

**Myron L. Glucksman, MD**

68 Marchant Road

West Redding, CT 06896

203-938-1188

[Glucksmanmd@optonline.net](mailto:Glucksmanmd@optonline.net)

Dr. Glucksman is a Clinical Professor of Psychiatry, New York Medical College and an Attending Psychiatrist at Danbury Hospital in Danbury, CT. At The Psychoanalytic Institute of the New York Medical College, he is a Training and Supervising Analyst and on the Faculty of the Certification Course in Psychodynamic Psychotherapy. He supervises psychiatric residents and teaches a course on psychodynamic psychotherapy to PGY-III and IV residents at the New York Medical College. He maintains a clinical practice in general psychiatry and psychoanalysis in Connecticut and New York City. In addition to more than 50 articles published in professional journals, he has co-edited two books on the topics of affect and dreams. His own book "Dreaming: An Opportunity for Change" is concerned with understanding and using dreams during treatment. Research interests have included biofeedback psychotherapy, obesity, affect, the interface of neurobiology and psychoanalysis, the therapeutic relationship, the therapeutic process, and using dreams to predict, facilitate and document clinical change.

**Grand Round Topics:**

Using dreams to assess clinical change, predict core psychodynamic issues, and as an instrument to understand and interpret clinical material.

The Therapeutic Relationship: the roles of transference and the real relationship as facilitators of clinical change.

Curative Factors in Psychodynamic Psychotherapy: the roles of insight, transference, and the real or new object relationship.

Combined Psychotherapy and Pharmacotherapy: an appreciation of the interaction between neurobiology, psychotropic medication and psychotherapy