PRELIMINARY PROGRAM

Psychodynamics:
Essential to the Issue of Suicide and Other Challenges to Modern Day Psychiatry

The
American
Academy of
Psychoanalysis
and Dynamic Psychiatry

57th Annual Meeting

May 16-18, 2013
The Westin St. Francis
335 Powell Street
San Francisco, CA 94102

A Forum for Psychoanalysis
and Dynamic Psychiatry

Registration is open to all mental health professionals and behavioral/social scientists.
AMERICAN ACADEMY OF PSYCHOANALYSIS AND DYNAMIC PSYCHIATRY

Psychodynamics:
Essential to the Issue of Suicide and Other Challenges to Modern Day Psychiatry

May 16-18, 2013
San Francisco, CA

Program Chair: Mary Ann Cohen, M.D.
CME Committee Chair: Silvia Olarte, M.D.
Chair of the Scientific Program Committee: Eugenio M. Rothe, M.D.

Conference Learning Objectives:
This meeting has been designated to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1: Improving treatment of patients by:
A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:
A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2: Enhancing training of residents and early career psychiatrists

Needs derived from this gap:
A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be improvement in competence or performance.
Definitions: “Competence” refers to knowing how to do something. “Performance” is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Psychiatrists, psychoanalysts, psychodynamic psychiatrists, psychosomatic medicine psychiatrists, psychologists, social workers, early career psychiatrists, trainees, residents, and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 20.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.
A Message from the Program Chair

Mary Ann Cohen, M.D.

The 2013 Annual Meeting program is both exciting and relevant to your practice of psychodynamic psychotherapy. This year’s theme emphasizes the significance of psychodynamic psychiatry in meeting the some of today’s most complex challenges. With suicide as paradigm, the program will cover topics that include the nature of psychodynamics, analytic psychology, psychodynamics of suicide and its aftermath, physician-assisted suicide, and combat-related trauma and its consequences. We will explore these challenges from biopsychosocial and cultural perspectives consistent with the mission of the Academy. We invite you to join us at the 2013 AAPDP Annual Meeting in the beautiful city of San Francisco.

Modern day psychiatry and medicine are under siege from disturbing internal and external pressures for productivity, efficiency, and cost containment. Some of these pressures result in less time for patients, defensive medicine, fragmentation of care, and dissatisfaction on the part of both physician and patient. Psychiatrists, psychodynamic psychiatrists, and their patients may be most exquisitely vulnerable to these pressures. Clinical challenges are magnified and care of patients compromised as productivity pressures mount. Suicide and other self-destructive behaviors are among the greatest challenges we face. In this meeting we will describe the nature of psychodynamic psychiatry using suicide as a paradigm. Our program is relevant for psychoanalysts, psychodynamic psychiatrists, child and adolescent psychiatrists, psychosomatic medicine psychiatrists as well as general psychiatrists, and trainees.

Our goal is to demonstrate the salience of psychodynamic psychiatry in the evaluation and care of patients, in maximizing life potentials, and in the prevention of suicide and other self-destructive behaviors. We explore the impact of pressures for productivity on countertransference and clinician satisfaction as well as patient satisfaction. Through film, symposia, workshops, and an emphasis on interactive participation of attendees we provide a reference frame for understanding psychodynamics as an essential component of modern day education and practice of psychiatry and medicine.

This year, thanks to the work of our 2013 Annual Meeting Program Committee and in conjunction with AAPDP President, Dr. Michael Blumenfield, CME Committee Chair, Dr. Silvia...
Olarte, and Scientific Program Committee Chair, Dr. Eugenio Rothe our topic is an exciting one and our three plenary speakers are internationally known award-winning psychiatrists. Our Opening Night Speaker, Mardi Horowitz, M.D., Distinguished Professor of Psychiatry at University of California San Francisco, has written 20 professional books and over 280 scientific articles in the fields of PTSD, stress, personality, and psychodynamic psychotherapy. His outstanding presentation, *Grieving as well as Possible*, will begin our program.

Our Keynote Speaker, Dilip Jeste, M.D., is President of the American Psychiatric Association. Dr. Jeste is the Estelle and Edgar Levi Chair in Aging, Director of the Sam and Rose Stein Institute for Research on Aging, and Distinguished Professor of Psychiatry and Neurosciences at the University of California, San Diego, and at the Department of Veterans Affairs San Diego Healthcare System. Dr. Jeste will present some of his ideas on the unique relationship between wisdom and aging in his keynote address on *Wisdom: From Psychology to Neuroscience*.

