

Preliminary Program

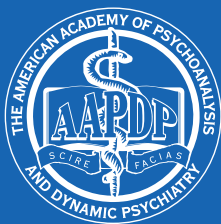
Psychodynamic Psychiatry
and the “Difficult” Patient

The American Academy of Psychoanalysis and Dynamic Psychiatry

61st Annual Meeting

May 18-20, 2017

Hilton San Diego Bayfront
1 Park Boulevard
San Diego, California



*A Forum for Psychoanalysis
and Dynamic Psychiatry*

Registration is open to all mental health professionals and behavioral/social scientists.

AMERICAN ACADEMY OF PSYCHOANALYSIS AND DYNAMIC PSYCHIATRY

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One Regency Drive
Post Office Box 30
Bloomfield, CT 06002
Phone: 888-691-8281
Fax: 860-286-0787
Email: info@AAPDP.org
Website: www.AAPDP.org

The Academy is where physician psychoanalysts and psychodynamic psychiatrists: discover a forum for exchange of ideas; find a voice within the APA to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.

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AND DYNAMIC PSYCHIATRY

61st Annual Meeting

May 18 – 20, 2017

San Diego, California

*Psychodynamic Psychiatry and the
“Difficult” Patient*

Program Co-Chairs:

Eugene Della Badia, DO

and Angela M. Hegarty, MB BCH

Chair of the Scientific Program Committee:

Joanna E. Chambers, MD

CME Committee Chair: Silvia W. Olarte, MD

Message from the Program Co-Chairs: With this Annual Meeting program, our aim is to bring psychodynamic psychiatrists together to talk about the challenges we face in clinical work and the so-called “difficult” patient. Patients labelled as difficult are those who demonstrate to us in no uncertain terms the limitations of our diagnoses and treatment strategies, our theories and technique, and the adaptability of our healthcare systems to individual needs. So-called difficult patients force us to think. Since the time of Freud, these patients have been our best teachers and need us to become better skilled in diagnosis and treatment.

Sometimes we forget that one of Freud’s most important contributions was in a sense the simplest: the habit of listening to patients. Listening to patients lies at the heart of psychodynamic psychiatry. After listening comes reflection. Psychodynamic psychiatrists reflect on what we hear and engage with each other and with various clinical and theoretical approaches to understand what has been happening. From the process of listening and reflection, analytic and psychodynamic theories have emerged and developed for almost one hundred and thirty years. Theory is no longer received as dogma but as lenses that offer different perspectives and different options for assessment, diagnosis and intervention depending on the modality involved. Psychodynamic psychiatrists listening to patients are uniquely situated to elect the theoretical lens that will yield the best diagnostic and therapeutic approach.

In a sense, the so-called difficult patients, by virtue of the challenges they post, point to gaps in our knowledge, skill and therapeutic interventions. This program was developed to meet the educational needs of members by filling these gaps and providing participants with the knowledge and expertise to identify and diagnose these problems. Difficult patients challenge us to become more effective in our treatment interventions.

Program: Our program opens with a reminder of the key tasks a psychodynamic psychiatrist must undertake with any patient, which are extremely important with difficult patients. The formation of the therapeutic alliance, the appreciation of the transference and making use of the countertransference will be explored. These patients challenge us in many different ways, including confronting our vulnerabilities. We will show how psychodynamic psychiatrists approach these challenges using the full range of theoretical diagnostic and therapeutic modalities at their disposal.

Presentations deal with patients presenting challenges to therapists across the lifespan. We will focus on special diagnostic groups such as patients suffering from complex medical, psychiatric and substance use disorders, patients with severe character disorders such as Borderline Personality Disorder and Autism, or patients in treatment with a propensity for violence. Presentations also focus on the difficulties that arise for the therapist from managing the transference and the maintenance of boundaries (or, more specifically, the failure to do so). The program will also focus on the issue of hatred and its management in psychotherapy. The problem of mental and physical illness in the therapist and the implications for both colleagues and the patients will be addressed. Presentations will focus on difficulties caused by systemic issues in healthcare delivery too, where a one-size-fits-all approach often cannot be effective for everyone. Finally, there is a series of solution-focused presentations, looking at novel approaches to transference, successful integration of clinical care with medical and psychiatric disorders, the use of countertransference process groups in residency training and peer supervision

for psychopharmacology. There will be a workshop on writing clinical material for supervision. Our presenters represent a wide diversity of perspectives and many educational opportunities will be offered.

