



ACADEMY NEWS DECEMBER 2004

EDITOR: SHARON A. WEST, MD ♦ EDITORIAL ASSISTANT: SHALON E. DAVIS

EDITOR'S COLUMN

Thank you to Dr. Katz-Bearnot for her gracious introduction of me as your editor. Dr. Katz-Bearnot has edited the Academy Newsletter with inviting warmth, always creating that desire to learn more about Academy events and members. As Editorial assistant, Shalon Davis is to be credited with the exactness and attention to detail, which brings the newsletter to its final format. We have modified the worksheet for "News from Members," but are still hoping to improve the form. Meanwhile, please continue to send in your news.

Each of the reports contains information that speaks to the vibrancy of our Academy. News from our members is impressive as always, for your professional and personal achievements and as well as your scholarly work. The presentation list leaves me wishing I could attend your lectures and seminars.

With your support, I hope to maintain the Academy's standard of excellence for the Newsletter. I look forward to seeing you at the Winter Meeting in Washington, D.C!

Information on
future Academy
meetings is
available at
www.aapsa.org

PRESIDENT'S COLUMN

By now I hope you've booked your room and made your travel arrangements to Washington, DC for the 48th Winter Meeting of the Academy. James Edwards and Lawrence Kline have put together a superb meeting focusing on efficacy and outcomes of dynamic analytic therapies. This most timely topic brings together an outstanding array of speakers including past and present national leaders in psychiatry and psychodynamic therapy and analysis. How's this for a sample: Paul Appelbaum, Steven Sharfstein, Marcia Goin, Harold Eist, and Glen Gabbard!

When you receive the official program, you'll note that we've returned to our old format style. Those participating in our recent Future Directions Forum held in New York and North Carolina overwhelmingly recommended this. Additional recommendations were clustered into these four major categories:

1. Comprehensive review of our scientific programs for
 - Location
 - Content
 - Study groups
 - APA involvement
 - Increased opportunities for socialization
 - Integration of neurobiology and psychodynamic psychiatry
 - Outreach to, and involvement of, trainees
2. Review of organizational structure of Academy
 - 2-year presidency
 - Formalizing 5-year plan
 - Revitalizing committee structure
3. Relationship with American Psychiatric Association
 - Marketing
 - Academy leadership role within APA
 - Increasing presence/power (liaison role)

- Providing national leadership in the psychiatry revolution
- 4. Increasing membership
 - Who are we? Get the word out.
 - Importance of certification and boards in dynamic psychiatry/psychoanalysis
 - Maintaining medical identity

The above recommendations serve to provide the overall direction for me and the Academy's Council during my term as President. It is my intention to work with the officers and trustees of the Academy to explore these areas fully and to implement as many recommendations as feasible. Having worked closely with Ann Ruth Turkel, our immediate past President, whose vision led to the holding of our two Future

Directions Forum, and working closely now with Sherry Katz-Bearnot, the Academy's next President, I have benefited from a seamless leadership structure to study and implement where possible the membership's recommendations and ideas.

These are exciting times as I've outlined in my recent *Frontline* piece in the *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*. Share the excitement – come to Washington for our Winter Meeting, and get involved in the committees, study groups, and publications of the Academy!

Joseph P. Merlino, MD, MPA



ORGANIZZAZIONE di PSICOANALISTI ITALIANI-FEDERAZIONE e REGISTRO (OPIFER)

An outstanding joint meeting was held by the Academy with Organizzazione di Psicoanalisti Italiani-Federazione e Registro (OPIFER) in Pisa, June 11-13, 2004. The title of the meeting was "Interpretation of Schizophrenia: Thirty Years Later; In the Footsteps of Silvano Arieti." The Silvano Arieti Society and the Department of Neuroscience of the University of Pisa were additional sponsors of this exciting event. The meeting commemorated the 90th anniversary of Dr. Arieti's birth in Pisa and the 30th anniversary of the second edition of his seminal work, *Interpretation of Schizophrenia*, honored with a National Book Award in Science in 1975.