The Presidential Address will be presented by Herbert Pardes, M.D., former President of the American Psychiatric Association. He is Executive Vice Chairman of the Board of New York-Presbyterian Hospital and New York-Presbyterian Healthcare System and served as Director of the National Institute of Mental Health (NIMH) and U.S. Assistant Surgeon General during the Carter and Reagan administrations. Dr. Pardes was also appointed to serve on commissions related to health policy by Presidents George W. Bush and Bill Clinton, including the Presidential Advisory Commission on Consumer Protection and Quality in the Healthcare Industry and the Commission on Systemic Interoperability. Dr. Pardes will present his thoughtful work on health care policy in his address on *Psychodynamics in a Turbulent World of Health Reform*.

The meeting theme and program are consistent with the mission of the Academy “To provide a forum for the expression of ideas, concepts, and research in psychodynamic psychiatry and psychoanalysis” and “To constitute a forum for expression of and inquiry into the phenomena of individual motivation and social behavior.” It is also a great opportunity to network and collaborate with our colleagues, to reunite with old friends, and to meet new ones. To that end, we are planning to bring back the traditions of a cocktail party on Thursday night and a welcome reception on Friday night of the meeting as well as other chances to get together in the warm and welcoming atmosphere of our meeting. We will continue the tradition of the Award Dinner on Saturday night.

Our 2013 Annual Meeting promises to be a wonderful educational experience, a chance to share your ideas and network with colleagues in a beautiful setting. I hope to see you in San Francisco in May!

SAVE THE DATE
May 1-3, 2014
American Academy of Psychoanalysis and Dynamic Psychiatry
58th Annual Meeting
New York, NY
SCHEDULE OF EVENTS

THURSDAY MAY 16, 2013

7:00 PM
REGISTRATION

7:30 PM – 9:00 PM
OPENING SESSION

Welcome/Introduction: Eugenio Rothe, MD (Miami, FL)
Presenter: Mardi Horowitz, MD (San Francisco, CA)
Grieving as well as Possible

9:00 PM – 9:30 PM
OPENING NIGHT CASH BAR

FRIDAY MAY 17, 2013

7:30 AM – 9:00 AM
BUSINESS MEETING
AAPDP members and current applicants are invited to attend.

9:00 AM - 12 NOON
SYMPOSIUM I: ON THE NATURE AND CLINICAL APPLICATION OF PSYCHODYNAMICS
Chair: Crittenden Brookes, MD, PhD (San Francisco, CA)
Presenter: Joseph R. Silvio, MD (Bethesda, MD)
Some Thoughts on Psychodynamics
Presenter: Richard Friedman, MD (New York, NY)
Descriptive Psychiatry and Psychodynamics: Relationships in Assessment and Treatment Planning
Presenter: Clay Whitehead, MD (Chapel Hill, NC)
The Talking Cure and the Future of Psychodynamics
Presenter: Crittenden Brookes, MD, PhD (San Francisco, CA)
Discussion and Amplification of the Nature, Future and Clinical Use of Psychodynamics
Discussant: Crittenden Brookes, MD, PhD (San Francisco, CA)
9:00 AM – 10:30 AM
WORKSHOP I: TRANSCULTURAL AND INTERGENERATIONAL ASPECTS OF SUICIDE
Chair: Helen Ullrich, MD, PhD (New Orleans, LA)
Presenter: Helen Ullrich, MD, PhD (New Orleans, LA)
  Changing Patterns of Suicide in a South India Village
Presenter: Jane Tillman, PhD (Stockbridge, MA)
  Familial Dynamics and the Intergenerational Transmission of Suicide
Presenter: Eugenio Rothe, MD (Miami, FL)
  Suicidality and Acculturation in Hispanic Adolescents
Discussant: Jennifer I. Downey, MD (New York, NY)

10:30 AM – 12:15 PM
RESIDENTS' WORKSHOP: CLINICAL DILEMMAS AND THERAPEUTIC ISSUES - SPONSORED BY THE NEW YORK MEDICAL COLLEGE PSYCHOANALYTIC INSTITUTE
Chair: Douglas H. Ingram, MD (New York, NY)
Presenter: Elena F. Garcia-Aracena, MD (Brooklyn, NY)
  The Challenge of the Transference
Presenter: Pangiota Korenis MD (Eastchester, NY)
  When the Pregnant Psychiatrist in Training Delivers a Stillborn Baby: A Clinical Challenge
Presenter: Ubong Udoyen MD (New Haven, CT)
  Passive Suicidal Ideation in the Context of Alcohol Dependence: A Veterans Story
Discussant: Silvia Olarte, MD (New York, NY)
Discussant: César Alfonso, MD (New York, NY)
Discussant: Scott Schwartz, MD (New York, NY)

