

*American Academy of Psychoanalysis and Dynamic Psychiatry's
56th Annual Meeting*

*Psychodynamics in Contemporary Psychiatry:
Mutual Influences*

Philadelphia, PA

Co-Chairs: Kimberly Best, M.D. & Eugene Della Badia, D.O.

Chair of Scientific Programs: Eugenio Rothe, M.D.

CME Chair: Silvia Olarte, M.D.



**AMERICAN ACADEMY OF PSYCHOANALYSIS
AND DYNAMIC PSYCHIATRY**

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The Academy is where physician psychoanalysts and psychodynamic psychiatrists: discover a forum for exchange of ideas; find a voice within the APA to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.

AMERICAN ACADEMY OF PSYCHOANALYSIS AND DYNAMIC PSYCHIATRY
Psychodynamics in Contemporary Psychiatry: Mutual Influences

May 3-5, 2012
Philadelphia, PA

Program Chair: Eugene Della Badia, D.O., and Kimberly Best, M.D.

CME Committee Chair: Silvia Olarte, M.D.

Chair of the Scientific Program Committee: Eugenio M. Rothe, M.D.

Conference Learning Objectives:

This meeting has been designated to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1: Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2: Enhancing training of residents and early career psychiatrists

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be improvement in competence or performance. Definitions: "Competence" refers to knowing how to do something. "Performance" is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Those interested in the recent developments and clinical application of psychodynamic approaches: a) Psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents and fellows. b) Psychologists, interns and students of psychology. c) Social workers, students of social work. d) Allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 21.25 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.

56th Annual Meeting



In recent years with the explosion of information in the neurosciences, contemporary psychiatry has made tremendous advances, which has led to a better understanding of mental illness. This biological focus, however, has caused a shifting of attention away from psychological intervention and replaced it with the idea that biological treatment is sufficient to treat mental illness. This reductionism has caused a split between biologic psychiatrists and psychodynamic psychiatrists. This split hurts our patients and leads to less than optimal care.

If we look at the data, current research has shown that psychological interventions can have a marked measurable effect on the brain and can alter the responses of the brain to biochemical factors. We have seen how psychological interventions can improve the outcome of many physical problems. Much of this research is very exciting and underscores the synergistic effect of biology and psychology in our work with patients.

As psychodynamic psychiatrists we can make a unique contribution to psychiatry. Through psychodynamic understanding of our patients we can deal with transference and countertransference problems. We can use our skills to unearth unconscious conflicts that many times sabotage psychiatric treatment. We can teach residents and young psychiatrists to develop an understanding of their patients that will help them build therapeutic relationships that lead to better outcomes. We are challenged do this in a context backed by good clinical research and evidence based treatment.

In this meeting we will explore psychodynamic approaches to biological, social and psychological problems in psychiatry. We will also focus on how current research in neuroscience and genetics has impacted the practice of psychodynamic psychotherapy.

Program:

The program for this meeting will strive to present psychodynamic understanding, through clinical material and research, which will lead to interventions in psychiatric difficulties. It will also look at complex problems where psychodynamic approaches in regard to social, cultural and psychological issues help manage difficult situation. Scientific research will be presented on the impact of neuroscience on psychodynamic psychotherapy. Our goal is to show how psychodynamic formulation and treatment are at the core of psychiatric practice. This cannot be done without demonstrating how biologic discoveries have influenced psychodynamic thinking.

Target Audience:

Psychiatrists, psychologists, social workers, early career psychiatrists, residents, and students.

Hotel Information



Loews Philadelphia Hotel

**1200 Market Street
Philadelphia, PA19107**

The Loews Philadelphia Hotel is conveniently located in Downtown Philadelphia, just one block from the Convention Center.

A special block of rooms has been reserved for Academy Members at the Loews Philadelphia Hotel. Academy Members should contact the AAPDP Executive Office at 888-691-8281 or info@aapdp.org for details on how to make their room reservations.

