Message from the President

Dear Fellow Academy Members,

I continue to bask in the glow of the 63rd Annual Academy Meeting in San Francisco that took place last month. We had interesting and exciting presentations from the U.S. and countries around the world that included Italy, Indonesia, the Philippines, Thailand, Singapore, Germany, France, Morocco, and New Zealand. I offer my congratulations to Silvia Olarte, M.D. and Alicia McGill, M.D. for organizing this excellent meeting!

Following the recent merger with the American College of Psychoanalysts, we’ve added 40 members who had not previously belonged to the Academy. This has resulted in the formation of the Committee for the Advancement of Psychoanalysis (CAP) within the Academy that will contribute to future Academy programs and will support the attendance and mentoring of Laughlin Fellows – psychiatric trainees in the city in which our meeting takes place. This year, CAP chaired a two-hour panel in which a dream was discussed from three psychoanalytic perspectives – relational, ego psychological, and French.

One issue continues to leave me perplexed. Whereas I am pleased that 150 or so Academy members attend our annual meeting each year, I wonder: why don’t ALL Academy members take advantage of this opportunity for additional education, to socialize with colleagues and friends, and to enjoy the cultural and gustatory delights that each of these unique American cities has to offer?

I invite each of you to attend the 64th Annual Academy Meeting in Philadelphia in April 2020 that is being held almost a month earlier than usual. You will be receiving a call-for-papers shortly for those of you who would like to contribute to the program. If any of you have questions about the Academy, please contact me at gperman@gmail.com or by phone at 202-331-8213. I’d love to hear from you!

Best wishes for an enjoyable summer,

Gerald P. Perman, M.D.
President
American Academy of Psychodynamic Psychiatry and Psychoanalysis

Alicia D. McGill, M.D., Editor
Marie L. Westlake, Executive Assistant
Summer 2019
Message from the Editor

Dear Academy Members,

I am pleased to share this summer’s newsletter with Academy friends, particularly those who were not able to attend the meeting in San Francisco this past May. Please read on to find out about Academy meeting highlights, award recipient announcements, and view the plethora of photos provided by Dr. Joe Silvio. We are also thrilled to include news of an APA Presidential Symposium given at the APA meeting by some of our esteemed Academy members.

The May meeting concluded with a new roster of Executive Council trustees and with thoughts turned toward our next meeting in Philadelphia. Note that the 2020 Academy meeting will be held in April. Later in this newsletter, find a description of next year’s theme and call for papers.

Here’s to a restful and adventuresome summer season for all. As always, keep your member news items coming.

Sincerely,

Alicia D. McGill, M.D.
Newsletter Editor

In Memoriam
Mariam Cohen, M.D., Ph.D.

Mariam (“Mims”) Cohen, M.D., psychiatrist and psychoanalyst, three-time Academy Trustee, Past Editor of the Academy Forum, died after an illness on June 5, 2019. Dr. Cohen courageously shared the experience of her illness with the Academy through a narrative that was read at the Opening Night panel of the May 2019 Academy Annual Meeting in San Francisco and through her two written contributions that can be found on the Academy website here. Dr. Cohen had a long-standing interest in psychoanalysis, religion and spirituality that she combined in her work with patients in Tempe, Arizona and in many published papers and presentations. She also enjoyed knitting and her deep involvement in the local Jewish community in Tempe. She leaves behind her loving husband of many years, Barry Schnur, and her many good friends in the Academy. Further information about Dr. Cohen will appear in the fall 2019 issue of the Academy Forum.

Gerald P. Perman, M.D.
President
American Academy of Psychodynamic Psychiatry and Psychoanalysis
Jessica Brown, MD (Washington, DC)

I attended the University of Utah where I studied French. I completed my training in medicine at the University of Maryland at the Baltimore Washington Institut and did my residency in psychiatry at Saint Elizabeths Hospital in Washington, DC. Because I developed such a strong passion for psychodynamic thinking, I pursued psychoanalytic training the Baltimore Washington Institute for Psychoanalysis.