12:15 PM – 2:00 PM
WORKSHOP III: PARADOXICAL TRAGEDIES: SUICIDE AS IMPACT OF TRAUMA AND TRAUMA AS IMPACT OF SUICIDE
Chair: Mariam Cohen, MD (Scottsdale, AZ)
Presenter: Mariam Cohen, MD (Scottsdale, AZ)
  Effect of Maternal Suicide: A Case Presentation
Presenter: Nancy Lutwak, MD (New York, NY)
  Military Sexual Trauma, a Form of High Betrayal Trauma, Leads to Depression and Suicidality in Women as well as an Increased Risk of Cardiovascular Disease
Discussant: Debra Katz, MD (Lexington, KY)

12:15 PM – 1:45 PM
WORKSHOP IV: RELATIONAL SUICIDE RISK ASSESSMENT WITH PARTICULAR ATTENTION TO MEDICAL STUDENTS
Chair: Eugenio Rothe, MD (Miami, FL)
Presenter: Leonard M. Gralnik, MD, PhD (Miami, FL)
  Relational Suicide Risk Assessment: Risks, Resources, and Possibilities for Change
Presenter: Daniel Castellanos, MD (Miami, FL)
  Suicide and Medical Students
Discussant: Joanna Chambers, MD (Indianapolis, IN)
2:00 PM – 5:00 PM
SYMPOSIUM II: “DON’T CHANGE THE SUBJECT” – A DOCUMENTARY FILM ABOUT SUICIDE AND A DISCUSSION OF THE PSYCHODYNAMICS OF SUICIDE AND ITS AFTERMATH
Chair: Michael Blumenfield, MD (Woodland Hills, CA)
Filmmaker: Michael Stutz (Los Angeles, CA)
After the showing of the 90-minute film, “Don’t Change the Subject,” there will be an interview of the filmmaker, Michael Stutz, by Dr. Blumenfield. Using the film as catalyst, this interview will be followed by an interactive discussion with symposium attendees of the psychodynamics that prevent people from talking about suicide.

2:00 PM - 3:15 PM
WORKSHOP V: PSYCHODYNAMIC PSYCHOTHERAPY IN THE CARE OF PERSONS WITH MEDICAL ILLNESS – PRACTICAL APPLICATIONS AND CLINICAL RESEARCH
Chair: Eva Szigethy, MD, PhD (Pittsburgh, PA)
Presenter: Eva Szigethy, MD, PhD (Pittsburgh, PA)
The Effects of Psychotherapy on the Brain-Gut Axis: A Randomized Control Trial of Psychodynamic Psychotherapy versus Cognitive Behavioral Therapy in Depressed Youth with Inflammatory Bowel Disease
Presenter: Eileen Nudelman, MD (Baltimore, MD)
Psychotherapy with Adolescents in a Therapeutic Day School: Psychological Treatment for Biological Disorders
Discussant: Silvia Olarte, MD (New York, NY)

3:30 PM TO 5:00 PM
WORKSHOP VI: STATES OF MIND PRECEDING A NEAR LETHAL SUICIDE ATTEMPT: PRELIMINARY FINDINGS OF A MIXED METHODS STUDY
Chair: Jane G. Tillman, PhD, ABPP (Stockbridge, MA)
Presenter: Jane G. Tillman, PhD, ABPP (Stockbridge, MA)
Studying States of Mind Preceding a Near Lethal Suicide Attempt: Interpretative Phenomenological Analysis
Presenter: A. Jill Clemence, PhD (Albany, NY)
A Quantitative Analysis of Variables Related to Suicide Risk
Presenter: Katie C. Lewis, MA (Saratoga Springs, NY)
The Relationship between Personality Organization, Object Relations, Impulsivity, and Suicidal Behavior
Discussant: Gerald P. Perman, MD (Washington, DC)

5:30 PM - 7:00 PM
KEYNOTE ADDRESS
Introduction: Mary Ann Cohen, MD (New York, NY)
Presenter: Dilip Jeste, MD (La Jolla, CA)
Wisdom: From Psychology to Neuroscience
7:00 PM – 8:30 PM
ATTENDEES RECEPTION AND BOOK EXHIBIT
All registered attendees and speakers are invited to attend the reception. Members of the AAPDP and invited speakers of the Annual Meeting are welcome to display their published books and answer questions as part of a Book Exhibit during the reception. Contact the AAPDP Executive Office to reserve a space in the exhibit.