Dr. Ann-Louise Silver, a past President of the Academy and the current Chair of the Committee on Programs, was the Keynote Speaker. She gave a stimulating and clinically rich presentation entitled *In the Footsteps of Arieti and Fromm-Reichmann*. The next day, Dr. Robert Cancro, Chair of the Psychiatry Department at New York University School of Medicine, presented *A Review of the Concept of the Schizophrenic Disorders*. Other Academy members presented interesting papers, a number of which will be given again at our Atlanta meeting. These included: Dr. Clarice Kestenbaum's *Before the Break—The*

Treatment of Prodromal Symptoms of Psychotic Disorders; Dr. Stephen Cozza's *First Episode Psychosis in Military Service Members*; and Dr. Edward Greene's *The Use of the Patient's Metaphor to Enhance the Therapeutic Alliance*.

The presentations of our Italian colleagues were notable as well. Dr. Adolfo Pazzagli's paper on *Delusions, Narrative and Affects* was particularly exciting. Dr. Pazzagli, Chair of the Psychiatry Department at the University of Florence, is currently in the process of becoming a member of the Academy.

The next joint meeting of the Academy with Organizzazione di Psicoanalisti Italiani-Federazione e Registro (OPIFER) will be held in Bologna, June 24-26, 2005. The topic of this meeting is "The Relational Paradigm in Psychoanalysis; In the Footsteps of Silvano Arieti." Dr. Silvia Olarte, a past President of the Academy, will be the Keynote Speaker. Bologna is a beautiful city, rich in history and architecture. Space is limited so Academy members are urged to register as soon as possible.

Joan G. Tolchin, MD

JOURNAL OF THE AMERICAN ACADEMY OF PSYCHOANALYSIS AND DYNAMIC PSYCHIATRY

We are pleased to announce that César A. Alfonso, MD, has been appointed Book Review Editor of the *Journal*. He will serve as co-editor of this section with Joseph P. Merlino, MD, through 2005 when Dr. Merlino will have completed several years of outstanding service as Book Review Editor. Recent appointees to the Editorial Board include Sergio Dazzi, MD, David A. S. Garfield, MD, Michael A. Schwartz, MD, Scott C. Schwartz, MD, and Joseph R. Silvio, MD.

Also, we are very pleased to announce that Sheila Hafter-Gray, MD, will be serving as guest editor of a forthcoming special issue of the

Journal. The issue will consider "Psychodynamic Military Psychiatry." It is scheduled to appear as the Spring, 2007, issue of the *Journal*. Forthcoming special issues are "Psychoanalysis and Creativity," guest edited by Ronald N. Turco, MD, and César A. Alfonso, MD, which will appear as the Spring, 2005, issue, and "Training in Psychoanalysis and Dynamic Psychiatry," guest edited by Silvia W. Olarte, MD, which will appear as the Spring, 2006, issue. The Spring 2006 issue marks the 50th anniversary of the founding of the Academy.

Douglas H. Ingram, MD, Editor



APA/ACADEMY RELATIONS TASK FORCE

One of the issues highlighted at the Future Directions Forum sessions held at the past two Academy meetings was the relationship of the Academy to the APA.

The Academy is one of 19 "Allied Organizations" with a direct affiliation with the APA. Through this affiliation, we have formal representation in the APA Assembly and its committees, as well as an appointment (unsubsidized) to one APA Component. This seems to be a propitious moment to capitalize on our connection to the APA. Recent APA Presidents have either had analytic training and practice or are familiar with and friendly toward a psychodynamic point of view.

Allied Organization status is good for the Academy and good for the APA, but it cannot be maximally useful unless individual Academy members become more active in this effort. Putting our strategic plan into action means getting the data we need. When you renew your membership in the Academy this year we will be asking you to let us know if you are already an APA member, and further, whether you have served (in the past, or currently) on an APA component, committee, in the Assembly, or at the District Branch. We would like to create an e-mail community, an "APA-Relations Brain Trust" if you will, to continue to strategize about ways to make the most of our connection with the APA.

For those who are new to this process, we offer the following suggestions:

GET INVOLVED WITH YOUR DISTRICT BRANCH:

One of the complaints one hears about the APA is that it appears to be a "closed" group. It has been our experience that the best way to gain entrance and become familiar with the members of the "in" group is to become involved at the district branch level. It is the crucial first step.

