

Psychodynamic Psychotherapy and Psychosomatic Medicine

Psychodynamic Aspects of HIV and AIDS*

Meaning and Medication: The Evidence Base**

Teaching the Psychodynamic of Psychopharmacology**

César Alfonso, M.D.

Michael Blumenfield, M.D.

Mary Ann Cohen, M.D.*

Myron Glucksman, M.D.

Thomas Kalman, M.D.

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César A. Alfonso, M.D. is President of the American Academy of Psychoanalysis and Dynamic Psychiatry (2010-2012). He is Training and Supervising Analyst at the New York Medical College Psychoanalytic Institute and Assistant Professor of Clinical Psychiatry at Columbia University College of Physician and Surgeons. Dr. Alfonso is a Fellow of the Academy of Psychosomatic Medicine, the New York Academy of Medicine, the American College of Psychoanalysts, and of the American Academy of Psychoanalysis and Dynamic Psychiatry.

Clinical Practice

Dr Alfonso currently practices as a psychiatric consultant at the Guild for the Blind and in solo private practice of psychodynamic psychiatry in New York City. His clinical interests include the psychiatric care of the medically ill; psychoanalytic treatment of artists and understanding creativity; relevance of psychoanalytic theory in contemporary psychotherapy; developmental milestones in adulthood including prosocial behavior; and psychodynamic aspects of psychopharmacology.

Research

His research interests include determinants of adherence and non-adherence, treatment of anxiety and mood disorders, and integrating psychiatric care in primary care settings.

Grand Rounds Presentations

January 2011 – *“Using Psychodynamic Principles to Enhance Psychopharmacology Practice”*; New York Medical College Department of Psychiatry

December 2011 – *“How to Apply Psychodynamic Principles in Brief Psychiatric Visits”*; University of Kentucky Department of Psychiatry

January 2012 – *“Contributions of Psychoanalytic Theory to the Contemporary Practice of Psychotherapy in the United States”*; Chulalongkorn University Department of Psychiatry, Bangkok, Thailand



Michael Blumenfield, M.D.
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Michael Blumenfield, M.D. is President-Elect of the American Academy of Psychoanalysis and Dynamic Psychiatry. He is the Sidney E. Frank Distinguished Professor Emeritus of Psychiatry and Behavioral Sciences at NY Medical College and was Professor of Psychiatry, Medicine & Surgery and Director of Consultation/Liaison Psychiatry until 2008 when he relocated to Los Angeles. In 2007 he was Visiting Professor at Hadassah Hospital in Israel. He is a Distinguished Life Fellow of the American Psychiatric Association where he was Public Affairs Chair, Speaker of the Assembly and a candidate for President. He was a member of the Committee on Disasters and taught courses at the annual meeting on Disaster Psychiatry. He is a Fellow of the Academy of Psychosomatic Medicine, American College of Psychiatry and AAPDP.

Clinical Practice:

Dr. Blumenfield does psychodynamic oriented psychotherapy with psychopharmacology which includes telepsychiatry in the U.S. and China.

His research interests have included unwanted pregnancy, SLE, death and dying, burn, trauma, AIDS, PTSD in EMTs, SSRIs in ESRD, Dexamethasone suppression, cardiology, disaster, fantasy about illness, countertransference,

Other recent interests have been risk communication, public attitudes, telepsychiatry, movies and television

Websites:

mblumenfieldmd.com
PsychiatryTalk.com
PSMWW.com
storyshrink.com

Publications

He wrote 40 papers, 23 book chapters and wrote or edited books on psychotherapy supervision, burn, trauma, resiliency and psychosomatic medicine.

Recent Presentations:

Psychosomatic Death of a US President-2005, Voyage of a C/L Psychiatrist-2007, Psychosomatic Medicine, Past Present and Future 2011-NY Medical College
Disaster Psychiatry & Terrorism, Trauma and Things to Do-2008 APA
Role of Psychodynamic Psychiatry in Consultation-Liaison Psychiatry-2010-Shanghai,China
Role of Psychiatrist with Obstetrical Patients-2011- Mt Sinai Hospital, NYC



Mary Ann Cohen, MD
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Dr. Mary Ann Cohen is Clinical Professor of Psychiatry at the Mount Sinai School of Medicine. Board certified in adult psychiatry, addiction psychiatry, geriatric psychiatry, and psychosomatic medicine, Dr. Cohen is an award-winning psychiatrist and a leader in the fields of psychosomatic medicine and AIDS psychiatry.