In addition to working in my private practice for over twenty years, my interests and professional activities have centered around education and working, when possible, at various settings at where I have been able to provide treatment using a psychodynamic approach to underserved populations.

As a result of the recent merger of the American College of Psychoanalysis into the AAPDPP, I became a new member of the Academy. I welcome the opportunity and am honored to assist in the functioning of the Academy by serving as trustee.

Norman Andrew Clemens, M.D., FACPsa, FACPsych, DLFAPA (Chagrin Falls, Ohio)

I am pleased to become Trustee of the AAPDPP. I was the president of the American College of Psychoanalysts when the decision was made to merge the organization with the American Academy of Dynamic Psychiatry and Psychoanalysis. I assisted the next president, Mark Unterberg, M.D., in consummating the merger. Since then I aided him in his role as chair of the Committee for the Advancement of Psychoanalysis (CAP) by arranging a major scientific presentation at the 2019 Scientific Meeting. I also drafted CAP proposals for a program of Laughlin Fellowships at the Annual Meeting and for an annual Laughlin lectureship for consideration by the Executive Council.

My interest in psychiatry emerged during my clerkship at Harvard Medical School, and I went on to residency at University Hospitals of Cleveland and service on the faculty of Case Western Reserve University School of Medicine, where I am an Emeritus Clinical Professor of Psychiatry. My psychoanalytic training was also in Cleveland, and I was certified by the American Psychoanalytic Association. I am now retired from practice but continue to teach as an Emeritus Training and Supervising Analyst. My recent writings have been about the decision to retire and the experience of doing so.

My past service to professional organizations has been four years as Councilor at Large in the American Psychoanalytic Association, ten years as chair of their Bylaws Committee, many years on the Committee on Government Relations and Insurance, and chair of various committees on advocacy for psychoanalysis. Earlier I served the American Psychiatric Association as Speaker of the Assembly, followed by six years as Area IV Trustee. My mantra was “Keeping the Psyche in Psychiatry!” I was founding chair of the APA’s Commission on Psychotherapy by Psychiatrists and then the Committee on Workplace Mental Health. I recently retired from the Psychotherapy Committee of GAP. I am on the Editorial Board of the Journal of Psychiatric Practice, which I served for fifteen years as editor of the psychotherapy column. My publications and other information are available at www.DrewClemens.net. I am honored to serve the Academy now as a Trustee.
Elizabeth Greene, MD (Lorton, Virginia)

I am honored to become a Trustee of the American Academy of Psychodynamic Psychiatry and Psychoanalysis. I was first introduced to the Academy as a psychiatric resident in 2007 by my mentor, Dr. Sheila Hafter-Gray, and fell in love with a warm community where questions are encouraged and everything is on the table for discussion. I became a member in 2009 and have annually attended meetings since that time, with the exception of a meeting when I was deployed to Iraq as a psychiatrist with the United States Air Force. The Academy has been my professional home and a constant as I served on active duty and then transitioned to work as a civilian psychiatrist focused on educating military residents. As I work with residents I lean on the depth of learning I have received through the Academy in teaching them to integrate medicine and neuroscience with a psychodynamic framework. I have encouraged them to attend Academy meetings and come and see for themselves the richness that the Academy has to offer. I have been privileged to be a part of the Education Committee since 2016 and look forward to the opportunity to further serve this wonderful organization.
APA Presidential Symposium

Submitted by Jennifer I. Downey, M.D.

This year — Monday, May 20, 2019 — at the San Francisco meeting of the American Psychiatric Association (APA), the Academy offered a Symposium, “Advances in Psychodynamic Psychiatry.” The event was designated a Presidential Presentation by APA President, Dr. Altha Stewart.

The 3-hour session was chaired by Jennifer Downey, M.D., and featured all Academy speakers. Joanna Chambers, M.D. spoke on the neurobiology of attachment experiences in early life. Richard C. Friedman, M.D. discussed transdiagnostic aspects of treatment with very ill psychiatric patients. Cesar Alfonso, M.D. discussed psychodynamic psychiatry approaches to vulnerable populations such as the elderly and survivors of intimate partner violence. Andrew Gerber, M.D. discussed why a focus on meaning helps psychiatrists navigate the relationship between brain and mind.

