Preliminary Program

64th Annual Meeting
(Virtual Meeting)

Examining Relationships and Connections

Friday, April 23 and Saturday, April 24, 2021

Program Co-Chairs:
Kimberly R. Best, MD
Sarah C. Noble, DO
Jessica E. Eisenberg, MD

Chair, Scientific Programs:
Joseph R. Silvio, MD

A Forum for Psychodynamic Psychiatry and Psychoanalysis

Registration is open to all mental health professionals and behavioral/social scientists.
AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY AND PSYCHOANALYSIS (AAPDPP)

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**Message from the Program Co-Chairs:** Whether we are describing interactions between mother and infant, parent and child, teenager and group, adult and group, or romantic and sexual partners, most psychodynamic phenomena occur in the context of relationships. It has been the purview of psychodynamic clinicians to develop a wide array of observations and conclusions that derive from relationships. Relationships and psychodynamics are the focus of this meeting. Transference, countertransference, and the therapeutic relationship as a whole are considered manifestations and reflections of relationships that occurred early in life. The theoretical understanding and clinical proficiency that students of psychodynamics can attain in this meeting will enhance their ability to engage patients, understand their immediate and historical psychosocial reactions, help patients navigate complex life events, as well as care for patients with long standing mental illness.

**Program:** Our Annual Meeting had to be cancelled in 2020 due to the Covid-19 pandemic and the 64th Annual Meeting is proceeding in a very unusual way. We have all been challenged over the last year in many ways and have developed new ways to maintain relationships despite masks, social distancing, and virtual meetings. The Program Co-Chairs hope that you can add what you’ve discovered about relationships and connection to our discussion.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis is the APA affiliate society that provides this forum for psychiatrists and collaborates with social workers, teachers, and psychologists. The Academy is also a member society of the World Psychiatric Association. Our annual meetings provide an opportunity to interact in a collegial and enriching relaxed environment.

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The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs. The AAPDPP is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).

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**AAPDPP Executive Office**
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**Conference Learning Objectives:** This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

**Gap #1:**
Improving treatment of patients by:
A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:
A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

**Gap #2:**
Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:
A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

**Target Audience:** Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents, and fellows; b) psychologists, interns, and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
FRIDAY, APRIL 23, 2021

Please note: all times in this program are Eastern USA time.

9:30 AM – 10:00 AM
ORIENTATION TO ZOOM
INFORMAL CHAT AND GREETINGS

10:00 AM – 10:45 AM
WELCOME AND ORIENTATION TO PROCESS

Joanna E. Chambers, MD, President
Joseph R. Silvio, MD, Chair, Scientific Programs
Kimberly R. Best, MD, Program Co-Chair
Sarah C. Noble, DO, Program Co-Chair
Jessica E. Eisenberg, MD, Program Co-Chair

10:45 AM – 12:00 PM
LESSONS LEARNED FROM THE PANDEMIC
Gerald P. Perman, MD (Washington, DC)
Kimberly R. Best, MD (Philadelphia, PA)
Saba Syed, MD (Los Angeles, CA) *
Eugenio M. Rothe, MD (Key Biscayne, FL)

12:00 PM – 12:15 PM - BREAK

12:15 PM – 1:15 PM
RELATIONALITY AND THE PSYCHOTHERAPEUTIC ENCOUNTER
Ricardo E. Arango, MD (New York, NY)

1:15 PM – 2:00 PM - BREAK

2:00 PM – 3:30 PM
APPROACHES TO INTEGRATION IN PSYCHOANLYTIC THEORY AND PRACTICE
Norman A. Clemens, MD (Chagrin Falls, OH)
Eve Caligor, MD (New York. NY) *
Jeffrey Katzman, MD (Albuquerque, NM)

3:30 PM – 3:45 PM - BREAK
3:45 PM – 4:45 PM  
**DIFFERENTIAL PSYCHOTHERAPEUTICS WORKSHOP**  
Deborah Cabaniss, MD (New York, NY)  
Yael Holoshitz, MD (New York, NY) *  
Jennifer Sotsky, MD (New York, NY) *  
Emma G. Golkin, MD (New York, NY) *

4:45 PM – 5:30 PM  
**SOCIAL NEUROPEPTIDES AND CORTISOL**  
Lisa A. Piazza, MD (New York, NY)

5:30 PM – 5:45 PM - BREAK

5:45 PM – 6:15 PM  
**PSYCHOANALYTIC REFLECTIONS ON A PANDEMIC**  
Ahron L. Friedberg, MD (New York, NY)

6:15 PM – 6:30 PM - **QUESTIONS & ANSWERS**

6:30 PM – 6:45 PM - BREAK

6:45 PM – 7:15 PM  
**TOWARD AN UNDERSTANDING OF THERAPEUTIC SPACE**  
Douglas H. Ingram, MD (New York, NY)

7:15 PM – 7:30 PM - **QUESTIONS & ANSWERS**

7:30 PM – 8:30 PM  
**SOCIAL EVENT**  
Watch your email and the Academy website  
([www.AAPDPP.org](http://www.AAPDPP.org))  
for more details of the Social Event.

**SATURDAY, APRIL 24, 2021**

9:00 AM – 9:30 AM  
**SIGN ON AND ORIENTATION**

9:30 AM – 11:15 AM  
**PSYCHOTHERAPY INTEGRATION: ADVANTAGES AND PITFALLS; HOW TO TEACH, HOW TO PRACTICE**  
Silvia W. Olarte, MD (New York, NY)  
César A. Alfonso, MD (New York, NY)  
Timothy B. Sullivan, MD (Staten Island, NY)
11:15 AM – 11:30 AM - BREAK

11:30 AM – 1:00 PM
*PEER PSYCHOPHARMACOLOGY WORKSHOP*
  Joseph R. Silvio, MD (Bethesda, MD)
  J. Raul Condemarin, MD (Boston, MA)

1:00 PM – 1:15 PM - BREAK

1:15 PM – 2:00 PM
*PSYCHIATRIST AS INTERPRETER: CASE OF PATIENT, RESIDENT AND SUPERVISOR*
  Yuri Cheung, MD (Riverside, CA)

2:00 PM – 3:00 PM
*REFLECTIONS OF A PAST PRESIDENT*
  Gerald P. Perman, MD (Washington, DC)

3:00 PM – 3:45 PM
*TRAUMA IN THE PERINATAL POPULATION: INFERTILITY, SUBSTANCE USE, AND THE EFFECTS OF ATTACHMENT*
  Joanna E. Chambers, MD (Indianapolis, IN)
  Ryan R. Harris, MD (Indianapolis, IN) *
  Jessica L.W. Mayer, MD (Indianapolis, IN)

3:45 PM – 4:00 PM - BREAK

4:00 PM – 5:00 PM
*ATTACHMENT TO YOUR THERAPIST-BLOG RESPONSIBILITIES*
  Jeffery S. Smith, MD (Scarsdale, NY)

5:00 PM – 6:00 PM
*AAPDPP BUSINESS MEETING*

6:00 PM – 7:30 PM
*PRESIDENTIAL ADDRESS*
  Safety: From the Paris Morgue to Oxytocin
  Richard M. Brockman, MD (New York, NY)

* Invited Speaker
MEETING REGISTRATION FORM
THE AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY
AND PSYCHOANALYSIS
65TH ANNUAL MEETING
FRIDAY, APRIL 23 – SATURDAY, APRIL 24, 2021

If you are not an AAPDP member, please tell us how you heard of this meeting:

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