Be sure to stay for the **American Psychiatric Association's Annual Meeting** May 5-9, 2012 at the Convention Center. If you plan to attend both meetings, you may visit the [APA's website](#) for information on travel and additional local hotels. Discounts are available on their website at: <http://www.psych.org/annualmeeting>.

Registration is open to all mental health professionals and behavioral/social scientists. Register by [clicking here](#) or go to page 13 for the printable registration form which can be mailed or faxed to the Academy Office. Be sure to register early!

Highlights

Thursday, May 3, 2012



Opening Session
7:30 p.m. - 9:00 p.m.

John Oldham, M.D. (Houston, TX)
President of the American Psychiatric Association (APA)

Personality Disorders and DSM-5

This presentation will begin with a brief reference to the views about personality held by selected early descriptive psychiatrists. The origins of the Diagnostic and Statistical Manual of Mental Disorders (DSM) of the APA will be presented, and how the personality disorders (PD) have been classified in each DSM edition. New longitudinal research data will be presented that call into question some current assumptions about the PDs and special attention will be focused on borderline PD. The proposed changes being considered for the PDs that are presently posted on the DSM5 website of the APA will also be discussed.

Friday, May 4, 2012



Plenary Session
2:00 p.m.—3:30 p.m.

Henri Parens, M.D. (Bala Cynwyd, PA)
Professor of Psychiatry at Jefferson Medical College and training and supervising analyst at the Psychoanalytic Center of Philadelphia.

A Self-Study of Resilience: Healing from the Holocaust

Healing from the Holocaust is a life-long process; that it is so, tells us that total healing from such massive trauma may not be

achievable. This presentation will challenge the audience to consider the author's self study of resilience and whether resilience can be optimized in our patients and even applied to the prevention of mental ill-health. Participants will also learn about the processes and factors known to make for resilience and that are the product of resilience.



Keynote Address
5:30 p.m. - 7:00 p.m.

Salman Akhtar, M.D. (Philadelphia, PA)
Professor of Psychiatry at Jefferson Medical College and training and supervising analyst at the Psychoanalytic Center of Philadelphia

Psychoanalytic Perspectives on Human Goodness: Theory and Technique

This presentation will offer evidence for the fact that psychoanalysis does have a perspective on human 'goodness.' Adding the pertinent notions of four later analysts (Melanie Klein, Donald Winnicott, Erik Erikson and Wilfred Bion) to the life-affirming ideas hidden beneath Freud's avowed pessimism about human nature, Dr. Akhtar will distill the attribute of a "good" person. These include a) rationality, restraint and epistemic enthusiasm, b) humility, gratitude, empathy and reparative drive, c) authenticity, concern for others, and playfulness, d) trust, generativity, and care, and e) truthfulness and faith. This presentation will address the objections that can be leveled against such a conclusion. The presentation will also underscore that the role played by human "goodness" in the conduct of analytic therapy is by no means trivial.

Highlights

Saturday, May 14, 2011



Residents' Luncheon
12:15 p.m.—1:45 p.m.

Heather Forouhar Graff, M.D. (*West Hartford, CT*)

PGY-1 Hartford Hospital, Psychiatry

The Nocebo Effect: Is My Psychiatrist Just a Sophisticated Bully?

The nocebo effect is a phenomenon whereby the expectation and anticipation of a negative outcome may induce the appearance or worsening of symptoms. The nocebo concept has only recently begun to enter mainstream awareness. There are certain populations of patients, who have a persistent pattern of expecting and anticipating negative outcomes despite verbal suggestion otherwise. When side effects do occur, they are analyzed from a purely physical point of view. Awareness of nocebo responses may help to better elucidate the mechanism of medication non-responsiveness and intolerance. Inherent in the difficulty of distinguishing between nocebo responses and true medication side effects, is the acknowledgment that the physician can seldom be *certain* whether the physical symptoms experienced by the patient are primarily of psychological or physical origin. The goal of treatment in nocebo responses is first to recognize that it has occurred and to consider why it has occurred. This presentation aims to bring increased awareness to the nocebo phenomenon and provide an initial framework to help physicians identify who is at risk for developing nocebo responses, identifying nocebo responses when they so occur, identifying strategies for preventing nocebo

responses and optimize treatment interventions in nocebo responders.