The discussant was Philip Muskin, M.D., a psychoanalytically trained consultation-liaison psychiatrist who is outgoing Secretary of the APA. An article by Teri D’Arrigo in Psychiatric News, the newsletter which all APA members receive, described the event and publicized it widely.

The Symposium was based on the recent book, Advances in Psychodynamic Psychiatry edited by Alfonso, Friedman, and Downey (Guilford, 2018), which is an anthology of selected articles printed in the Academy journal, Psychodynamic Psychiatry, between 2012 and 2017. The anthology was created to assist learning about accurate, modern, cutting-edge approaches to psychodynamic psychiatry.

The teaching of psychodynamic psychiatry, while threatened in psychiatric residency training programs in the United States, is widely sought and admired by psychiatrists all over the globe, including the Middle East, Asia, and Africa as well as Europe and South America. Principles such as the importance of the childhood developmental history and any experience of trauma, the importance of the unconscious, and the use of the relationship between psychotherapist and patient to inform and move the treatment forward come easily to us, but are novel to psychiatrists without exposure to psychodynamic training. All of us with this training have the responsibility to pass it on — whether by teaching, supervising, publishing, or talking to the press and to lay groups. Without our efforts, our own younger colleagues will not have the ability to make non-medication interventions with patients and thus to understand and treat the whole patient.

A particularly important area is psychodynamic assessment, which enlightens and informs treatment of patients with every kind of mental disorder, even if they are not ever going to receive psychodynamic psychotherapy. Psychodynamic assessment makes possible a reasoned choice of treatments for whatever is wrong with the patient psychiatrically.

The Academy was enormously pleased to participate in the APA meeting and to have 75-100 participants who stayed for all of it, despite 17 concurrent presentations in other rooms, and who asked many searching questions. The support of the APA in designating the Symposium a Presidential event, and their generous promotion of it was enormously beneficial.
Highlights from the AAPDPP Meeting in San Francisco
PSYCHOANALYSIS/PSYCHODYNAMIC PSYCHIATRY:
ADVANCES AND INNOVATIONS

Program Co-Chairs, Drs. Alicia D. McGill and Silvia W. Olarte

Dr. Silvia Olarte and I would like to express our gratitude to members of the Academy who participated in what was a very stimulating and successful meeting this past May in San Francisco. We were gratified to be able to include presenters who heeded the call for papers and literally came from all over the world to contribute to the advancement of the psychodynamic and psychoanalytic conversation. It takes an extensive team effort to organize the Academy’s annual meeting. Those helping to carry the load included Drs. Joe Silvio, Gerald Perman, David Lopez, Douglas Ingram, and Cesar Alfonso. The support and patience of Marie Westlake and Jackie Coleman ultimately brings the entire effort to real-life fruition.

Our meeting opened with a very moving and compassionate session led by Dr. Douglas Ingram who presented on his work related to the Academy-sponsored Task Force for Psychiatrist Wellbeing and Support. Please find within this newsletter Dr. Ingram’s reference to the Opening Session, topics covered by his fellow presenters and the ongoing work of the Task Force.

The first Plenary Session was offered by Drs. Eugenio Rothe and Fructoso Irigoyen. Dr. Irigoyen provided a playful and illuminating talk on the far-reaching influence of the Don Quixote story including the interest psychiatry has taken in Cervantes’ representation of “madness.” The second Plenary Session was provided by Drs. Gerald Perman and Douglas Ingram. Dr. Perman expertly provided a “user-friendly” introduction to the theoretical work of Jacques Lacan. Built into the presentation were suggestions for how one might identify Lacan’s challenging concepts within the context of our clinical encounters and familiar aspects of human development and use of language.

