Dr. J. Christopher Fowler, Associate Director of Clinical Research at the Menninger Clinic, Baylor College of Medicine, Houston, will present relevant clinical research on treatment-resistant psychiatric disorders. He will introduce some instruments that clinicians may use to assess patients who present with severe and persistent mental disorders, including a Global Measure of Psychiatric Severity. Fowler will also spell out the benefits of the Practice Research Network approach in mental health research that is particularly useful for clinicians in private practice.

The research community tends to view treatment resistance as a function of a single psychiatric disorder, but this view does not comport with the experience of clinicians. Many individuals do not get well despite best efforts, usually because of co-occurring disorders or rigid adaptive styles.

This daylong conference will address gaps in our understanding of the crosscutting dimensions of “severity” and “dysfunction” to test whether these phenomena may be clinically relevant behavioral markers for treatment resistance.

Prior to the conference, attendees will anonymously rate two of their own cases on scales provided in advance of the conference, including the evidence-based Defensive Functioning Scale. During the morning presentations, psychology trainees will analyze the data. The afternoon session will include an interactive discussion of the results of the research exercise that will allow participants to self-assess their approach to patients. Thereafter, two clinician-researchers will moderate the summary discussion to amplify and wrap up the day’s work.

At the conclusion of the conference, the participant should be able to:
1. Integrate evidence-based elements into his/her clinical practice.
2. Conduct efficient clinical assessment of psychiatric severity to improve treatment planning and monitoring of progress and outcomes.
3. Cooperate with colleagues to contribute to the evidence base for psychodynamic treatments.
Sheila Hafter Gray, MD* is a Teaching Analyst in the Baltimore Washington Institute for Psychoanalysis and Adjunct Professor of Psychiatry at the Uniformed Services University of the Health Sciences. She is a Trustee of the CPR, Inc.

*Disclaimer: The opinions or assertions expressed at this conference are the private views of the presenter and are not to be construed as official or as reflecting the views or policies of the Department of Defense or any of its affiliated institutions.

CONSORTIUM MEMBERS

American Society of Psychoanalytic Physicians
Association for Psychoanalytic Thought
Baltimore-Washington Institute for Psychoanalysis
Greater Washington Society for Clinical Social Work
Institute for Contemporary Psychotherapy and Psychoanalysis
International Psychotherapy Institute
Jung Society of Washington
Jungian Analysts of Washington Association
Washington Center for Psychoanalysis
Washington Professionals for the Study of Psychoanalysis
Washington Psychiatric Society
Washington School of Psychiatry

In cooperation with:
American Academy of Psychoanalysis and Dynamic Psychiatry
American Society of Psychoanalysis and Dynamic Psychiatry
Association for Psychoanalytic Thought
Baltimore-Washington Institute for Psychoanalysis
Greater Washington Society for Clinical Social Work
Institute for Contemporary Psychotherapy and Psychoanalysis
International Psychotherapy Institute
Jung Society of Washington

REGISTRATION

Registration Deadline: January 25, 2012

Registration Fee:
$75 General
$40 Full-time Students and Active Military
(Enclose official documentation of status with registration)
Morning coffee with pastry and a boxed lunch included with advance registration.

There are two ways to register:
1. Go online to http://CPRincDC.eventbrite.com or
2. Send Registration Form and Check to:
   Consortium for Psychoanalytic Research, Inc.
   P.O. Box 40612 Palisades Station
   Washington, D.C. 20016-0612
   (Enclose official documentation of status with registration)

For Physicians: 6 CE credits will be awarded. The Jungian Analysts of Washington Association (JAWA) is approved by the American Psychological Association to sponsor continuing education for psychologists. JAWA maintains responsibility for this program and its content.

For Psychologists: 6 CE credits will be awarded. The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 6 AMA PRA Category 1 Credits ™. Physicians should claim only credits commensurate with the extent of their participation in the activity.

For Social Workers: 6 hours of Category 1 credit will be awarded by the Greater Washington Society for Clinical Social Work.

How did you hear about the conference?

FINANCIAL DISCLOSURES

Faculty Members making disclosures: None

All members of the Program Committee for this course, listed below, have signed Financial Disclosure Forms indicating no disclosures:
K. Cook-Deegan, MA, MPA, Diplomate; B. Eisenberg, PhD; S. Hafter Gray, MD; B. Eisenberg, PhD; B. Gallagher, MSW, LICSW; G. Kirschner, MD; D. Marks, MSW, LICSW-C; L.S. Moore, PhD; G.P. Perman, MD; E. Scarcella, MD

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DISCUSSANTS

Bonnie Gallagher, LICSW is the current President of the CPR, Inc. and also of the Association for Psychoanalytic Thought, an affiliate program of the Baltimore Washington Center for Psychoanalysis. She is in private practice in Washington, D.C. Additionally, she provides psychotherapy to patients with dementia and is a consultant to a community mental health project to train clinical supervisors who work with children and adolescents.

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