The American Academy of Psychoanalysis and Dynamic Psychiatry is an organization that works to translate the applicability of the concepts of psychoanalysis and psychodynamics into the fields of neurobiology, psychopharmacology, cross-cultural psychiatry, creativity, media and the arts, and other related disciplines. We are affiliated with the American Psychiatric Association.

Conference Learning Objectives: This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: "Competence" refers to knowing how to do something; and "Performance" is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents and fellows; b) psychologists, interns and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 22.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.

THURSDAY, MAY 18, 2017

7:00 PM Registration

**7:30 PM - 9:00 PM
OPENING SESSION**

| | |
|---------------|--|
| Welcome: | Jennifer I. Downey, MD (New York, NY) |
| Introduction: | Joanna E. Chambers, MD (Indianapolis, IN) |
| Presentation: | THE DIFFICULT PATIENT: MAKING THE ALLIANCE, TAKING THE TRANSFERENCE, AND FACING OUR VULNERABILITIES |
| Presenter: | Eric M. Plakun, MD (Stockbridge, MA) |

9:00 PM – 10:00 PM

OPENING NIGHT RECEPTION (cash bar)

FRIDAY, MAY 19, 2017

8:00 AM - 10:55 AM

**PANEL I: BORDERLINE PERSONALITY DISORDER:
MODERN PSYCHODYNAMIC PERSPECTIVE
ON ASSESSMENT AND TREATMENT**

Chair: **Richard C. Friedman, MD** (New York, NY)
Presenters: **Michael H. Stone, MD** (New York, NY)
Richard C. Friedman, MD (New York, NY)
Jennifer I. Downey, MD (New York, NY)

8:00 AM – 9:25 AM

**PAPER SESSION I: WAYS OF LOOKING AT DIFFICULT
PATIENTS**

Thinking in Space-Time: Using the Process to
Influence Change in “Difficult” Therapy Cases
Nadia Friedman, MD (New York, NY)

Finding Light in the Darkness: Existential
Psychotherapy with a Survivor of Self-Inflicted
Gunshot Wound
Joseph Kugler, MD (Hamden, CT)

Difficult Patients Through a Cross-Cultural Lens
Helen Ullrich, MD PhD (New Orleans, LA)

9:30 AM - 10:55 AM

**PANEL II: PSYCHODYNAMIC TREATMENT OF A NEAR
PSYCHOTIC CHILD**
Alexander Lerman, MD*
Barbara Yahr, MA CMT*

11:00 - 11:55 AM

**WORKSHOP I: THE INNER CHILD: A NOVEL APPROACH
TO TRANSFERENCE WORK WITH
DIFFICULT PATIENTS**
Jeffery S. Smith, MD (Scarsdale, NY)

11:00 AM - 12:55 PM

**PAPER SESSION II: DIFFICULT SITUATIONS WITH DIFFICULT
PATIENTS**

Boundary Crossing with Difficult Patients
Ronald Abramson, MD (Wayland, MA)

Navigating the Difficult System: Obstacles,
Consequences and Solutions to the Shift
Toward Psychopharmacology
Briana R. Locicero, MA (Shoreham, NY)

Factitious Disorder and Pathological Caring
Gregory C. Mahr, MD (Novi, MI)

12:00 PM - 12:55 PM

WORKSHOP II: MEDEA: A VERY DIFFICULT PATIENT
Richard M. Brockman, MD (New York, NY)

1:00 PM - 1:55 PM

**PLENARY SESSION: ADULT PERSONALITY GROWTH IN
PSYCHOTHERAPY**

Introduction: **Angela M. Heqarty, MB BCh**
Presenter: **Mardi Horowitz, MD*** (San Francisco, CA)

2:00 PM - 3:55 PM

PAPER SESSION III: TREATING DIFFICULT PATIENTS

The Making of the Difficult Patient:
Iatrogenic Violence in Clinical Psychiatry
Reimer Hinrichs, MD (Berlin, Germany)

Psychodynamic Psychiatrists' Experience with Dangerous Patients

Douglas H. Ingram, MD (New York, NY)

The Regressed Patient and the Analyst's Countertransference: What Changed in Both of Us?