It is the good fortune of the Academy to count among its members psychiatrists who have committed their professional careers to work in a long-term care facility dedicated to psychodynamic psychiatry and psychoanalysis. Drs. David Mintz and Eric Plakun provided the Keynote Address entitled “How to Evolve and Be True to the Principles.” They shared with us the history of Austen Riggs and its mission-driven approach to providing a therapeutic community for challenging patients in need of residential care.

Finally, Dr. Richard Friedman delivered the meeting’s Presidential Address. The title of Dr. Friedman’s talk was “Modern Psychodynamic Psychiatry.” Dr. Friedman detailed a clinical case and reflected on his choice of psychodynamic psychotherapy for this particular patient for whom psychoanalysis could also, arguably, have been the recommendation. The talk proved a useful exercise in explicating some of the specific indications for psychodynamic psychotherapy.

We heard from a number of presenters who shared their experiences with utilizing psychoanalytic and psychodynamic tenets to better treat challenging patients in a variety of settings. Presenters reported on their work including the use of art therapy in underserved neighborhood clinics, outreach services that seek to train providers and parents in infant mental health and the efforts of those who seek to thoughtfully modify treatment frames to accommodate incapacitating physical illness and impending patient death.

Program participants further enjoyed a variety of topics related to contemporary cultural issues such as depression in children of the affluent, non-binary gender identity, and adaptations to CL psychiatry in the realm of “patient-centered care” such that unconscious factors can be rightfully considered. Not surprisingly, we learned that psychodynamic psychiatry continues to influence the work of clinicians well beyond the United States. Colleagues from Southeast Asia informed us about their work in various psychiatric settings and European colleagues presented on the impact of changing epidemiology on the efficacy of long-term psychotherapy treatments.

The Academy’s longstanding commitment to inclusivity in the realm of psychoanalytic theory, and this year’s welcoming of new members from the College of American Psychoanalysts, resulted in an outstanding presentation on dream interpretation. Three presenters examined an analytic session with dream content from classical, object relations and Lacanian perspectives. Additionally, a presenter with first-person experience of the Second Chechen War offered psychoanalytic understanding of the motivation behind modern day acts of terrorism. Another presenter encouraged us to revisit primary psychoanalytic tenets to create treatment frames that might best support efforts towards effective treatment of severe character pathology.

(Continued on page 7)
Highlights from the AAPDPP Meeting (continued)

Neuroscience findings command an ever-growing influence on psychiatry with advancing identifications of neural networks that seemingly underlie and correspond with manifestations of human emotion, motivation and behavior.

Various presenters invited us to consider ways in which patients treated in psychodynamic psychiatry can be additionally helped when provided with experience-near explanations of the brain-based mechanisms undergirding their struggles with self-defeating compulsions such as addiction and neurotic repetitions of maladaptive behavior.

Other presenters provided case studies to reflect their forays into the use of brain-based interpretation. A psychobiography of Tennessee Williams sought to further these endeavors given what we know of the reported limitations of psychoanalytic treatment to address the playwright’s various compulsions and experience with unremitting depression. Contributions from neuroscience were also used to consider various “talk therapies,” including psychodynamic psychiatry, and the likely neurological basis for therapeutic action across psychotherapies.

Indeed some presenters sought to convince us that discovery in neuroscience, and the data collection and related algorithms created, will ultimately serve to validate psychodynamic approaches to treatment. Still others encouraged us to wonder about what may be lost or obscured in the current efforts to “fuse” or bridge the gaps between the findings of neuroscience and the subtleties and elusory aspects of what transpires during psychodynamic and psychoanalytic treatments. We were invited to consider particular elements of the human experience that play crucial roles in the reparative, therapeutic experience but have yet to be fully elucidated by neuroscience including resilience and creativity.

Neurobiology has contributed a great deal to our understanding of the role for medications in the alleviation of psychic suffering but as psychoanalytic and psychodynamic informed therapists, we also grapple with the best practice methods for prescribing medications within an ongoing psychotherapeutic treatment. A peer psychopharmacology session created an opportunity to consider relevant, challenging issues. Additionally, presenters offered updates on the use of psychedelic drugs and NMDA antagonists and considered ways in which the subjective experiences generated by the use of these medicines may serve to support the aims of insight-oriented therapies.