SATURDAY MAY 18, 2013

9:00 AM – 12 NOON
SYMPOSIUM III: JUNGIAN APPROACHES TO DEPRESSION AND SUICIDE
Chair: Thomas B. Kirsch, MD (Palo Alto, CA)
Presenter: Thomas B. Kirsch, MD (Palo Alto, CA)
Introduction to the Subject of Suicide: Jungian View
Presenter: John Beebe, MD (San Francisco, CA)
Jungian Contributions to the Understanding of Suicidal Depression
Presenter: Susan Calfee, PhD, MFT (Davis, CA)
Suicide, Symbolic Capacity, and Foreclosure
Presenter: Paul Fine, MD (Omaha, NE)
Psychodynamic Considerations in Homelessness and Suicide Thoughts
Presenter: Steven E. Zemmelman, MSW, PhD (San Francisco, CA)
There but for Fortune: Phil Ochs, Protest, and an Imaginal Exploration of the Transference-Countertransference Field
Presenter: Paul Watsky, PhD, ABPP (San Francisco, CA)
Suicide and Meaning – Jungian Approaches
Discussant: Crittenden Brookes, MD, PhD (San Francisco, CA)

9:00 AM – 10:00 AM
WORKSHOP VII: TRAUMA AND IDENTITY: A PSYCHOLOGICAL AUTOPSY
Chair: Sherry Katz-Bearnort, MD (New York, NY)
Presenter: Richard Brockman, MD (New York, NY)

10:00 AM – 12 NOON
SYMPOSIUM IV: PHASE-ORIENTED APPROACHES TO TREAT PTSD: UTILIZING ALTERNATIVE TECHNIQUES TO RAPIDLY STABILIZE AND NEUTRALIZE POSTTRAUMATIC REACTIVATIONS AND INTEGRATION INTO PSYCHODYNAMIC PSYCHOTHERAPY
Chair: Sherry Katz-Bearnort, MD (New York, NY)
Presenter: Anthony J. Tranguch, MD, PhD (New York, NY)
Neurobiologic Underpinnings of Post-Traumatic Reactivation and Resolution with Alternative and Integrative Approaches
Discussant: Richard Brockman, MD (New York, NY)
9:00 AM – 12 NOON
SYMPOSIUM V: THERAPEUTIC APPROACHES TO THE CARE OF SUICIDAL PATIENTS AND TO COUNTERTRANSFERENCES
Chair: Myron L. Glucksman, MD (Redding, CT)
Presenter: Eric Plakun, MD (Stockbridge, MA)
Alliance-Based Intervention for Suicide: A Psychodynamic Approach to Treating Suicidal Patients
Presenter: Peter Collori, MD (Stockbridge, MA)
A Fork in the Road: Emotional Reactions to Suicidal Patients
Presenter: Ronald Turco, MD (Portland, OR)
Freud and His Dogs: Love, Separation, Loss, and Healing
Presenter: Myron L. Glucksman, MD (Redding, CT)
Manifest Dream Content as a Predictor of Suicidality
Presenter: Scott Schwartz, MD (New York, NY)
Suicide Glorified: A Renaissance View of Death
Discussant: Eric Plakun, MD (Stockbridge, MA)

12:00 PM - 2:00 PM
SYMPOSIUM VI: PSYCHODYNAMIC TREATMENT OF THE SUICIDAL ADOLESCENT
Chair: Mark J. Goldblatt, MD (Cambridge, MA)
Presenter: Mark J. Goldblatt, MD (Cambridge, MA)
The Suicidal Adolescent: Developmental Issues, Separation-Individuation, and Hostile Introjects
Presenter: Elsa Ronningstan, PhD (Belmont, MA)
Psychodynamics of the Suicidal Adolescent
Presenter: Mark Schechter, MD (New York, NY)
Psychodynamic Treatment of a Suicidal Adolescent
Discussant: Clarice Kestenbaum, MD (New York, NY)

