## Sheila Hafter Gray, M.D.

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Dr. Hafter Gray is currently Adjunct Professor of Psychiatry in the Uniformed Services University of the Health Sciences, President of the Accreditation Council for Psychoanalytic Education, Teaching Analyst in the Baltimore-Washington Institute for Psychoanalysis, a Trustee of the Consortium for Psychoanalytic Research, an Associate Editor of Psychodynamic Psychiatry and a member of the District of Columbia Medical Reserve Corps. She is a Fellow and former President of the American Academy of Psychoanalysis, a Distinguished 50-Year Fellow of the American Psychiatric Association and the 2011 recipient of its Lifers' Harold E. Berson Award. A lifelong interest in applying psychoanalytic principles in general psychiatry led her to participate in the development of a model of training psychotherapy for psychiatry residents. More recent interests in healthy defense mechanisms (adaptive style) and their relationship to the experience of trauma, particularly the trauma of military operations, and in the support of clinical research by clinicians, led to her oversight of several small research projects.

## **Sample Presentations:**

The Trauma of Military Operations: A psychodynamic perspective. University of South Carolina School of Medicine, Columbia SC, 17 October 2008

Should We Have a V-Code for Response to Military Operational Stress? American Psychiatric Association, Washington DC, 6 May 2008

Science in the Clinic: Doing Research as We Care for Patients. American Psychiatric Association, San Francisco CA, 21 May 2009

The Defensive Functioning Scale: Coding Health in the DSM System. American Psychiatric Association Institute on Psychiatric Services. San Francisco CA, 27 October 2011

## **Recent Publication:**

Gray, S.H., Evidence and Narrative in Contemporary Psychiatry, Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry 37: 415–420, 2009