



64th Annual Meeting Program

Examining Relationships and Connections

Friday, April 23 and Saturday, April 24, 2021

Program Co-Chairs:

Kimberly R. Best, MD

Sarah C. Noble, DO

Jessica E. Eisenberg, MD

Chair, Scientific Programs:

Joseph R. Silvio, MD



A Forum for Psychodynamic Psychiatry and Psychoanalysis

**AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY
AND PSYCHOANALYSIS (AAPDPP)**

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Message from the Program Co-Chairs: Whether we are describing interactions between mother and infant, parent and child, teenager and group, adult and group, or romantic and sexual partners, most psychodynamic phenomena occur in the context of relationships. It has been the purview of psychodynamic clinicians to develop a wide array of observations and conclusions that derive from relationships. Relationships and psychodynamics are the focus of this meeting. Transference, countertransference, and the therapeutic relationship as a whole are considered manifestations and reflections of relationships that occurred early in life. The theoretical understanding and clinical proficiency that students of psychodynamics can attain in this meeting will enhance their ability to engage patients, understand their immediate and historical psychosocial reactions, help patients navigate complex life events, as well as care for patients with long standing mental illness.

Program: Our Annual Meeting had to be cancelled in 2020 due to the Covid-19 pandemic and the 64th Annual Meeting is proceeding in a very unusual way. We have all been challenged over the last year in many ways and have developed new ways to maintain relationships despite masks, social distancing, and virtual meetings. The Program Co-Chairs hope that you can add what you've discovered about relationships and connection to our discussion.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis is the APA affiliate society that provides this forum for psychiatrists and collaborates with social workers, teachers, and psychologists. The Academy is also a member society of the World Psychiatric Association. Our annual meetings provide an opportunity to interact in a collegial and enriching relaxed environment.



The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs. The AAPDPP is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).

AAPDPP Executive Office

One Regency Drive | Post Office Box 30 | Bloomfield, CT 06002

Phone: 888-691-8281 | Fax: 860-286-0787

Email: info@AAPDP.org | Website: www.AAPDP.org

Conference Learning Objectives: This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents, and fellows; b) psychologists, interns, and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 15.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.

FRIDAY, APRIL 23, 2021

Please note: all times in this program are Eastern USA time.

**9:30 AM – 10:00 AM
ORIENTATION TO ZOOM
INFORMAL CHAT AND GREETINGS**

**10:00 AM – 10:45 AM
WELCOME AND ORIENTATION TO PROCESS**

**Joanna E. Chambers, MD, President
Joseph R. Silvio, MD, Chair, Scientific Programs
Kimberly R. Best, MD, Program Co-Chair
Sarah C. Noble, DO, Program Co-Chair
Jessica E. Eisenberg, MD, Program Co-Chair**

**10:45 AM – 12:00 PM
PSYCHODYNAMIC LESSONS FROM THE CORONAVIRUS PANDEMIC
Gerald P. Perman, MD (Washington, DC)
Kimberly R. Best, MD (Philadelphia, PA)
Saba Syed, MD (Los Angeles, CA) *
Eugenio M. Rothe, MD (Key Biscayne, FL)**

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about (1) some of the serious psychodynamic effects that the COVID-19 pandemic had on patients in an outpatient psychiatric practice; (2) how the psychiatric space within which the patient and psychiatrist met during the pandemic was irremediably altered by the changes in how psychiatry was practiced; (3) the effects of the COVID-19 pandemic on the psychodynamic education and training of medical students and psychiatric residents; (4) how the pandemic affected psychiatrists working on the front lines of medical care with patients having become profoundly ill and many dying from COVID-19; and (5) a psychodynamic perspective on mourning and grief reactions brought about by the impact of COVID-19 on individuals and their families.

12:00 PM – 12:15 PM - BREAK

**12:15 PM – 1:15 PM
RELATIONALITY AND THE PSYCHOTHERAPEUTIC ENCOUNTER
Ricardo E. Arango, MD (New York, NY)**

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about (1) the role of relationality in Contemporary Psychoanalysis; (2) the nature

of Relational Psychoanalysis; (3) the difference between Classical and Relational Psychoanalysis; (4) the origins of Relational Psychoanalysis; (5) the contributions to Relational Psychoanalysis; and (6) issues of technique in Relational Psychoanalysis.