GET INVOLVED WITH AN ISSUE THAT INSPIRES YOU:

Expertise is crucial to being effective. Demonstrate your expertise and form relationships with other experts by participating in work on an issue of importance to you. Remember that almost all meetings of the APA committees and components are open to ANY member. The difference is that the APA pays for the transportation costs for those officially assigned to the committee/components. But if there is an issue of interest to you, attend the meetings, offer to work on the product, and participate in the commentary. It is always a wonderful ego-massage to be asked, but it is not difficult to become part of the group if one is proactive and participates in the work of the group.

UPDATE YOUR RESUMÉ:

The important thing to know about the appointment process is that the APA President-Elect reviews the openings on committees and components more than one year in advance. If you have an interest in serving on a committee/component, let the President of the Academy know. You must have an up-to-date resumé to submit, and any letters of support from current members of the

committee/component are enormously helpful.

JOIN THE APA!

While this may seem absolutely obvious, membership in the APA is a requirement for service. The APA has weathered a recent fiscal and membership crisis, and has returned stronger than ever. The new Medical Director, James Scully, MD, has made significant strides in putting the organization on the right track to

advocate for our profession and our patients. We are enormously impressed by his management style. Evidently we are not alone; the morale at the APA is the highest it has been in recent history. Of course there is much to do. Please plan to become a participant in this important initiative.

Sherry Katz-Bearnot, MD

Please answer the following and respond by email to aap@ssmgt.com or complete them on your dues invoice before mailing to the Academy office.

Are you a member of the American Psychiatric Association? **Yes or No**

- ✓ If yes, have you served on any district branches, councils, or committees? Please provide DB Name. Please list them with approximate years.
- ✓ Have you served on any components, councils, committees or assemblies of National APA? Please list them with approximate years.

Are you a member of the American Medical Association? **Yes or No**

- ✓ If yes, do you serve on any committees, components or the House of Delegates? Please list them with approximate years.

Are you a member of a State Medical Association? **Yes or No**

- ✓ If yes, do you serve on any committees and/or components? Please list them with approximate years.

ACADEMY SPEAKERS BUREAU

On behalf of the Education Committee, I would like to make our membership aware of the establishment of an Academy Speakers Bureau. The purpose of the Speakers Bureau is to have available a list of Academy members who are willing to give lectures, grand rounds, talks, etc., at various hospitals, medical schools and organizations around the country on topics that pertain to psychoanalysis and dynamic psychiatry. This is another way that the Academy can reach out and publicize its activities to mental health professionals, students and residents in different regions of the country. Academy members who participate in this program should be willing to volunteer their time to travel to a particular institution or place within a reasonable distance of where they live or practice. If an honorarium is offered, the Academy member would be entitled to receive it along with any other remuneration for travel expenses, etc.

The main idea is to create a list of available speakers who reside and practice in various parts of the country. Once this is accomplished, the Academy can publicize this service to different hospitals, medical schools, institutions, etc., in regions where speakers are available. If you are interested in participating please call Jackie Coleman or Shalon Davis at the Academy office (888) 691-8281. I believe that this will be an exciting program for Academy and the members who participate in it, as well as a potential source of new members. At the very least, it will contribute toward educating other professionals about psychoanalysis and dynamic psychiatry.

*Myron L. "Buddy" Glucksman, MD
Chair, Psychoanalytic Education Committee*



CONSTITUTION, BY-LAWS AND PARLIAMENTARY COMMITTEE

The latest edition of the Constitution and By-Laws (amended May 2004) is available electronically or in hard copy to members upon written request. Contact the Academy office at (888) 691-8281 or aap@ssmgt.com to request your copy.

*Douglas H. Ingram, MD
Chair, Constitution, By-Laws and Parliamentary Committee*



SYMPOSIUM 2005: IMPEDIMENTS TO LOVE: CLINICAL APPROACHES

DATE: February 26 and 27, 2005

PLACE: Horace Mann Auditorium, Teacher's College, Columbia University 120th and Broadway, New York City

Some of the questions we will address are: The Oedipal Situation, Love and Narcissism, Love in the Analytic Relationship, Race and Gender.

