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Alfonso's earlier research career and publications focused on HIV psychiatry, bioethics and psycho-oncology. His recent body of work includes the study of determinants of treatment adherence from psychodynamic and attachment theory perspectives.

Dr. Alfonso served as President of the AAPDP from 2010-2012. He is currently serving in the Psychoanalysis in Psychiatry Section of the World Psychiatric Association. He was Associate Editor and Book Review Editor of the *JAAPDP*. He has reviewed manuscripts in multiple peer reviewed journals such as *Annals of Internal Medicine*, *Psychosomatics*, *JAAPDP*, and *Transcultural Psychiatry*. He practices in New York City.