

## **Dreams in Psychodynamic Psychotherapy**

**Elizabeth Haase, M.D.**

**Thomas Kalman, M.D.**

**Thomas Kirsch, M.D.**

**Myron Glucksman, M.D.**

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**Elizabeth Haase, MD**  
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Dr. Haase completed her medical degree at Yale University and her residency at Columbia University Medical Center. She remained at Columbia University to complete a fellowship in consultation-liaison psychiatry and a certificate in psychoanalysis. These trainings inform her approach to patients, teaching and writing, which is characterized by a thorough explication of both biological and psychodynamic contributions to a given clinical presentation. She serves on the Committee for Human Sexuality for the Group for the Advancement of Psychiatry and the Editorial Board of the Journal of Dynamic Psychiatry, both under Drs. Jennifer Downey and Richard Friedman, and will be working this year on the program committee for a new center devoted to the interdisciplinary study of the mind under Dr. Edward Nersessian.

The recipient of two teaching awards, Dr. Haase teaches courses on psychosexual development, advanced psychoanalytic theory, and human pain through the Columbia University residency training program and Chinese American Psychoanalytic Alliance, where she is consistently rated one of the most clear and relevant teachers. Recent presentations include a panel on internet dating for B'nai Brith New York and a workshop on sexuality for a local religious community. The author of several papers and chapters, Dr. Haase's current writing interests include theories of perversion, the relationship between mood states and romantic love, and the psychology of shame.

**Presentations:**

Pain Management for the Psychiatric Resident  
Psychosexual Development from Birth to Middle Age  
Romantic Love in the Bipolar Patient  
Personality Disorders in the Headache or Medical Patient

**Any of the theory lectures:**

Obsessional Neurosis, Hysterical Personalities, Schizoid Personalities, Narcissistic Personalities, Borderline Personalities, Ego Psychologists from Anna Freud to Heinz Hartman, The Work of: Melanie Klein, Wilfred Bion, WRD Fairbairn, Otto Kernberg, Margaret Mahler, Heinz Kohut, Donald Winnicott, Attachment Theory, Relational Theory, Dreamwork, Female Sexual Development, Perversions and Perverse Character Structure, Sadomasochism



**Thomas Kalman, M.S., M.D.**  
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Dr. Kalman is Clinical Associate Professor of Psychiatry, Weill Medical College of Cornell University, and Adjunct Associate Professor of Psychiatry, NY Medical College. He has maintained a private practice in general psychiatry and psychoanalysis for over thirty years, integrating different techniques and understandings along with a primarily psychodynamic orientation. Dr. Kalman's current areas of interest and research involve split-treatment arrangements and the problem of inadequate communication between professionals treating the same individual. Other recently presented and published work involves problematic Internet use, specifically pornography. Dr. Kalman's other graduate degree is in health care administration, and he remains interested in health care delivery, economics, and policy.

#### **Recent publications and presentations**

Clinical Encounters with Internet Pornography. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*: 36:593-618, 2008

Kalman TP and Goldstein, MA, Satisfaction of Manhattan psychiatrists with private practice.

Assessing the impact of managed care. *Journal of Psychotherapy Practice and Research*; 7:250-8, 1998

"Clinical Encounters with Internet Pornography," Grand Rounds, Dept. of Psychiatry, Weill-Cornell Medical College, New York, NY, October 2008; Personality Disorders Conference, NY Presbyterian Hospital, Westchester Division, White Plains, NY, June 2009

"Do Psychotherapists speak to Psychopharmacologists about their Mutual Patients?" Grand Rounds, Dept. of Psychiatry, Metropolitan Hospital Center, New York, NY, April, 2010; Dept. of Psychiatry, Queens Hospital Center, Jamaica, NY, October 2010; Sheppard Pratt Hospital, Baltimore, MD, October 2010; Westchester County Medical Center/New York Medical College, February 2011

"Can we talk? Do Psychotherapists speak to Psychopharmacologists?" Paper presentation, Annual meeting of The American Psychiatric Association, New Orleans, LA, 2010



**Thomas B. Kirsch, M.D.**

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Dr. Kirsch is a Jungian Analyst practicing in Palo Alto since 1968.

For 25 years he was on the Faculty in the Department of Psychiatry at Stanford University. He is a Fellow of the American Academy of Psychoanalysis, member of the International Association for Analytical Psychology and of the C.G. Jung Institute of San Francisco.

He is past president of the C.G. Jung Institute of San Francisco and past President of the International Association of Analytical Psychology. He was deeply involved in opening up the Soviet Union and Eastern Europe to analytical psychology.

He has lectured world wide on the history of analytical psychology, the therapeutic process, dreams, and Jungian identity in the Depth Psychology world.

He authored 35 papers, many book chapters, and '*The Jungians*'-a sociological study of the Jungian movement. Most recently he has written a preface to the Correspondence between C.G. Jung and James Kirsch.

For the past four years he has been teaching Analytical Psychology in Taiwan and Hong Kong,. His most recent trip was in November of 2011.

He has been on the board of the Archive for Archetypal Symbolism since 1999. This is an image catalogue of 17000 pictures located in New York ([www.aras.org](http://www.aras.org)).