This conference will ask people from different theoretical perspectives - Freudian,

interpersonal, relational, self psychology - to address what "love" really is and how psychoanalysts work to lift the impediments to the ability to love and be loved.

The AAPDP is one of the sponsoring organizations for this conference. Proceeds after expenses go to the journals. Visit the Academy website at www.aapsa.org for a registration form.



NEWS FROM MEMBERS

Professional Appointments:

Victor Bloom, MD, Grosse Pointe, MI Semi-retired solo practice in dynamic psychotherapy, executive business coaching, and corporate counseling.

Harold Bronheim, MD, New York, NY Professor of Psychiatry, Mt. Sinai School of Medicine, New York.

Richard D. Chessick, MD, PhD, Evanston, IL Initiated into the "Fifty Year Club" of the Illinois State Medical Society. Appointed "Alumnus Emeritus" in Testimonial from Medical Alumni Association of University of Chicago, 50th year Anniversary of Graduation.

David V. Forrest, MD, New York, NY Clinical Professor of Psychiatry, Columbia University College of Physicians and Surgeons.

Cassandra Klyman, MD, Bloomfield Hills, MI Associate Clinical Professional of Psychiatry – Wayne State University College of Medicine, Detroit, MI, teaches ethics in psychiatry to psychiatry residents.

Joan G. Tolchin, MD, New York, NY Recently promoted to Clinical Associate Professor of Psychiatry at Weill Cornell College of Medicine.

Ralph N. Wharton, MD, New York, NY Co-Director of newly established Reiner Center at Columbia University Medical Center for Study of Behavioral and Psychosomatic Research. Center development includes laboratory and named professorship, as well as post doctorate (PhD) fellowships.

Medical/Psychodynamic/Psychoanalytic Presentations:

Harold Bronheim, MD, New York, NY "Nosology Based on Etiology: Are We Ready for DSM-V" Queen Elizabeth Krankenhaus; Berlin, Germany April 28, 2004.

Richard D. Chessick, MD, Ph. D., Evanston, IL In addition to two presentations at the last Academy meeting, James Joyce's "Dublin Phantasmagoria" and Lucia Joyce's "Schizophrenia" at the International Society for Psychological Treatment of Schizophrenia September 18, 2004; Memorial Address for Peter Giovacchino Center for Psychoanalytic Study in Chicago, September 23, 2004. Dr. Chessick is scheduled to present this paper at the Irving B. Harris Child Development Program Winter Conference, November 10, 2004.

David V. Forrest, MD, New York, NY "Psychodynamic Prescribing," Metropolitan Hospital, October 22, 2004.

Cassandra Klyman, MD, Bloomfield Hills, MI "Heartache and Heartbreak: Managing the Depressed and Anxious Cardiac Patient" at Michigan State Medical Society Annual Scientific Meeting, November 2004. "Homicide and Suicide in the Nursery" at American College of Forensic Examiners, 2005. "Is It Kleptomania or Not?" Grand Rounds, Department of Psychiatry, Wayne State University, April 2004.

Jorge Silva-García, Mexico, Round table discussion of "Ser Humano y Biodiversidad" at the Instituto Nacional de Ciencias Médicas y Nutrición, with Dr. Salvador Zubirán. To be published in Memoirs of this symposium. Bimonthly seminars in Dr. Silva's home on "Humanistic Psychoanalysis--Practice and Theory." This is an on-going continuation of seminars presented by Dr. Silva in 1988 at the Facultad de Psicología de la Universidad Nacional de México.

Graeme Taylor, MD, Toronto, Ontario "Alexithymia and the Psychosomatic Process: Development and Explication of a Psychoanalytic Construct." The 35th Annual Franz Alexander Memorial Lecture, presented to a combined meeting of the Southern California Psychoanalytic Society and Institute, the Los Angeles Psychoanalytic Society and Institute, and the Cedars-Sinai Medical Center Department of Psychiatry and Mental Health, April 12, 2004. "Alexithymia: Some Controversial Issues and New Conceptual Ideas." The 25th European Conference on Psychosomatic Research, Berlin Germany, June 26, 2004.