Presidential Address
5:30 p.m.—7:00 p.m.

Debra Katz, M.D. (*Lexington, KY*)

Psychiatric Fellow of the AAPDP and Vice Chair for Education at the University of Kentucky, Department of Psychiatry

Inspiring Interest in Psychodynamic Psychiatry and Psychoanalysis: National Survey Data and Implications for the Future

There is little data from trainees on their level of interest and desire to pursue further training in psychodynamic psychiatry and/or psychoanalysis. Studies are emerging that confirm that psychiatric residents still seek to know their patients in deeper ways and are motivated to practice psychotherapy, but that there are many obstacles. Data from several studies will be presented including (1) a survey of 75 psychiatry residents from five small to medium sized residency programs without a significant psychoanalytic presence, (2) a national survey of 226 current psychoanalytic candidates, and (3) a survey of 66 residents and 43 faculty members from the three programs that have received the Teichner Award. Conclusions will be drawn from the data and ways of engaging interest, fostering learning, reducing obstacles and enhancing the desire to pursue further training in psychodynamic psychotherapy and psychoanalysis will be discussed.

***Please view the following pages
For the full schedule of events.***

Schedule of Events

THURSDAY MAY 3, 2012

7:00 PM – Registration

**7:30 PM - 9:00 PM
OPENING SESSION**

Welcome/Introduction: **Eugenio Rothe, MD** (*Coral Gables, FL*)
Presenter: **John M. Oldham, MD** (*Houston, TX*)
President, American Psychiatric Association
Personality Disorders and DSM-5

FRIDAY MAY 4, 2012

**7:30 AM - 9:00 AM
BUSINESS MEETING**

9:00 AM - 12:00 PM

PANEL I: CULTURALLY INFORMED PSYCHOTHERAPY WITH CHILDREN AND YOUTH

Chair: **Andres Pumariega, MD** (*Camden, NJ*)
Adaptation for Effective Psychotherapy w/ Culturally Diverse Youth

Presenter: **Eugenio Rothe, MD** (*Coral Gables, FL*)
How Does Supportive Psychotherapy Work? Helping Underprivileged Families in a Community Clinic

Presenter: **Rama Rao Gogineni, MD** (*Camden, NJ*)
Transference and Countertransference in Cross Cultural Therapy with Children and Youth

Presenter: **Consuelo C. Cagande, MD** (*Camden, NJ*)
Case of Culturally Diverse Child in Psychotherapy and Supervision

Discussant: **Juan Raul Condemarin MD** (*Boston, MA*)

9:00 AM - 12:00 PM

PANEL II: NEW FRONTIERS IN PSYCHODYNAMIC PSYCHIATRY

Chair: **Gail Berry MD** (*New York, NY*)

Presenter: **Ronald Turco, MD** (*Portland, OR*)
When Death Meets Life: Sleeping Beauties

Presenter: **Sheldon Cohen, MD** (*Atlanta, GA*)
The Clutter Fairy: Helping Patients and Ourselves Deal with Everything that Accumulates

Presenter: **Ruth Lijtmaer, PhD** (*Ridgewood, NJ*)
Dancing with Politics in the Consulting Room

Presenter: **Arash Javanbakht, MD** (*Ypsilanti, MI*)
Emotions and Cognitions, Who is in Charge? A Critique of the Dichotomous View on the Cognitive/Emotional Functions of the Brain

Discussant: **Gerald P. Perman MD** (*Washington, DC*)