Clinical Practice

Dr. Cohen is in the full time private practice of psychodynamic psychotherapy, psychosomatic medicine, geriatric psychiatry utilizing individual, couple, and family therapy. She has served on or directed psychosomatic medicine services at two municipal hospitals for 23 years and AIDS psychiatry services at an AIDS nursing home and at the Mount Sinai Medical Center for 12 years. In each of these settings, Dr. Cohen has created health care environments to meet the needs of patients and their communities and innovated programs to identify and diminish disparities and discrimination in health care settings. She has integrated psychoanalytic principles into patient care, medical board governance, and bioethics committees.

Research

Research interests include the prevalence of substance use, suicide attempts, and capacity consultations, the use of restraints in general care and their association with increased lengths of stay, prevalence of distress in persons with AIDS, and the association of suicide attempts and HIV-associated neurocognitive disorders.

Grand Rounds Presentations

Decisional Capacity: Autonomy and the Patient's Right to Self-Determination – Grand Rounds, Montrose Veterans' Administration Hospital, Montrose, New York, January 27, 2010

Psychodynamics of Under medication for Pain in Severe and Complex Medical illness - Grand Rounds, McMaster University, Ontario, Canada, November 3, 2010



Myron L. Glucksman, MD

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Dr. Glucksman is a Clinical Professor of Psychiatry, New York Medical College and an Attending Psychiatrist at Danbury Hospital in Danbury, CT. At The Psychoanalytic Institute of the New York Medical College, he is a Training and Supervising Analyst and on the Faculty of the Certification Course in Psychodynamic Psychotherapy. He supervises psychiatric residents and teaches a course on psychodynamic psychotherapy to PGY-III and IV residents at the New York Medical College. He maintains a clinical practice in general psychiatry and psychoanalysis in Connecticut and New York City. In addition to more than 50 articles published in professional journals, he has co-edited two books on the topics of affect and dreams. His own book “Dreaming: An Opportunity for Change” is concerned with understanding and using dreams during treatment. Research interests have included biofeedback psychotherapy, obesity, affect, the interface of neurobiology and psychoanalysis, the therapeutic relationship, the therapeutic process, and using dreams to predict, facilitate and document clinical change.

Grand Round Topics:

Using dreams to assess clinical change, predict core psychodynamic issues, and as an instrument to understand and interpret clinical material.

The Therapeutic Relationship: the roles of transference and the real relationship as facilitators of clinical change.

Curative Factors in Psychodynamic Psychotherapy: the roles of insight, transference, and the real or new object relationship.

Combined Psychotherapy and Pharmacotherapy: an appreciation of the interaction between neurobiology, psychotropic medication and psychotherapy



Thomas Kalman, M.S., M.D.
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Dr. Kalman is Clinical Associate Professor of Psychiatry, Weill Medical College of Cornell University, and Adjunct Associate Professor of Psychiatry, NY Medical College. He has maintained a private practice in general psychiatry and psychoanalysis for over thirty years, integrating different techniques and understandings along with a primarily psychodynamic orientation. Dr. Kalman's current areas of interest and research involve split-treatment arrangements and the problem of inadequate communication between professionals treating the same individual. Other recently presented and published work involves problematic Internet use, specifically pornography. Dr. Kalman's other graduate degree is in health care administration, and he remains interested in health care delivery, economics, and policy.

Recent publications and presentations

Clinical Encounters with Internet Pornography. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*; 36:593-618, 2008

Kalman TP and Goldstein, MA, Satisfaction of Manhattan psychiatrists with private practice.

Assessing the impact of managed care. *Journal of Psychotherapy Practice and Research*; 7:250-8, 1998

"Clinical Encounters with Internet Pornography," Grand Rounds, Dept. of Psychiatry, Weill-Cornell Medical College, New York, NY, October 2008; Personality Disorders Conference, NY Presbyterian Hospital, Westchester Division, White Plains, NY, June 2009

"Do Psychotherapists speak to Psychopharmacologists about their Mutual Patients?" Grand Rounds, Dept. of Psychiatry, Metropolitan Hospital Center, New York, NY, April, 2010; Dept. of Psychiatry, Queens Hospital Center, Jamaica, NY, October 2010; Sheppard Pratt Hospital, Baltimore, MD, October 2010; Westchester County Medical Center/New York Medical College, February 2011

"Can we talk? Do Psychotherapists speak to Psychopharmacologists?" Paper presentation, Annual meeting of The American Psychiatric Association, New Orleans, LA, 2010



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David Mintz, M.D., is a graduate of the Cambridge Hospital/Austen Riggs Center Combined Residency Program and completed a Fellowship in Psychodynamic Psychotherapy at Austen Riggs, where he is Director of Psychiatric Education. His primary interests involve psychosocial factors in psychopharmacology, particularly in relation to treatment-resistance and treatment outcome, psychodynamic aspects of medical education and developmental processes involved in becoming a psychiatrist. He is on the Education Committee of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Medical Student Education Committee of the American Psychoanalytic Association.