12:30 PM – 1:45 PM
PSYCHOPHARMACOLOGY PEER SUPERVISION WORKSHOP
Presenter: Joseph R. Silvio, MD (Bethesda, MD)
Presenter: Juan Raul Condemarin, MD (Brighton, MA)

12:30 PM – 1:45 PM
AN INTERVIEW WITH THE MASTERS: LEAH DAVIDSON, MD
Chair: Eugenio Rothe, MD (Miami, FL)
Interviewer: Gerald P. Perman, MD (Washington, DC)
Interviewee and Presenter: Leah Davidson, MD (New York, NY)
Ideological Suicide: Pathology or Inspiration?
2:00 PM – 3:30 PM
WORKSHOP VIII: THE THERAPEUTIC USE OF DREAMS
Chair: Myron L. Glucksman, MD (Redding, CT)
Presenter: Myron L. Glucksman, MD (Redding, CT)
Presenter: Milton Kramer, MD - in absentia (New York, NY)
This workshop is open to clinicians and residents. Attendees are invited to bring dream material for presentation and discussion.

2:00 PM – 5:00 PM
SYMPOSIUM VII: THE PSYCHODYNAMICS OF PHYSICIAN-ASSISTED SUICIDE: A HUMANISTIC APPROACH TO DEATH WITH DIGNITY
Chair: Lewis Cohen, MD (Northampton, MA)
Presenter: Kevin Hails, MD (Merion Station, PA)
Historical Perspective on Physician-Assisted Suicide: From the Greeks to the Present Day
Presenter: Lewis Cohen, MD (Northampton, MA)
Who Are the Death with Dignity Doctors?
Presenter: Philip Muskin, MD (New York, NY)
Psychodynamic Approach to Patients’ Requests for Hastened Death
Discussant: Asher D. Aladjem, MD (Paterson, NJ)

2:00 PM – 5:00 PM
SYMPOSIUM VIII: SUICIDE AND OTHER IMPORTANT PSYCHOLOGICAL ISSUES FACING THE US MILITARY
Chair: Michael Blumenfield, MD (Woodland Hills, CA)
Presenter: John Bradley MD (Boston, MA)
Veterans Administration and Department of Defense Clinical Practice Guideline for Prevention of Suicide
Presenter: Christopher Perry MD (Honolulu, HI)
Alcohol Use in the Military and the Relationship to Suicide
Presenter: George Brandt, MD (Littleton, CO)
Building the System of Care to Bring Them Home
Presenter: Judith Broder, MD (Studio City, CA)
Profound Effect of Combat and Multiple Deployment on Character Structure and Predisposition to Suicide
Discussant: Sheila Hafter Gray, MD (Washington, DC)

5:30 PM - 7:00 PM
PRESIDENTIAL ADDRESS
Introduction: Michael Blumenfield, MD (Woodland Hills, CA)
Presenter: Herb Pardes, MD (New York, NY)
Psychodynamics in a Turbulent World of Health Reform

7:30 PM – 9:00 PM
AWARDS DINNER
Additional registration and fee required. Details on this event will be announced shortly.
MEETING REGISTRATION FORM
American Academy of Psychoanalysis and Dynamic Psychiatry
57th Annual Meeting
San Francisco, CA
May 16-18, 2013

Advance registration is recommended. Badges will be held at the AAPDP Registration Desk at the hotel.

If you are not an AAPDP member, please tell us how you heard of this meeting:

- □ Referred by a Member
- □ Ad
- □ Website
- □ Mail
- □ Other

Please type or print clearly:

Name & Degree ____________________________________________________________

Address ________________________________________________________________________________________________

City, State, Zip ______________________________________________________________

Phone ________________________________ Fax ________________________________

E-Mail ________________________________________________________________________________________________

Professional Specialty ______________________________________________________

* Guests requiring Continuing Medical Education credits should register as non-member professionals.

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- □ Candidate, Psychoanalytic Institute *(Requires current letter from Training Director)* $55.00 $75.00
- □ Resident in Psychiatry or Medical Student *(Requires Resident/Medical Student ID)* No Charge No Charge
- □ Student *(Full time Student ID Required)* $55.00 $75.00

Total Registration Amount $__________________________

MASTERCARD AND VISA ACCEPTED (please circle one)

Card No. ____________-____________-____________-____________

Exp. Date: ____________ / ____________

Signature ________________________________________________

Please complete and return this form with your check (in US dollars and drawn on a US Bank) or credit card information:

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