Schedule of Events

12:15 PM - 1:45 PM

WORKSHOP I

Presenters: César A. Alfonso, MD (*New York, NY*)
Silvia Olarte, MD (*New York, NY*)
The Psychiatrist as Internist of the Mind

12:15 PM - 1:45 PM

WORKSHOP II

Presenters: Crittenden Brookes, MD, PhD (*San Francisco, CA*)
Clay Whitehead, MD (*Chapel Hill, NC*)
Theoretical Models Underlying the Psychodynamic Approach to Psychotherapy

2:00 PM - 3:30 PM

PLENARY SESSION

Introduction: Kimberly Best, MD (*Philadelphia, PA*)
Presenter: Henri Parens, MD (*Bala Cynwyd, PA*)
A Self-Study of Resilience – Healing from the Holocaust

3:30 PM - 4:15 PM

PAPER SESSION I

Presenter: Erminia Scarcella, MD (*Washington, D.C*)
The Red Book of C. G. Jung
Discussant: Sheila Hafter-Gray MD (*Washington, DC*)

3:30 PM - 4:15 PM

PAPER SESSION II

Presenter: Samuel Slipp, MD (*Englewood, NJ*)
How Freud's Fight Against Anti-Semitism Split the Psychoanalytic Movement
Discussant: Crittenden Brookes MD, PhD (*San Francisco, CA*)

4:15 PM - 5:00 PM

WORKSHOP III

Chair: Sheila Hafter-Gray MD (*Washington, DC*)
Panelists: Myron Glucksman, MD (*Redding, CT*)
Milton Kramer, MD (*New York, NY*)
Initial and Final Manifest Dream Reports of Patients in Psychodynamically-Oriented Treatment

4:15 PM - 5:00 PM

PAPER SESSION III

Chair: Crittenden Brookes MD, PhD (*San Francisco, CA*)
Presenter: Greg Mahr, MD (*Novi, MI*)
The Overdiagnosis of Bipolar Affective Disorder: Countertransference Aspects

Schedule of Events

5:30 PM - 7:00 PM

KEYNOTE ADDRESS

Introduction: Eugene Della Badia, DO (*Philadelphia, PA*)
Presenter: Salman Akhtar, MD (*Philadelphia, PA*)
Psychoanalytic Perspectives on Human Goodness: Theory and Technique

SATURDAY MAY 5, 2012

8:00 AM - 11:00 AM

PANEL III: CHILD AND ADOLESCENT PSYCHIATRY

Chair: Joan Tolchin MD (*New York, NY*)
Presenter: Paul Fine, MD (*Omaha, NE*)
Reactions and Overreactions to Children in Foster Care—Underlying
Psychodynamics
Presenter: Clarice J. Kestenbaum, MD (*New York, NY*)
Childhood Precursors of Personality Disorders: Evaluation and Treatment
Presenter: Eugenio Rothe, MD (*Coral Gables, FL*)
Psychotherapy with Patients Who Are Adopted
Presenter: Helen Ullrich, MD (*New Orleans, LA*)
Secure Attachment in Negotiating Cultural Change: A South India Study
Discussant: David Lopez MD (*Greenwich, CT*)

8:00 AM - 11:00 AM

PANEL IV: INTERFACE OF PSYCHODYNAMICS AND BIOLOGIC PSYCHIATRY

Chair: TBA
Presenter: Eve Leeman, MD (*New York, NY*)
Medication Adherence in Psychiatry: An Overvalued Idea?
Presenter: Thomas Kalman, MD (*New York, NY*)
Do Psychopharmacologists Speak to Psychotherapists About Their Mutual
Patients
Presenter: David Mintz, MD (*Stockbridge, MA*)
Meaning and Medication: The Evidence Base
Presenter: Cassandra Klyman, MD (*Bloomfield, Hills, MI*)
Laboratory Data Alongside the Couch: Using MRI and Genetic Testing to Help
Patients with Multiple Sclerosis and Chronic Depression
Discussant: Matthew Tolchin, MD (*New York, NY*)