Maybe most importantly, as a group we were called upon to consider the future direction for the training and supervision of psychiatry residents in programs across the country. Indeed residency programs are under pressure to prepare psychiatric residents to function well in a variety of settings that increasingly privilege medication management and collaborative care. We listened to the first-hand experiences of recent psychiatric residents and their training directors who are dedicated to articulating persuasive arguments for the renewed importance of psychodynamic psychiatry in the training of tomorrow’s leaders in the field of general psychiatry.

We are all looking forward to following up on these conversations and pursuing new inquiries when we next come together as a community in April 2020. See you then in Philadelphia!

Scott Schwartz Award Winner

Vedrana Hodzic, M.D. completed the University of Maryland/Sheppard Pratt Psychiatry Residency Program in 2018. Since then she has joined the psychiatry faculty at the University of Maryland School of Medicine where she works in the inpatient, outpatient, and emergency room settings.
Highlights from the Annual Meeting in San Francisco
Photos taken by Dr. Joe Silvio
Highlights from the Annual Meeting in San Francisco
Photos taken by Dr. Joe Silvio
Highlights from the Annual Meeting in San Francisco
Photos taken by Dr. Joe Silvio
Our Academy is one of the only psychiatric associations to offer support to its members. Our task force checked out psychiatric associations in the United States, including the APA — and worldwide — to learn which supported its members and how. Remarkably, we found that hardly any do. The exceptions are the UK’s Royal Academy of Psychiatrists and the Royal Australian and New Zealand College of Psychiatrists. We are happy to be joining this select group.

Check us out at www.aapdp.org/index.php/Program.

What you will find is a catalog of stresses we encounter as psychiatrists — not solely professional stresses — but also those that impact us in an immediately personal way.

If you attended the Academy meeting in San Francisco, you saw that we presented some of the work we are doing: Kimberly Best on social media, Norman Andrew Clemens on aging and retirement, Mariam Cohen on life-threatening illness and dying, Deborah Katz on residency and early career psychiatrist, Eugenio Rothe on a case of a suicide, Scott Schwartz on serious illness in a resident, and John Tamerin on peer support.

Reading about what our colleagues have gone through can be profoundly supportive. Contributing your own narrative to our project (perhaps disguised and anonymous!) also can have enormous value. The references, articles, and blogs we have gathered, and to which we hope you will add, will further the humanistic and compassionate vision inherent in the Academy’s mission.

If you check out our site, you will find also a spectrum of assistance agencies for more immediate or extensive help

- Age and Retirement
- Stalking
- Life-threatening illness
- Losing a child
- The experience of dying
- Burnout
- Litigation
- Stresses of medical school and residency
- Death of a patient

than we can offer.

On our site, we have articles and personal narratives that cover:
But this is only the current list. Besides further filling out these categories with additional narratives and references, we are seeking to include other kinds of personal and professional stresses. These might include the psychiatrist’s immigrant experience, the stresses of family breakup, loss of a spouse, and so forth. If you have a mind for it, please contact me. One of us on the task force will help.

Doug Ingram
Chair
Academy Task Force on Psychiatrist WellBeing and Support
dhingrammd@aol.com
212-289-4022
The members of the American Academy of Psychodynamic Psychiatry and Psychoanalysis understand Psychodynamic Psychiatry as a discipline that has emerged from a fusion of “psychoanalytic and extra-psychoanalytic psychology, neuroscience, and academic psychiatry” (Psychodynamic Psychiatry 41(4):511-512, 2013).

Whether we are describing interactions between mother and infant, parent and child, teenager and group, adult and group, or romantic and sexual partners, most psychodynamic phenomena occur in the context of relationships. It has been the purview of psychodynamic clinicians to develop a wide array of observations and conclusions that derive from relationships. Relationships and psychodynamics are the focus of this meeting.