1:15 PM – 2:00 PM - BREAK

2:00 PM – 3:30 PM

APPROACHES TO INTEGRATION IN PSYCHOANALYTIC THEORY AND PRACTICE

Norman A. Clemens, MD (Chagrin Falls, OH)

Eve Caligor, MD (New York, NY) *

Jeffrey Katzman, MD (Albuquerque, NM)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about (1) a dimensional approach to the multiple theoretical psychoanalytic perspectives on the mind, its development, and function; and (2) the integration of the various psychoanalytic perspectives in conducting psychoanalytic psychotherapy adapted to the needs of the individual patient as illustrated by two examples.

3:30 PM – 3:45 PM - BREAK

3:45 PM – 5:00 PM

DIFFERENTIAL PSYCHOTHERAPEUTICS WORKSHOP

Deborah Cabaniss, MD (New York, NY)

Yael Holoshitz, MD (New York, NY) *

Jennifer Sotsky, MD (New York, NY) *

Emma G. Golkin, MD (New York, NY) *

By attending this presentation, participants will have the opportunity to improve competence or performance by (1) being able to define the concept of differential psychotherapeutics; (2) being able to use a rubric for differential psychotherapeutics in thinking about optimizing treatment for patients; and (3) being exposed to a way of thinking more broadly about treatment options for patients.

5:00 PM – 5:45 PM - BREAK

5:45 PM – 6:15 PM

PSYCHOANALYTIC REFLECTIONS ON A PANDEMIC

Ahron L. Friedberg, MD (New York, NY)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about psychiatric therapeutic treatment during crisis using teletherapy to treat patients.

6:15 PM – 6:30 PM - *QUESTIONS & ANSWERS*

6:30 PM – 6:45 PM - BREAK

6:45 PM – 7:15 PM

TOWARD AN UNDERSTANDING OF THERAPEUTIC SPACE

Douglas H. Ingram, MD (New York, NY)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about the theoretical basis and practical application of the concept of the therapeutic space. This concept addresses the need for appreciating how migrating where therapy occurs impacts the conduct and process of psychodynamic psychiatric care. This need arose because the COVID-19 pandemic entailed the shift from the consulting room to virtual telephone and evaluation and treatment.

7:15 PM – 7:30 PM - QUESTIONS & ANSWERS

7:30 PM – 8:30 PM

SOCIAL EVENT

John-Michael Maury
Virtual Emcee

Expressions Coach, Actor, Performer, Improviser & Standardized Patient Educator
at University of California San Diego School of Medicine.

SATURDAY, APRIL 24, 2021

9:00 AM – 9:30 AM

SIGN ON AND ORIENTATION

9:30 AM – 11:15 AM

***PSYCHOTHERAPY INTEGRATION: ADVANTAGES AND PITFALLS;
HOW TO TEACH, HOW TO PRACTICE***

Marina Bayeva, MD (Stockbridge MA)

Hira Silat, MBBS (Durham, NC)

César A. Alfonso, MD (New York, NY)

Timothy B. Sullivan, MD (Staten Island, NY)

Silvia W. Olarte, MD (New York, NY)

By attending this presentation, participants will have the opportunity to improve competence or performance by being able to define “psychotherapy integration”, understand controversies and complexities of teaching and practicing integrative psychotherapy during residency training, identify difficulties, benefits and hazards of using an integrative approach as exemplified by two clinical case examples, and discuss issues related to teaching and learning psychotherapy integration in residency training and beyond.

11:15 AM – 11:30 AM - BREAK

11:30 AM – 12:45 PM

***PSYCHODYNAMIC PSYCHOPHARMACOLOGY
AND THE PLACEBO AND NOCEBO EFFECTS***

Joseph R. Silvio, MD (Bethesda, MD)

J. Raul Condemarin, MD (Boston, MA)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about the significant non-pharmacologic factors in the outcome of medication prescription, which include the placebo and nocebo effects and the therapeutic alliance.

12:45 PM – 1:15 PM - BREAK

1:15 PM – 2:00 PM

***PSYCHIATRIST AS INTERPRETER: CASE OF PATIENT,
RESIDENT AND SUPERVISOR***

Yuri Cheung, MD (Riverside, CA)

Henry Weisman, MD (El Paso, TX)

Michael Escamilla, MD (El Paso, TX) *

By attending this presentation, participants will have the opportunity to improve competence or performance by (1) understanding the importance of the therapeutic alliance in the early stages of psychodynamic therapy; (2) understanding issues of transference and countertransference introduced by having an interpreter in the room during psychodynamic therapy; (3) understanding benefits and difficulties introduced by having a therapist serve as an interpreter for a resident in training learning psychodynamic therapy; and (4) understanding limitations and challenges of teaching psychodynamic therapy in underserved clinics when the resident does not speak the same language as the patient.