11:00 AM - 12:15 PM

WORKSHOP V

Presenter: Richard Brockman, MD (*New York, NY*)
Tell Me a Story: The Neurodynamics and Psychodynamics of Narrative
Discussant: Sherry Katz-Bearnot, MD (*New York, NY*)

Schedule of Events

11:00 AM – 12:15 PM

WORKSHOP VI

Chairs: César A. Alfonso, MD (*New York, NY*)
Antonio Bullon, MD (*Boston, MA*)

Panelists: Elise Snyder, MD (*New York, NY*)
César A. Alfonso, MD (*New York, NY*)
Antonio Bullon, MD (*Boston, MA*)
Christina Kitt Garza, MD (*New York, NY*)
Transcultural and Psychodynamic Psychiatry at a Crossroads in the Era of Globalization: In Search of a New Paradigm

12:15 PM – 1:45 PM

WORKSHOP VII: NARRATIVES AND BRAIN PROCESSING

Panelists: Andrei Novac, MD (*Newport Beach, CA*)
Narratives in Psychotherapy: Psychological Healing and Brain Processing Mechanisms
Barton Blinder, MD, PhD (*Newport Beach, CA*)
The Autobiographical Self

Discussant: Joseph Merlino MD (*New York, NY*)

12:15 PM – 1:45 PM

RESIDENTS' LUNCHEON

Chair: Kimberly Best, MD (*Philadelphia, PA*)

Presenter: Heather Forouhar Graff, MD (*West Hartford, CT*)
The Nocebo Effect: Is My Psychiatrist Just a Sophisticated Bully?

12:15 PM – 1:45 PM

WORKSHOP VIII

Panelists: Richard C. Friedman, MD (*New York, NY*)
Jennifer I. Downey, MD (*New York, NY*)
César A. Alfonso, MD (*New York, NY*)
Joseph Silvio, MD (*Bethesda, MD*)
Interfacing with the Academy Journal, Psychodynamic Psychiatry: News in 2012

2:00 PM - 5:00 PM

PANEL: UPDATE IN HIV AND AIDS PSYCHIATRY 2012

Chair/Presenter: Mary Ann Cohen, MD (*New York, NY*)
History, Epidemiology, and Stigma

Presenters: Suad Kapetanovic, MD (*Bethesda, MD*)
Adriana Carvalhal, MD (*Toronto, Canada*)
HIV Through the Life Cycle

Presenter: Jordi Blanch, MD (*Barcelona, Spain*)
Psychiatric Disorders

Presenters: Joseph Lux, MD (*New York, NY*)
Jordi Blanch, MD (*Barcelona, Spain*)

Schedule of Events

- Adriana Carvalhal, MD** (*Toronto, Canada*)
Psychiatric Treatments
- Presenter:** **Joseph Lux, MD** (*New York, NY*)
Multimorbid Medical Illness: Non-HIV and HIV Related
- Presenter:** **Maria Tiamson-Kassab, MD** (*San Diego, CA*)
Prevention and Future Directions
- Discussant:** **Mary Ann Cohen, MD** (*New York, NY*)

2:00 PM – 3:00 PM

PAPER SESSION IV: EDUCATION OF RESIDENTS

- Chair:** **Joseph Silvio, MD** (*Bethesda, MD*)
- Presenter:** **Peter Collori, MD** (*Honolulu, HI*)
Rediscovering Psychodynamics in Modern Residency Programs: Experiential Training for the PGY 1 and Beyond

3:00 PM - 4:00 PM

PAPER SESSION V

- Chair:** **Joseph Silvio, MD** (*Bethesda, MD*)
- Presenter:** **Faisal Shafi Shaikh, MRCPsych** (*Dudley, United Kingdom*)
Experientially Engaging Psychiatric Trainees in Reflection, Psychotherapy, and Organizational Dynamics Using Balint Style of Group Facilitation: The Dudley Model