Transference, countertransference, and the therapeutic relationship as a whole are considered manifestations and reflections of relationships that occurred early in life. The theoretical understanding and clinical proficiency that students of psychodynamics can attain in this meeting will enhance their ability to engage patients, understand their immediate and historical psychosocial reactions, help patients navigate complex life events, as well as care for patients with long-standing mental illness.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis is the APA affiliate society that provides this forum for psychiatrists and collaborates with social workers, teachers, and psychologists. The Academy is also a member society of the World Psychiatric Association. Our annual meetings provide an opportunity to interact in a collegial and enriching relaxed environment. There will be many opportunities for discussions since our presentations always leave ample time for audience participation. This meeting will also provide multiple opportunities to meet and socialize with experts in psychodynamic psychiatry.

Philadelphia is the birthplace or home of some of the finest leaders and thinkers in American history, and is also the city that fostered development of the ideas that constitute the foundation of our system of governance. In the mid-twentieth century, Philadelphia became the bastion of many of the seminal developers of psychiatry and psychoanalysis. Our Academy now has the opportunity to provide an engaging and interesting gathering in this superb cultural and academic setting.

The AAPDPP leadership, its program committee, and the co-chairs of this 64rd Annual Meeting in Philadelphia, April 23 - April 25, 2020, wish to invite you to help us elucidate how daily work with patients is framed, informed, and inspired by Psychodynamic Psychiatry and relationships.

(Continued on page 13)
CALL FOR PAPERS
(continued)

The Program Committee will review proposals for:

- Panels
- Paper Sessions
- Symposia
- Workshops

Please note that under the system of accreditation designed by the Accreditation Council for Continuing Medical Education (ACCME), the purpose of CME is to improve physician competence, physician performance, or patient outcomes. This is accomplished by identifying gaps in physicians’ competence, skills, or performance, and offering medical education to overcome those gaps.

Gap #1: Improving treatment of patients by: attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge; and enhancing the ability to integrate dynamic principles, psycho-pharmacology, and neuroscience in clinical practice.

Needs derived from the gap above:
To learn about development of therapeutic alliances; transference and counter-transference; the handling of challenging situations; and practical applications of psychoanalytic theories; and to learn about complex pathologies, neuroscientific advances, pharmacologic treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2: Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:
To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy; and to foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

When completing the abstract form, you will be asked to indicate which of these gaps your submission addresses. All presentations must address at least one of the specified needs.

Submissions must include objectives for improving knowledge, skills, or performance in at least one of the following areas:

1. **Service**, e.g. treatment of individual patients, development of service delivery systems, and enhancement of consulting skills;
2. **Teaching**, including new methods of training psychodynamic psychiatrists and clarification of the functions of a psychodynamic psychiatrist;
3. **Research**, gaining access to new scientific data as well as improved data in areas that form the basis for practice of the discipline.

Submitters must ensure that materials do not violate confidentiality, privacy, or copyright. All necessary IRB approvals must be obtained.

*Online abstract submission will be available in early June.*
*Watch your email or the AAPDPP website ([www.AAPDPP.org](http://www.AAPDPP.org)) for instructions.*

**Deadline for abstract submissions is Midnight on September 15, 2019**

For further information, please call the Academy Office at 888-691-8281.
Victor J. Teichner Award

The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) and AADPRT are pleased and proud to announce the 13th cycle of the Victor J. Teichner Award, developed to promote and improve the teaching of psychodynamic principles to trainees in Psychiatry.

We invite the programs of AADPRT to apply for this award. It is made annually to one psychiatric residency program on the basis of an application to the Award Committee, composed of three representatives from AAPDPP and three from AADPRT. The Program Award is a 1 to 3 day visit from a Visiting Scholar chosen from a list maintained by the AAPDPP. The choice of Visiting Scholar and the structure of the visit are made by the Program, while the costs for the visit are born by the Teichner program. Both the program and the scholar will be recognized at the Annual Meetings of the AAPDPP and AADPRT.

Victor J. Teichner was an innovative psychoanalyst, educator, public sector psychiatrist, and Past-President of the AAPDPP before his death in 1983 at age 56. A grateful patient of Dr. Teichner’s made the initial endowment in the hope that Dr. Teichner’s creative psychodynamic approach might be part of the learning of the next generation of psychiatric clinicians, scholars, and educators.