Recent Presentations:

- “Recovery From Childhood Psychiatric Treatment” AAPDP Annual Meeting, Honolulu, HI, May 13, 2011.
- “A Psychodynamic Approach to Treatment Resistant Mood Disorders: Breaking Through Complex Comorbid Treatment Resistance by Focusing On Axis II ”APA Annual Meeting, Honolulu, HI, May 17, 2011.
- Psychiatry Grand Rounds: “Meaning and Medication: Psychodynamic Approaches to the Treatment Resistant Patient,” Yale, New Haven, CT, July 22, 2011.

Recent Publications:

Mintz D., “Teaching the Prescriber Role: The Psychodynamics of Psychopharmacology.” *Academic Psychiatry*, 2005, Vol 29(2): 187-194.
Mintz D., “Psychodynamic Trojan Horses: Using Psychopharmacology to Teach Psychodynamics.” *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006, 34(1): 151-161.
Mintz D & Belnap BA., “What is Psychodynamic Psychopharmacology: An Approach to Pharmacologic Treatment Resistance.” *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006, 34(4): 581-601.



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Dr. Rasimas he attended the University of Scranton and graduated *summa cum laude* with degrees in biochemistry, mathematics, and philosophy. He completed the Medical Scientist Training Program at Penn State University, earning a Ph.D. in Chemical Biology (2002) and M.D. (2003). Upon graduation from the Penn State College of Medicine, Dr. Rasimas was honored for excellence in both psychiatry and medical toxicology. He matriculated to psychiatry residency training at the Mayo Clinic in Rochester, Minnesota.

Dr. Rasimas received the National Institute of Mental Health (NIMH) Outstanding Resident Award in 2005 and was recognized by the American College of Psychiatrists with the Laughlin Fellowship in 2007. He is a member of a number of academic honor societies as well as the Association for the Advancement of Philosophy and Psychiatry. He has studied psychotherapy at the Minnesota Psychoanalytic Society and Institute and the Washington School of Psychiatry. Dr. Rasimas was a clinical fellow at the NIMH, training in consultation-liaison psychiatry, bioethics, and clinical research. He has served as a staff psychiatrist for Hershey Medical Center and remains an Associate Professor of Psychiatry and Emergency Medicine for the Penn State College of Medicine, there. He completed a medical toxicology fellowship, obtained board certification in Addiction Medicine, and then returned to NIMH to join the Intramural Research Program. Dr. Rasimas is pursuing an academic medical career at the interface of psychosomatic medicine, medical toxicology, and psychodynamic psychotherapy. His primary areas of clinical interest are pharmacotherapeutics, neuropsychiatric toxicity, psychoanalysis, and the phenomenology of suicide.



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Dr. Scarcella received her medical degree from the University of Rome, specializing in neurology and psychiatry and received additional training in psychiatry at the George Washington University and St. Elizabeth Hospital. She is Assistant Clinical Professor at George Washington University, Designated Physician of the Embassy of Italy and President of Jung Society of Washington DC. She is a Distinguished Fellow of the American Psychiatric Association and a member and past Trustee of the American Academy of Psychoanalysis and Dynamic Psychiatry. She is in full-time private practice of psychiatry and psychoanalysis in Washington, D.C.

She serves on the Board of the Consortium for Psychoanalytic Research and is past President of American Society of Psychoanalytic Physicians. She is active in the Washington Psychiatric Society and was Founder of the Embassy Disaster Preparedness, a humanitarian project designed to assist international victims of disasters. She is a recipient of the APA Bruno Lima Award.

Presentations:

"The Red Book of C.G. Jung," National Association for the Advancement of Psychoanalysis, New York

"The Red Book of C.G. Jung,": Association for Psychoanalytic Physicians, Washington, D.C.

"Psychodynamic Case Formulation" Washington, D.C, Howard University

"A Case Presentation Illustrating the Jungian Clinical Approach, Focusing in Archetypes, Collective Unconscious and Multigenerational Family Dysfunction," AAPDP and OPIFER conference, Genoa, Italy;

"The Red Book of C.G. Jung"; The Philadelphia Jungian Professional Club

"Description of Professional Formation in Analytic Psychology of C.G. Jung," AAPDP and OPIFER conference, Rome, Italy