4:00 PM – 5:30 PM

PEER SUPERVISORY WORKSHOP: DILEMMAS IN CLINICAL PRACTICE

Sponsored by the Psychoanalytic Institute of New York Medical College

- Chair:** **Joseph Silvio, MD** (*Bethesda, MD*)
- Moderator:** **Douglas Ingram, MD*** (*New York, NY*)
- Presenters:** **Scott Schwartz, MD*** (*New York, NY*)
Does Confidentiality Have Limits?
Clifford Gimenez MD (*Reading PA*)
A Clash of Forces in Liaison Psychiatry
Carolina Jimenez, MD (*Brooklyn, NY*)
A Resident's Conflictual Feelings with a 'Supportive Family'
- Discussants:** **Sherry Katz-Bearnot, MD** (*New York, NY*)
Silvia W. Olarte, MD* (*New York, NY*)
Myron Glucksman, MD* (*Redding, CT*)

**Faculty, New York Medical College, Psychoanalytic Institute*

5:30 PM - 7:00 PM

PRESIDENTIAL ADDRESS

- Introduction:** **César A. Alfonso, MD** (*New York, NY*)
AAPDP President 2010-2012
- Presenter:** **Debra A. Katz, MD** (*Lexington, KY*)
Inspiring Interest in Psychodynamic Psychiatry and Psychoanalysis:
National Survey Data and Implications for the Future

56th Annual Meeting Registration Form

[Click here](#) to register online for the 2012 Annual Meeting. Members may log in with their email address and password, non members may register by completing the online form. Please contact the Academy Office with any

If you are not an AAPDP member, please tell us how you heard of this meeting:

- Referred by a Member Ad Website Mail Other _____

Please type or print clearly:

Name & Degree _____

Address _____

City, State, Zip _____

Phone _____ Fax _____

E-Mail _____

Professional Specialty _____

* Guests requiring Continuing Medical Education credits should register as non-member professionals.

	<u>Advance</u>	<u>On-Site</u>
<input type="checkbox"/> Member of the Academy	\$245.00	\$295.00
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<input type="checkbox"/> Non-Member Professional*	\$290.00	\$340.00
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<input type="checkbox"/> One-Day Registration Day _____	\$155.00	\$175.00
<input type="checkbox"/> Candidate, Psychoanalytic Institute (<i>Requires current letter from Training Director</i>)	\$55.00	\$75.00
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Total Registration Amount	\$ _____	

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Membership in the Academy

The American Academy of Psychoanalysis and Dynamic Psychiatry is a national psychiatric association founded to provide an open forum for our members to discuss relevant and responsible views of motivation for human behavior and to exchange ideas with other social and behavioral scientists.

Benefits of Membership

- Professional and other insurance at preferential rates with significant reductions.
- Listing in the Roster of The American Academy of Psychoanalysis and Dynamic Psychiatry
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Mission

The American Academy of Psychoanalysis and Dynamic Psychiatry is an organization of psychiatrists interested in the application of psychodynamic psychotherapy in clinical practice and in understanding aspects of culture and art.

We are an affiliate organization of the APA and welcome interested colleagues to join us at our Annual Meetings and share our publications.

The aims of The American Academy of Psychoanalysis and Dynamic Psychiatry are:

- To provide a forum for the expression of ideas, concepts, and research in psychodynamic psychiatry and psychoanalysis;
- To constitute a forum for expression of and inquiry into the phenomena of individual motivation and social behavior;
- To encourage and support research in psychodynamic psychiatry and psychoanalysis;
- To advance the development of psychodynamic psychiatry and psychoanalysis in all other aspects;
- To develop communication among psychiatrists, psychoanalysts, and their colleagues in other disciplines in science and in the humanities.

Interested in Joining?

[Click here](#) to download a membership application from our website, or visit www.aapdp.org for additional information about the Academy.