Criteria for a program’s attaining the award include: lack of local resources to assist the program in the area of psychodynamic education (e.g. lack of onsite faculty, lack of proximity to a Psychoanalytic Institute); clearly defined training needs, goals and objectives; and enthusiasm on the part of the program and its leadership to incorporate psychodynamically oriented educational proposals into the curriculum. We are especially interested in learning about efforts your program has made to date to include psychodynamic principles in psychotherapy training.

The Teichner Program Previous Awardees have been:

1. Debra Katz, MD, University of Kentucky; Teichner Scholar: Jennifer Downey (2008)
2. Jeff Stovall, MD, Vanderbilt University; Teichner Scholar: Deborah Cabaniss (2009)
3. Tai P. Yoo, MD, UCLA-Kern; Teichner Scholar: Deborah Cabaniss (2010)
4. Joanna Chambers, MD, University of Indiana; Teichner Scholar: Richard Brockman (2011)
5. Jeffrey Katzman, MD, University of New Mexico; Teichner Scholar: Elizabeth L. Auchincloss (2012)
6. Cynthia Pristach, MD, State University of New York at Buffalo; Teichner Scholar: Deborah Cabaniss (2013)
7. Shawn Van Gerpen, MD, University of South Dakota/Sanford School of Medicine; Teichner Scholar: Elizabeth L. Auchincloss (2014)
8. Timothy Sullivan, MD, and Michael Twist, MD, North Shore LIJ Staten Island University Hospital; Teichner Scholar: Cesar A. Alfonso (2015)
9. (a) Henry W. Weisman, MD, Texas Tech University Health Sciences Center, El Paso; Teichner Scholar: Allan Tasman AND (b) Sandra Rackley, MD, Kristin Somers, MD, Cosima Swintak, Mayo Clinic; Teichner Scholar: Elizabeth L. Auchincloss (two awardees for 2016)
10. Caroline Fisher, MD PhD, Good Samaritan Regional Medical Center, Corvallis, Oregon; Teichner Scholar: Elizabeth L. Auchincloss (2017)
11. (a) Donald W. Black, MD and Erin Crocker, MD, University of Iowa Hospitals and Clinics AND (b) Heike Minnich, PsyD, HSPP, Dipl.-Psych. and Eunice Peterson, MD, GHS University of South Carolina School of Medicine Greenville (two awardees for 2018)
12. Mariam Rahmani, MD, and Michael Adam Shapiro, MD, University of Florida (2019)

Training Program applications are available at www.AAPDP.org, or by contacting AADPRT or AAPDPP.

- Deadline for the submission of applications by programs: December 15, 2019
- Selection Committee decision: February 1, 2020
- Deadline for program selection of recipient/Master Teacher: May 1, 2020
- Deadline for completion of scholar’s visit to program: June 30, 2021

Please address any questions or comments to Sherry Katz-Bearnot, M.D., Eugene Beresin, M.D., or Marie Westlake at the AAPDPP office (info@AAPDP.org), or the AADPRT office (AADPRT@verizon.net).

Download Materials: http://aapdp.org/index.php/education/teichner/
UPDATE ON CAPA
Elise Snyder, M.D.

Many AAPDPP members know about CAPA: China American Psychoanalytic Alliance. Indeed, 30 AAPDPP members are already CAPA members — not nearly enough. You are exactly the kind of people we desperately want. Below are some of the things CAPA does that might be of interest to you. CAPA has 400 members; 126 are MDs.

SOME FACTS ABOUT CAPA

Mission:
Training the next generation of Chinese psychotherapists and psychoanalysts.

Training:
Classes are seminars in English on Zoom.
Two-Year Basic Training.
Year 5 Electives: Supervision Training, Infant Observation, Student Teaching, etc.

Applicants:
120-160/year—all interviewed for English competency; half rejected.
Remaining 72 interviewed, each by two CAPA teachers and/or supervisors.
40 accepted, divided into four sections of 10 students each.