Ruth M. Lijtmaer, PhD (Ridgewood, NJ)

2:00 PM – 2:55 PM

WORKSHOP III: SUCCESSFUL INTEGRATION OF CLINICAL CARE IN PATIENTS WITH COMPLEX PSYCHIATRIC, MEDICAL AND SUBSTANCE ABUSE CONDITIONS

Juan R. Condemarin, MD (Boston, MA)

Antonio Bullon, MD (Cambridge, MA)

3:00 PM – 3:55 PM

WORKSHOP IV: ETHICAL CHALLENGES IN SUPERVISION: HOW CAN WE BALANCE EDUCATION AND CLINICAL REQUIREMENTS

Sheila Hafter Gray, MD (Washington, DC)

4:00 PM - 4:55 PM

WORKSHOP V: WRITING SHORT CLINICAL VIGNETTES

David L. Lopez, MD (Greenwich, CT)

Allan Tasman, MD (Louisville, KY)

4:00 PM - 4:55 PM

WORKSHOP VI: COGNITIVE PSYCHOANALYSIS REVISITED WITH SOME MODERN TWISTS

Sylvia W. Olarte, MD (New York, NY)

5:45 PM – 7:15 PM

KEYNOTE SPEAKER

Introduction: **Eugene Della Badia, DO** (Philadelphia, PA)

Presentation: **HATRED AND ALL ITS REWARDS**

Presenter: **Glen O. Gabbard, MD** (Houston, TX)

SATURDAY, MAY 20, 2017

8:00 AM - 9:55 AM

SYMPOSIUM I: THE DIFFICULT SYSTEM: THE PROBLEM OF TREATING PSYCHOSIS WITH A NARROW LENS

Chair: **Erin B. Seery, MD** (Stockbridge, MA)

Presenters: **David L. Mintz, MD** (Stockbridge, MA)

Barri Belnap, MD* (Stockbridge, MA)

Samar Habi, MD* (Stockbridge, MA)

Elizabeth Weinberg, MD* (Stockbridge, MA)

Erin B. Seery, MD (Stockbridge, MA)

8:00 AM - 9:55 AM

PAPER SESSION IV: CONDITIONS THAT MAKE PATIENTS DIFFICULT

Psychodynamic Psychotherapy with Autistic People: Managing Transference and Countertransference

Klaus W. Schreiber MD (Tarrytown, NY)

Can Suicidal Wish in the Elderly be Rational: A Psychodynamic Perspective

Meera Balasubramaniam, MD MPH* (New York, NY)

Racism, Hatred and Prejudice: A Psychoanalytic Prospective

Ronald N. Turco, MD (Portland, OR)

10:00 AM - 11:55 AM

PAPER SESSION V: THE DIFFICULT THERAPIST AND THE DIFFICULT PATIENT

The Therapist's Physical or Mental Illness: Individual Adaptive and Maladaptive Reactions During Psychotherapy
Roman N. Anshin, MD (Los Angeles, CA)

Sometimes the Analyst is Difficult: Reducing Patient Harm in a Dynamic Setting
Kimberly Best, MD (Philadelphia, PA)

"The Difficult Patient" From Three Points of View
Gerald P. Perman, MD (Washington, DC)

10:00 AM – 10:55 AM

WORKSHOP VII: COUNTERTRANSFERENCE PROCESS GROUP IN PSYCHIATRIC RESIDENCY TRAINING

Christian Neal, MD MPA* (Roanoke, VA)
Kathryn Q. Johnson, DO MA* (Roanoke, VA)

11:00 AM – 11:55 AM

PANEL III: PASTORAL COUNSELING AND PSYCHODYNAMIC PSYCHIATRY: WHAT CAN WE LEARN FROM EACH OTHER

Michelle E. Friedman, MD (New York, NY)

12:00 PM – 12:55 PM

WORKSHOP VIII: PSYCHOPHARMACOLOGY PEER SUPERVISION WORKSHOP

Joseph R. Silvio, MD (Bethesda, MD)
Juan R. Condemarin, MD (Boston, MA)
David L. Mintz, MD (Stockbridge, MA)

12:00 PM – 12:55 PM

WORKSHOP IX: CO-THERAPY WITH A "DIFFICULT" ADOPTIVE FAMILY

Brigitte Bailey, MD* (San Antonio, TX)
William Lee, MD* (San Antonio, TX)
Adina Campbell, MD* (San Antonio, TX)

12:00 PM – 12:55 PM

RESIDENTS WORKSHOP AND LUNCHEON

Chair and Presenter: **Jeffrey W. Katzman, MD** (Albuquerque, NM)