He has also been the chair of Extended Education for the C.G. Jung Institute of San Francisco where he has sponsored history conferences in depth psychology, conferences on the *Red Book*, 'Jung and Freud today', and 'Jung and Judaism'. Most recently he has been involved in discussions of the new movie, *A Dangerous Method*.



**Myron L. Glucksman, MD**

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Dr. Glucksman is a Clinical Professor of Psychiatry, New York Medical College and an Attending Psychiatrist at Danbury Hospital in Danbury, CT. At The Psychoanalytic Institute of the New York Medical College, he is a Training and Supervising Analyst and on the Faculty of the Certification Course in Psychodynamic Psychotherapy. He supervises psychiatric residents and teaches a course on psychodynamic psychotherapy to PGY-III and IV residents at the New York Medical College. He maintains a clinical practice in general psychiatry and psychoanalysis in Connecticut and New York City. In addition to more than 50 articles published in professional journals, he has co-edited two books on the topics of affect and dreams. His own book “Dreaming: An Opportunity for Change” is concerned with understanding and using dreams during treatment. Research interests have included biofeedback psychotherapy, obesity, affect, the interface of neurobiology and psychoanalysis, the therapeutic relationship, the therapeutic process, and using dreams to predict, facilitate and document clinical change.

**Grand Round Topics:**

Using dreams to assess clinical change, predict core psychodynamic issues, and as an instrument to understand and interpret clinical material.

The Therapeutic Relationship: the roles of transference and the real relationship as facilitators of clinical change.

Curative Factors in Psychodynamic Psychotherapy: the roles of insight, transference, and the real or new object relationship.

Combined Psychotherapy and Pharmacotherapy: an appreciation of the interaction between neurobiology, psychotropic medication and psychotherapy



**Silvia W. Olarte, M.D.**

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Dr. Olarte is an APA Distinguished Fellow and a Fellow of the AAPDP. She is Clinical Professor of Psychiatry and training and supervising psychoanalyst at the Psychoanalytic Institute at New York Medical College. She has been president of the Association of Women Psychiatrists and of the American Academy of Psychoanalysis and Dynamic Psychiatry. She practices psychodynamic psychiatry in New York City.

She devoted much of her earlier career to serving the Latino deprived population in New York City at Metropolitan Hospital where she was Outpatient Department Director and s Acting Director of Psychiatry. At the APA, among others, she has served on the Committee of International Medical Graduates, the Committee on Hispanics and the Committee on Women, chaired the task force on Educating Psychiatrists on Ethical Issues and the former Council on National Affairs. She has been the recipient of the APA George Tarjan Award and the APA Alexandra Symonds Award, the APA Special Presidential Commendation and the AAPDP Presidential Award.

She has published over 30 articles and presented, discussed, or chaired numerous presentations on women's issues, ethical issues, boundaries violations, psychodynamic treatment of deprived populations, and changes in psychodynamic practices.

**Recent Presentations:**

- Dynamic Psychiatry in the United States (WPA Congress, Buenos Aires 2011 and Chulalongkorn University Medical School Thailand 2012)
- The Psychiatrist as Internist of the Mind (AAPDP, Philadelphia 2012)
- The Impact of Culture on Gender, Clinical Implications” (AAPDP, New York, 2004)
- “Leadership and Minority Women, Transcultural Experiences” (World Congress Women's Mental Health, Washington, 2004)
- “Boundary Violation, Clinical and Ethical Consequences” (Fifth World Congress on Depression, Mendoza, Argentina, 2003)
- “Women Psychiatrists; Personal and Career Choices: Implications for the future”. (APA, Philadelphia 2012)



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Dr. Scarcella received her medical degree from the University of Rome, specializing in neurology and psychiatry and received additional training in psychiatry at the George Washington University and St. Elizabeth Hospital. She is Assistant Clinical Professor at George Washington University, Designated Physician of the Embassy of Italy and President of Jung Society of Washington DC. She is a Distinguished Fellow of the American Psychiatric Association and a member and past Trustee of the American Academy of Psychoanalysis and Dynamic Psychiatry. She is in full-time private practice of psychiatry and psychoanalysis in Washington, D.C.

She serves on the Board of the Consortium for Psychoanalytic Research and is past President of American Society of Psychoanalytic Physicians. She is active in the Washington Psychiatric Society and was Founder of the Embassy Disaster Preparedness, a humanitarian project designed to assist international victims of disasters. She is a recipient of the APA Bruno Lima Award.

**Presentations:**

"The Red Book of C.G. Jung," National Association for the Advancement of Psychoanalysis, New York

"The Red Book of C.G. Jung,": Association for Psychoanalytic Physicians, Washington, D.C.

"Psychodynamic Case Formulation" Washington, D.C, Howard University

"A Case Presentation Illustrating the Jungian Clinical Approach, Focusing in Archetypes, Collective Unconscious and Multigenerational Family Dysfunction," AAPDP and OPIFER conference, Genoa, Italy;

"The Red Book of C.G. Jung"; The Philadelphia Jungian Professional Club

"Description of Professional Formation in Analytic Psychology of C.G. Jung," AAPDP and OPIFER conference, Rome, Italy