2:00 PM – 3:00 PM

REFLECTIONS OF A PAST PRESIDENT: AN OPEN LETTER TO SIGMUND FREUD

Gerald P. Perman, MD (Washington, DC)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning (1) advances in psychodynamic psychiatry since the death of Sigmund Freud, the founder of psychoanalysis; (2) how disinhibited unconscious aggression contributes to acts of war, mass murder and domestic violence; and (3) the successful psychodynamic treatment of a patient with Dissociative Identity Disorder.

3:00 PM – 3:45 PM

***TRAUMA IN THE PERINATAL POPULATION: INFERTILITY, SUBSTANCE USE,
AND THE EFFECTS OF ATTACHMENT***

Joanna E. Chambers, MD (Indianapolis, IN)

Danielle Patterson, MD (Indianapolis, IN)

Jessica L.W. Mayer, MD (Indianapolis, IN)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about (1) appreciating infertility as a form of trauma; (2) understanding significant impact of infertility on the developing self through a psychodynamic perspective; (3) recognizing the impact of infertility on attachment relationships; (4) understanding how the neurobiological effects of attachment can affect the development of a opioid use disorder; (5) appreciating the role of oxytocin in both attachment and opioid use disorders; and (6) describing the potential use of oxytocin in the treatment of postpartum women with opioid use disorders.

3:45 PM – 4:00 PM - BREAK

4:00 PM – 5:00 PM

ATTACHMENT TO YOUR THERAPIST: A DIALOG

Jeffery S. Smith, MD (Scarsdale, NY)

By attending this presentation, participants will have the opportunity to improve competence or performance by learning about (1) increased awareness of the likelihood of undisclosed and openly acknowledged intense positive transference and of the countertransference stresses this may induce; (2) being able to conceptualize the sources of and resolution of intense positive transference; and (3) being aware of the therapeutic impact of different styles of management of boundaries in cases of intense positive transference.

5:00 PM – 6:00 PM

AAPDPP BUSINESS MEETING

6:00 PM – 7:30 PM

PRESIDENTIAL ADDRESS

Safety: From the Paris Morgue to Oxytocin

Richard M. Brockman, MD (New York, NY)

By attending this presentation, participants will have the opportunity to improve competence or performance by having a better understanding of the concept of “safety” from its psychiatric, psychoanalytic, psychologic and neurobiological perspectives.

*** Invited Speaker**

FINANCIAL DISCLOSURES

Meeting Presenters with no Disclosures

Alfonso, César; Arango, Ricardo; clemElizabeth’ Bayeva, Marina; Best, Kimberly; Brockman, Richard; Cabaniss, Deborah; Caligor, Eve; Chambers, Joanna; Cheung, Yuri; Clemens, Norman; Condemarin, J. Raul; Escamilla, Michael; Friedberg, Ahron; Golkin, Emma; Holoshitz, Yael; Ingram, Douglas; Katzman, Jeffrey; Mayer, Jessica; Olarte, Sylvia; Patterson, Danielle; Perman, Gerald; Rothe, Eugenio; Silat, Hira; Silvio, Joseph; Smith, Jeffery; Sotsky, Jennifer; Sullivan, Timothy; Syed, Saba; Weisman, Henry

Meeting Presenters Making Disclosures

None

All presenters have signed and returned Financial Disclosure forms.

Members of Program, Scientific Program, and CME Committees Listed Below have returned Financial Disclosure Forms as Planners Indicating no Conflicts of Interest

Best, Kimberly; Eisenberg, Jessica; Friedberg, Ahron; Katz-Bearnot, Sherry; Noble, Sarah; Olarte, Silvia; Perman, Gerald; Joseph R. Silvio, Joseph

Planners of this Meeting Making Disclosures

None

All planners of this meeting have signed and returned Financial Disclosure forms.



SAVE THE DATE!

65th Annual Meeting
Thursday, May 20 – Saturday, May 22, 2022
New Orleans, Louisiana

Meeting Theme
How to Replenish a Passion for Medicine:
Psychodynamic Psychiatry and Consultation-Liaison Psychiatry

Program Co-Chairs
César A. Alfonso, MD, Mary Ann Cohen, MD,

Sharon M. Batista, MD, Xavier F. Jimenez, and Helen E. Ullrich, MD, PhD

Chair of the Scientific Program Committee

Joseph R. Silvio, MD

CME Committee Chair

Silvia W. Olarte, MD