Presentation: History and Current Understandings of Attachment Theory

1:00 PM - 2:55 PM

SYMPOSIUM II: IDENTIFYING AND UNDERSTANDING DEPRESSION IN COLLEAGUES

Presenters: Depression, Shame and Stigma in Physicians: To Share or Not to Share – That is the Question
John S. Tamerin, MD (Greenwich, CT)

Depression and Shame in Two Physicians in Training
David L. Lopez, MD (Greenwich, CT)

Understanding Shame: Treating Patients Whose Family Members Have Committed Illegal Acts
Eugenio M. Rothe, MD (Key Biscayne, FL)

Discussant: **Clarice J. Kestenbaum, MD** (New York, NY)

1:00 PM - 2:55 PM

PAPER SESSION VI: DIAGNOSIS AND TREATMENT CONSIDERATIONS

Can I Trust the Test?

Cassandra M. Klyman, MD (Los Angeles, CA)

Pseudohallucinations in an Adolescent: Consideration for Diagnosis and Treatment in the Case of "Kate"

Michael Shapiro, MD* (Gainesville, FL)

The Role of Transference and Countertransference in Psychiatry Residents' Attitudes Toward Patients with Substance Use Disorders

Barnadine H. Han, MD* (New York, NY)

3:00 PM - 4:25 PM

PANEL IV:

BOUNDARIES, ETHICS AND THE DIFFICULT PATIENT: RESIDENTS' PERSPECTIVES

Chair:

Joanna E. Chambers, MD (Indianapolis, IN)

Boundaries with the Addicted Patient: Enabling Versus Maintaining Rapport

Danielle Patterson, MD* (Indianapolis, IN)

Boundaries with the Pregnant Patient: Mother Versus Infant Priority

Ryan Harris, MD* (Indianapolis, IN)

Boundaries in the Eating Disorder Patient: Coercion Versus Treatment

Kevin Masterson, MD* (Indianapolis, IN)

Boundaries in the Therapy Patient: Friend Versus Therapist

Morgan McCormick, MD* (Indianapolis, IN)

Boundaries with the Borderline Patient: Trust versus Mistrust

You Na Kheir, MD* (Indianapolis, IN)

3:00 PM - 4:25 PM

PANEL V:

CANDIDATES' PANEL ON THERAPEUTIC DIFFICULTIES

Chair:

Scott C. Schwartz, MD (New York, NY)

Sensitivity in Dealing with Families

Katherine Taylor, MD* (New York, NY)

Working Dynamically with a Supervisor

Jessica Harroche, MD* (New York, NY)

Discussants:

Douglas H. Ingram, MD (New York, NY)

Sylvia W. Olarte, MD (New York, NY)

4:30 PM - 5:30 PM

BUSINESS MEETING

**5:30 PM - 7:00 PM
PRESIDENTIAL ADDRESS**

Introduction: **Jennifer I. Downey, MD** (New York, NY)

Presentation: **PERINATAL PSYCHIATRIC ILLNESS AND THE PSYCHODYNAMICS OF PREGNANCY**

Presenter: **Margaret G. Spinelli, MD** (New York, NY)

7:00 PM - 9:00 PM

CLOSING RECEPTION AND AWARDS

* **Invited Speaker**

MEETING REGISTRATION FORM
American Academy of Psychoanalysis and Dynamic Psychiatry
61st Annual Meeting
San Diego, California
May 18-20, 2017

Advance registration is recommended. Badges will be held at the AAPDP Registration Desk at the hotel.

If you are not an AAPDP member, please tell us how you heard of this meeting: Referred by a Member Ad Website Mail
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Please type or print clearly:

Name & Degree _____

Address _____

City, State, Zip _____

Phone _____ Fax _____

E-Mail _____

Professional Specialty _____

* Guests requiring Continuing Medical Education credits should register as non-member professionals.

| | <u>Advance</u> | <u>On-Site</u> |
|---|----------------|----------------|
| <input type="checkbox"/> Member of the Academy | \$245.00 | \$295.00 |
| <input type="checkbox"/> Non-Member Spouse/Accompanying Guest* Name & Degree _____ | \$110.00 | \$130.00 |

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| <input type="checkbox"/> Non-Member Professional* | \$290.00 | \$340.00 |
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| <input type="checkbox"/> Student (<i>Full time Student ID Required</i>) | \$155.00 | \$175.00 |
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Total Registration Amount \$ _____

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Card No. _____

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Signature _____

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