

**Psychodynamic Psychotherapy with
Children and Adolescents
David Mintz, M.D.**



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David Mintz, M.D., is a graduate of the Cambridge Hospital/Austen Riggs Center Combined Residency Program and completed a Fellowship in Psychodynamic Psychotherapy at Austen Riggs, where he is Director of Psychiatric Education. His primary interests involve psychosocial factors in psychopharmacology, particularly in relation to treatment-resistance and treatment outcome, psychodynamic aspects of medical education and developmental processes involved in becoming a psychiatrist. He is on the Education Committee of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Medical Student Education Committee of the American Psychoanalytic Association.

Recent Presentations:

- “Recovery From Childhood Psychiatric Treatment” AAPDP Annual Meeting, Honolulu, HI, May 13, 2011.
- “A Psychodynamic Approach to Treatment Resistant Mood Disorders: Breaking Through Complex Comorbid Treatment Resistance by Focusing On Axis II ”APA Annual Meeting, Honolulu, HI, May 17, 2011.
- Psychiatry Grand Rounds: “Meaning and Medication: Psychodynamic Approaches to the Treatment Resistant Patient,” Yale, New Haven, CT, July 22, 2011.

Recent Publications:

Mintz D., “Teaching the Prescriber Role: The Psychodynamics of Psychopharmacology.” *Academic Psychiatry*, 2005, Vol 29(2): 187-194.
Mintz D., “Psychodynamic Trojan Horses: Using Psychopharmacology to Teach Psychodynamics.” *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006, 34(1): 151-161.
Mintz D & Belnap BA., “What is Psychodynamic Psychopharmacology: An Approach to Pharmacologic Treatment Resistance.” *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006, 34(4): 581-601.