and coping. Annotation by Ahron Freidberg

Ingram DH & Best K. (2020). The psychodynamic psychiatrist and psychiatric care in the era of COVID-19. Annotation by Kimberly Best.

**Psychodynamic Psychiatry
The Official Journal of the American Academy of Psychoanalysis
and Dynamic Psychiatry**

[Click on this link for information about Psychodynamic Psychiatry](#)

AAPDPP Member News

Dr. Eubenio M. Rothe has been chosen for the Agnes Purcell McGavin Award for Prevention in Child and Adolescent Psychiatry (APA 2022), to be given at their next annual meeting!

November 2, 2021

Eugenio Rothe, M.D.
2199 Ponce de Leon Blvd.
Suite 304
Coral Gables, FL 33134

Dear Dr. Rothe:

On behalf of the American Psychiatric Association (APA) and APA Foundation, I would like to extend my congratulations on your selection as the recipient of the 2022 Agnes Purcell McGavin Award for Prevention. The Agnes Purcell McGavin Award for Prevention, established in 1999, recognizes a child and adolescent psychiatrist who has made significant contributions to the prevention of mental disorders in children and adolescents and influenced the general well-being of young people. We strongly feel that your commitment and contributions to child and adolescent psychiatry make you an outstanding recipient of this award.

The award includes a \$1,500 honorarium and an engraved plaque to be presented at the APA Annual Meeting, which will be held in New Orleans, LA from May 21-25, 2022.

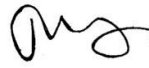
In preparation for the 2022 APA Annual Meeting, we are requesting materials from you, including a 100-word biographical sketch and a high-resolution digital headshot. This will be used in the Annual Meeting Convocation Program and for publicity in conjunction with the award. Please submit these materials to Patrick Odai-Afotey by December 1. If you have any questions, please do not hesitate to contact Patrick Odai-Afotey at podai-afotey@psych.org, (202) 559-3176.

Once again, congratulations on your selection as the 2022 awardee of the Agnes Purcell McGavin Award for Prevention. We look forward to seeing you in New Orleans in May 2022.

Very truly yours,



Saul Levin, MD, MPA, FRCP-E, FRCPsych
CEO and Medical Director, APA
Chair, Board of Directors, APA Foundation



Rawle Andrews, Jr., Esq.
Executive Director, APA Foundation



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In Memoriam

The Academy mourns the death of Lee Jaffe, Ph.D., a recent Past President of the American Psychoanalytic Association (APsaA). Dr. Jaffe died on June 21, 2021 after a lengthy illness. The Academy and APsaA are both members of the Psychoanalytic Consortium (www.psaconsortium.org), consisting of five psychoanalytic organizations and that was established in the early 1990's. The leaders of each organization meet twice a year in New York City although now meets online during COVID. I had the opportunity to participate in several Consortium meetings at which Lee was present. He was brilliant, affable, hard-working, and had a friendly smile that I will never forget. Gerald P. Perman, M.D.
Immediate Past President of the AAPDPP