



65th Annual AAPDPP Meeting
Virtual Meeting - April 29th and 30th 2022

Meeting Theme: “Ways to Replenish a Passion for Medicine with Psychodynamic Psychiatry and Consultation-Liaison Psychiatry”

Program Co-Chairs: César A. Alfonso, MD, Mary Ann Cohen, MD, Xavier F. Jiménez, Sharon M. Batista, MD, and Helen E. Ullrich, MD, PhD

Chair of the Scientific Program Committee: Joseph R. Silvio, MD
CME Committee Chair: Silvia W. Olarte, MD



Rita Charon, M.D.
Keynote Speaker

Rebecca W. Brendel, M.D., J.D.
Plenary Speaker

Jennifer Sotsky, M.D.
Plenary Speaker

The *American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)* affirms its place as an organization interested in protecting psychotherapy in psychiatry, comprised of creative academic psychiatrists who understand the complexity of caring for the medically ill. Consultation-liaison psychiatry and the biopsychosocial approach revolutionized medical care over the last seventy-five years, building on a substrate of psychoanalytic and psychodynamic theories that place illness and health within an intrapsychic, interpersonal, psychosocial and cultural matrix. Persons with multimorbidities, who constitute most of our patients, benefit from a multidimensional biopsychosocial approach to care. Changes in systems of healthcare based on market-driven assembly line models of care have begun to magnify both health care disparities and systemic racism, erode progress made, undermine physicians’ capacity for empathy, threaten the physician-patient relationship, and decrease both patient and physician satisfaction.

The AAPDPP co-chairs, program committee and executive council leadership recognize the challenges of providing compassionate care when working in underserved areas with few resources and a high demand for clinical services and maintaining a therapeutic alliance when tasked with attending to the needs of vulnerable patients with chronic illnesses in acute distress. We will offer conference participants opportunities to learn how to design, implement and navigate collaborative systems of care in order to practice psychiatry and psychodynamic psychotherapy as physicians with comfort and enthusiasm. Additionally, we will address how to prevent burnout, improve work satisfaction and promote wellbeing among physicians, trainees and medical students.

We anticipate interactive sessions that will address a variety of topics, including:

- What medical schools, psychiatric training programs, and psychiatric organizations can do to promote well-being and prevent depression, suicide, and burnout in students, trainees, and psychiatrists.
- Prevention of physician, trainee, and medical student suicides.
- Clinical aspects of physician, trainee, and medical student suicides.
- Mental health stigma and its consequences and recommendations for prevention.
- Personal accounts of how mental health stigma impacts both clinicians and patients.
- Psychodynamic aspects of health care disparities.
- Transcultural psychodynamic psychiatry and collaborative care.
- Narrative medicine.
- Bioethics, clinical decision-making, and psychodynamics.
- Psychodynamics of addiction.
- Impact of early childhood trauma on adult development.
- Trauma, epigenetics, and attachment theory.
- Integration of public health, behavioral health and primary care services.
- Psychodynamic psychotherapy with the medically ill.
- Psychodynamic formulations and clinical practice.
- Countertransference experiences in clinical care.
- Psychodynamic psychotherapy at the end of life.
- The doctor-patient relationship and therapeutic alliance.
- Psychodynamic aspects of the HIV pandemic
- Psychodynamic aspects of the COVID-19 pandemic

The program will consist of a Keynote Address on ‘Narrative Medicine’ by **Dr. Rita Charon**, a plenary session on ‘Bioethics and Clinical Decision Making in Psychiatry’ by APA President-Elect **Dr. Rebecca W. Brendel**, a plenary session by Early Career Psychiatrist **Dr. Jennifer Sotsky** on “The Future of Medical Education”, a Presidential Address by **Dr. Joanna Chambers**, clinical workshops, case conferences, round table discussions and clinical symposia, conducted Live over a moderated Zoom© A/V platform.

Symposia topics will include *Psychodynamic Psychiatry and Somatic Symptom Disorders*, *Psychodynamic Aspects of Liaison Work*, and *Psychoanalysis and Racism*. Interactive Panels will address *Medical Student Education in Psychiatry- Challenges and Opportunities*, *International Perspectives on the Confluence of Psychodynamic Psychiatry*, *Psychosomatic Medicine and Consultation Liaison Psychiatry*, and *Physician Wellness, Burnout and Moral Injury*. We will have a Teichner Clinical Case Conference on the topic of *Psychiatric Care of the Medically Ill* in addition to a Residents’ Workshop on *The Psychodynamics of Psychopharmacology*. Altogether we anticipate having close to 50 speakers/presenters and will allow ample time for interactive discussion with conference registrants during all activities.

The ***American Academy of Psychodynamic Psychiatry and Psychoanalysis*** is an affiliate organization of both the American Psychiatric Association (APA) and the World Psychiatric Association (WPA).

The AAPDPP leadership, its program committee, and the co-chairs of this 65th Annual Virtual Meeting wish to invite you to help us discover how to replenish a passion for medicine, revisit the Hippocratic Oath, keep care in healthcare and rehumanize medicine as an antidote to the contemporary market-driven productivity-oriented assembly line approach to medical care.

For questions please email the Academy office at info@AAPDP.org or call 888-691-8281. We look forward to seeing you at our Virtual Annual Meeting in 2022!