Classes:
30 weeks/year, 4-hour sessions/week.
3 classes/session: Theory, Technique, Continuous Case.

Individual Supervision:
One session/week, 30 weeks/year.

Treatment:
Low fee analysis and psychotherapy encouraged.

CAPA was incorporated as a nonprofit in 2008, when we accepted our first regular class. During the past eleven years CAPA has been (surprisingly, both for us and for most others), extremely successful. CAPA is said to be the best foreign training program in China. (I tend to believe those who say that). Our applicants are getting better and better. The interviewers complain that they are all so good that there is no way they can choose among them.
UPDATE ON CAPA  
(continued)  

ANALYTIC TRAINING  

28 CAPA graduates are in distance training at APsaA Institutes (years 1-6, 1 graduate)  
  3 in America receiving local analytic training at APsaA Institutes  
  6 in training at other analytic institutes  
  8-10 applying this year to APsaA Institutes  
  30 other graduates currently planning to apply.

Convincing institutes to accept candidates for distance training is difficult. Some older analysts (I am an older analyst) are not really familiar with computers. Thus, they are uneasy about distance training. CAPA researched this topic. Most analysts, after some experience with distance analyses, believe that “real” analysis is possible online. More than 120 CAPA students have been in distance analysis. We continue to recruit institutes.

Distance analysis is even more important now than a few years ago. US embassies in China have refused to grant Visas to some candidates who were accepted for analytic training in America. One embassy person asked the Visa applicant, “Why does analytic training take so long?” I hope the Visa situation will improve soon.

CAPA IN CHINA (CIC)  

This is the national organization of CAPA students and graduates. In each of the cities (CAPA students come from more than 30 cities) where there are at least ten students or graduates, local organizations have been formed. They organize conferences, teach courses, and invite visiting lecturers. In Chengdu, under the leadership of Jiang qi Zhuang (a fourth-year psychoanalytic candidate), a Psychotherapy Institute, using the CAPA curriculum and teaching in Mandarin, has begun. Twenty-five students, both local and distant are admitted each year to their two-year training program.

CIC began a MOVIE NIGHT this year. The movie, seen by Chinese students, graduates and by Western CAPA members, is followed by a discussion and then a Q&A—all on Zoom. The first movie was “Three Billboards Outside Ebbing, Missouri.” It was sold out. The next is on June 15. PLEASE SIGN UP.  

Screening & Discussion of Alfred Hitchcock’s “Spellbound”:
Discussants: Neal Spira, MD and CAPA graduate Jacky Song
Saturday, June 15th from 7:30PM-10:30PM (New York Time)
CLICK TO SIGN UP FOR MOVIE NIGHT
Price is $15 USA
UPDATE ON CAPA  
(continued)

ANNUAL CHINA TOUR

Since 2009, CAPA has organized a 21-day tour to China. Besides the usual sight-seeing, tour members (and their families and friends) attend CAPA graduations, have a Sichuan cooking class, visit a primary school, and meet with CAPA students and graduates. The second 2020 issue of Psychoanalytic Inquiry is devoted entirely to CAPA. Gerry Perman has rave reviews of the China Tour. To date, 173 people have taken the tour.

CLICK HERE TO LEARN ABOUT THE TOUR

JOINING CAPA: TEACHING, TREATING, SUPERVISING CAPA

AND, MOST IMPORTANTLY: If you are interested in becoming a CAPA member, learning more about what CAPA does and about what CAPA does and what you can do in CAPA. Look at our Website:  http://www.capachina.org/

For the names AAPDPP members who are also CAPA members, or to get answers to questions, email me: elise.snyder@yale.edu

I am grateful for this opportunity to write to all of you again and look forward to hearing from you.

ACADEMY MEMBERS!

We invite you to submit your personal news and professional accomplishments in the Academy e-News.

To submit an item of interest, simply mail the information you would like to share with your colleagues to the AAPDP Executive Office at One Regency Drive, Bloomfield, CT 06002 or email to info@AAPDP.org.