

Ferruccio Osimo, M.D.

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Dr. Osimo was trained in psychotherapy at the Tavistock Clinic. He is a leading clinician in the field of term dynamic psychotherapy. He teaches at Milan University and has been President of the International Experiential Dynamic Therapy Association. He founded the Italian and English EDT Core Training programs. D.H. Malan. Along with D. H. Malan, Dr. Osimo co-authored a book based on an outcome study of short-term dynamic psychotherapy. Dr. Osimo's work and video presentations have been presented in Europe, North America, South America and Israel, as well as in Italy. His approach is to focus on the patient's whole person, not their pathology, and to value the therapeutic relationship as a real human interchange.

Selected References

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Professional Affiliations

Adjunct Professor, School of Specialty in Psychiatry at Medical Faculty, Università Statale di Milano

Founding Member and Past-President, International Experiential Dynamic Therapy Association, New York (IEDTA)

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Founding Member and Training Lead, Experiential Dynamic Therapy United Kingdom, London

Member of the Board of Directors and former Treasurer of OPIFER, Organization and Roster of Italian Psychoanalysts

Fellow of the American Academy of Psychoanalysis and Dynamic Psychiatry