

# **Ethical Aspects of Psychodynamic Psychotherapy**

*Learning Boundaries: Principles, Practice, Pitfalls<sup>1</sup>*

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Dr. Cohen is in private practice of psychiatry and psychoanalysis in Scottsdale, AZ. She is on the faculty of the psychiatric residency at Banner Good Samaritan Medical Center in Phoenix, AZ, where she teaches psychodynamic psychotherapy. She is a Faculty Associate in the School of Historical, Philosophical, and Religious Studies, Arizona State University, where she is a Ph.D. candidate in religious studies. She is a Psychoanalytic Fellow and a member of the Board of Trustees of the AAPDP.

Research interests focus on the role of psychodynamic assessment in treatment planning and the role of religion and spirituality in psychotherapy.

**Selected publications and presentations:**

Da Vinci Dynamically Decoded, 48th Winter Meeting, American Academy of Psychoanalysis and Dynamic Psychiatry, Washington, D.C., December 2004;

*Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*  
33:729-740, 2005

The Role of Spirituality in Dynamic Psychotherapy, 48th Winter Meeting, American Academy of Psychoanalysis and Dynamic Psychiatry, Washington, D.C.,  
December 2004

Co-editor (with Spero, MH), Special Issue: The God Representation in the Psychoanalytic Relationship: When Is Three a Crowd? *Journal of the American*

*Academy of Psychoanalysis and Dynamic Psychiatry*, Vol. 37, Spring 2009

An Old God Awakens, Briefly, *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, Vol. 37, No. 1, p. 35-48, 2009



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David Mintz, M.D., is a graduate of the Cambridge Hospital/Austen Riggs Center Combined Residency Program and completed a Fellowship in Psychodynamic Psychotherapy at Austen Riggs, where he is Director of Psychiatric Education. His primary interests involve psychosocial factors in psychopharmacology, particularly in relation to treatment-resistance and treatment outcome, psychodynamic aspects of medical education and developmental processes involved in becoming a psychiatrist. He is on the Education Committee of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Medical Student Education Committee of the American Psychoanalytic Association.

**Recent Presentations:**

- “Recovery From Childhood Psychiatric Treatment” AAPDP Annual Meeting, Honolulu, HI, May 13, 2011.
- “A Psychodynamic Approach to Treatment Resistant Mood Disorders: Breaking Through Complex Comorbid Treatment Resistance by Focusing On Axis II ”APA Annual Meeting, Honolulu, HI, May 17, 2011.
- Psychiatry Grand Rounds: “Meaning and Medication: Psychodynamic Approaches to the Treatment Resistant Patient,” Yale, New Haven, CT, July 22, 2011.

**Recent Publications:**

Mintz D., “Teaching the Prescriber Role: The Psychodynamics of Psychopharmacology.” *Academic Psychiatry*, 2005, Vol 29(2): 187-194.  
Mintz D., “Psychodynamic Trojan Horses: Using Psychopharmacology to Teach Psychodynamics.” *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006, 34(1): 151-161.  
Mintz D & Belnap BA., “What is Psychodynamic Psychopharmacology: An Approach to Pharmacologic Treatment Resistance.” *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006, 34(4): 581-601.



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Dr. Rasimas he attended the University of Scranton and graduated *summa cum laude* with degrees in biochemistry, mathematics, and philosophy. He completed the Medical Scientist Training Program at Penn State University, earning a Ph.D. in Chemical Biology (2002) and M.D. (2003). Upon graduation from the Penn State College of Medicine, Dr. Rasimas was honored for excellence in both psychiatry and medical toxicology. He matriculated to psychiatry residency training at the Mayo Clinic in Rochester, Minnesota.

Dr. Rasimas received the National Institute of Mental Health (NIMH) Outstanding Resident Award in 2005 and was recognized by the American College of Psychiatrists with the Laughlin Fellowship in 2007. He is a member of a number of academic honor societies as well as the Association for the Advancement of Philosophy and Psychiatry. He has studied psychotherapy at the Minnesota Psychoanalytic Society and Institute and the Washington School of Psychiatry. Dr. Rasimas was a clinical fellow at the NIMH, training in consultation-liaison psychiatry, bioethics, and clinical research. He has served as a staff psychiatrist for Hershey Medical Center and remains an Associate Professor of Psychiatry and Emergency Medicine for the Penn State College of Medicine, there. He completed a medical toxicology fellowship, obtained board certification in Addiction Medicine, and then returned to NIMH to join the Intramural Research Program. Dr. Rasimas is pursuing an academic medical career at the interface of psychosomatic medicine, medical toxicology, and psychodynamic psychotherapy. His primary areas of clinical interest are pharmacotherapeutics, neuropsychiatric toxicity, psychoanalysis, and the phenomenology of suicide.