

# **Transcultural Psychodynamic Psychotherapy**

*Global Mental Health*<sup>1</sup>

**César Alfonso, M.D.**

**Craig Katz, M.D.**<sup>1</sup>

**Silvia W. Olarte, M.D.**<sup>1</sup>

**Erminia Scarcella, M.D.**



**César A. Alfonso, M.D.**  
[caa2105@columbia.edu](mailto:caa2105@columbia.edu)

César A. Alfonso, M.D. is President of the American Academy of Psychoanalysis and Dynamic Psychiatry (2010-2012). He is Training and Supervising Analyst at the New York Medical College Psychoanalytic Institute and Assistant Professor of Clinical Psychiatry at Columbia University College of Physician and Surgeons. Dr. Alfonso is a Fellow of the Academy of Psychosomatic Medicine, the New York Academy of Medicine, the American College of Psychoanalysts, and of the American Academy of Psychoanalysis and Dynamic Psychiatry.

### **Clinical Practice**

Dr Alfonso currently practices as a psychiatric consultant at the Guild for the Blind and in solo private practice of psychodynamic psychiatry in New York City. His clinical interests include the psychiatric care of the medically ill; psychoanalytic treatment of artists and understanding creativity; relevance of psychoanalytic theory in contemporary psychotherapy; developmental milestones in adulthood including prosocial behavior; and psychodynamic aspects of psychopharmacology.

### **Research**

His research interests include determinants of adherence and non-adherence, treatment of anxiety and mood disorders, and integrating psychiatric care in primary care settings.

### **Grand Rounds Presentations**

January 2011 – *“Using Psychodynamic Principles to Enhance Psychopharmacology Practice”*; New York Medical College Department of Psychiatry

December 2011 – *“How to Apply Psychodynamic Principles in Brief Psychiatric Visits”*; University of Kentucky Department of Psychiatry

January 2012 – *“Contributions of Psychoanalytic Theory to the Contemporary Practice of Psychotherapy in the United States”*; Chulalongkorn University Department of Psychiatry, Bangkok, Thailand



**Craig L. Katz, M.D.**  
[craigkatz@gmail.com](mailto:craigkatz@gmail.com)

Dr. Craig Katz is associate clinical professor of psychiatry and medical education at the Mount Sinai School of Medicine in New York City. In addition, Dr. Katz holds the positions of Chief Faculty Advisor and Director of Professional Development and founded and directs the Program in Global Mental Health at Mount Sinai. He co-founded Disaster Psychiatry Outreach (DPO), a charitable organization devoted to the provision of voluntary psychiatric care to people affected by disasters. Dr. Katz has a private practice in general and forensic psychiatry in Manhattan, including a significant psychodynamic focus, and is the 2011-12 President of the New York County District Branch of the American Psychiatric Association.

#### **Recent Publications**

Wang M, Wiegand J, Katz CL. Global mental health as a component of psychiatric residency training. *Psychiatric Quarterly*, June 17, 2011, epublication

Reissman DB, Kowalksi-Trakofler KM, and Katz CL. Public health practice and disaster resilience: a framework integrating resilience as a worker protection strategy. In Southwick SM, Litz BT, Charney D, and Friedman MJ, eds. *Resilience and Mental Health: Challenges Across the Lifespan*, Cambridge University Press, New York, NY 2011, pp.340-358.

#### **Recent Presentations**

*Introduction to Global Mental Health*, Mount Sinai School of Medicine, Masters in Public Health program, October 4, 2011

Katz CL, Narla G, and Anand S. Workshop: Navigating Boundaries in a New Team Based Advisory System, Professional Development Conference, American Association of Medical Colleges, June 11, 2011

American Society for Adolescent Psychiatry, Annual Meeting- Disaster Psychiatry: Good Intentions Seeking Science and Sustainability- Focus on Adolescents (March, 2011)



**Silvia W. Olarte, M.D.**

**Phone: 212 249 6246**

**Email: [swolarte@aol.com](mailto:swolarte@aol.com)**

Dr. Olarte is an APA Distinguished Fellow and a Fellow of the AAPDP. She is Clinical Professor of Psychiatry and training and supervising psychoanalyst at the Psychoanalytic Institute at New York Medical College. She has been president of the Association of Women Psychiatrists and of the American Academy of Psychoanalysis and Dynamic Psychiatry. She practices psychodynamic psychiatry in New York City.

She devoted much of her earlier career to serving the Latino deprived population in New York City at Metropolitan Hospital where she was Outpatient Department Director and Acting Director of Psychiatry. At the APA, among others, she has served on the Committee of International Medical Graduates, the Committee on Hispanics and the Committee on Women, chaired the task force on Educating Psychiatrists on Ethical Issues and the former Council on National Affairs. She has been the recipient of the APA George Tarjan Award and the APA Alexandra Symonds Award, the APA Special Presidential Commendation and the AAPDP Presidential Award.

She has published over 30 articles and presented, discussed, or chaired numerous presentations on women's issues, ethical issues, boundaries violations, psychodynamic treatment of deprived populations, and changes in psychodynamic practices.

**Recent Presentations:**

- Dynamic Psychiatry in the United States (WPA Congress, Buenos Aires 2011 and Chulalongkorn University Medical School Thailand 2012)
- The Psychiatrist as Internist of the Mind (AAPDP, Philadelphia 2012)
- The Impact of Culture on Gender, Clinical Implications” (AAPDP, New York, 2004)
- “Leadership and Minority Women, Transcultural Experiences” (World Congress Women's Mental Health, Washington, 2004)
- “Boundary Violation, Clinical and Ethical Consequences” (Fifth World Congress on Depression, Mendoza, Argentina, 2003)
- “Women Psychiatrists; Personal and Career Choices: Implications for the future”. (APA, Philadelphia 2012)



**Erminia Scarcella, M.D., DFAPA**

**Email:** [ermsca@verizon.net](mailto:ermsca@verizon.net)

**Web:** [www.ermniascarcellamd.com](http://www.ermniascarcellamd.com)

**Web:** [ItalianPhysicians.com](http://ItalianPhysicians.com)

Dr. Scarcella received her medical degree from the University of Rome, specializing in neurology and psychiatry and received additional training in psychiatry at the George Washington University and St. Elizabeth Hospital. She is Assistant Clinical Professor at George Washington University, Designated Physician of the Embassy of Italy and President of Jung Society of Washington DC. She is a Distinguished Fellow of the American Psychiatric Association and a member and past Trustee of the American Academy of Psychoanalysis and Dynamic Psychiatry. She is in full-time private practice of psychiatry and psychoanalysis in Washington, D.C.

She serves on the Board of the Consortium for Psychoanalytic Research and is past President of American Society of Psychoanalytic Physicians. She is active in the Washington Psychiatric Society and was Founder of the Embassy Disaster Preparedness, a humanitarian project designed to assist international victims of disasters. She is a recipient of the APA Bruno Lima Award.

**Presentations:**

"The Red Book of C.G. Jung," National Association for the Advancement of Psychoanalysis, New York

"The Red Book of C.G. Jung," Association for Psychoanalytic Physicians, Washington, D.C.

"Psychodynamic Case Formulation" Washington, D.C, Howard University

"A Case Presentation Illustrating the Jungian Clinical Approach, Focusing in Archetypes, Collective Unconscious and Multigenerational Family Dysfunction," AAPDP and OPIFER conference, Genoa, Italy;

"The Red Book of C.G. Jung"; The Philadelphia Jungian Professional Club

"Description of Professional Formation in Analytic Psychology of C.G. Jung," AAPDP and OPIFER conference, Rome, Italy