Medical/Psychodynamic/Psychoanalytic Publications:

Richard D. Chessick, MD, PhD, Evanston, IL In addition to publications in our *Journal*, "An Unfinished Experimental Didactic Novel," Ch. 8 (Troy), Ch. 9 (Istanbul), Ch. 10 (Milan) in *Archives of Psychiatry and Psychotherapy* of the Polish Psychiatric Association 5 (4) 65-79, 2003; 6 (1) 55-70, 2004; 6 (2) 61-84, 2004.

David V. Forrest, MD, New York, NY "Elements of Dynamics," Series in *The Journal of The American Academy of Psychoanalysis and Dynamic Psychiatry*.

Cassandra Klyman, MD, Bloomfield Hills, MI "Mysteries of the Void," *Journal of The American Academy of Psychoanalysis and Dynamic Psychiatry*, Summer 2004.

Harold I. Lief, MD, Wayne, PA P.R. McHugh, H.I. Lief, P.F. Freyd, and J.M. Fetkewicz: "From Refusal to Reconciliation: Family Relationships After an Accusation Based on Recovered Memories," *J. Nerv. And Mental Disease* 192 (No. 8) August 2004, 525-531.

Jorge Silva-García, Mexico Pending publication in *Memorias Sociedad Médica Hispano-Mexicana*: "Análisis Psicodinámico de la Personalidad de Frida Kahlo," "Semblanza Psicodinámica de los Conquistadores."

Graeme Taylor, MD, Toronto, Ontario "Alexithymia: Twenty-Five Years of Theory and Research." In I. Nyklicek, L. Temoshok, and A. Vingerhoets (Eds), *Emotional Expression and Health: Advances in Theory, Assessment and Clinical Applications*. Brunner-Routledge: Andover, UK, 2004.

Ralph N. Wharton, MD, New York, NY Author: Chapters on Depression and Anxiety in Merritt's *Textbook of Neurology*.

Community/Popular Appearances/Publications:

Victor Bloom, MD, Grosse Pointe, MI Talk given to Witenagemote Society of Grosse Pointe, MI on Ralph Waldo Emerson – Big Dead White Male.

Harold Bronheim, MD, New York, NY Board member of “One Stop” New York, NY, April 2004, community based volunteer service organization for poor elderly people.

Cassandra Klyman, MD, Bloomfield Hills, MI “Women Matter,” Southfield Public Television, 2004.

Jane Simon, MD, New York, NY Participated in a poetry reading at Barnes & Noble, Lynchburg, VA, June 4, 2004.

Ronald N. Turco, MD, Portland, OR Presented to the *English Speaking Union* June 16, 2004 on “Intelligence Collection and Analysis – North Korea.” The English Speaking Union is an organization formed after World War II to promote political and cultural communication among English speaking people.

Personal Events:

Victor Bloom, MD, Grosse Pointe, MI Writes that he and his wife have enjoyed being the grandparents of ten wonderful grandchildren ages 2-11, thinking that was “it.” They have now been blessed with twin grandsons Leland and Alexander, born in September, giving them an even dozen!

Richard D. Chessick, MD, PhD, Evanston, IL Took grandchildren to London in August to see the sights and Shakespeare's *Romeo and Juliet* in the Globe Theatre. Visited Dublin in May to research Joyce paper (see above) and met with Education Director of James Joyce Society and Curator of James Joyce Museum.

Cassandra Klyman, MD, Bloomfield Hills, MI Reports that all of her grandchildren are in school (from preschool through dental school at Columbia University School of Dentistry).

Jane Simon, MD, New York, NY Was awarded a fellowship by the Virginia Center for the Creative Arts (VCCA).

Ronald N. Turco, MD, Portland, OR New grandson, one year old in August.

Ralph N. Wharton, MD, New York, NY Traveled along the Lewis/Clark Trail on the Snake River and throughout western Montana for 10 days.

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UPCOMING MEETINGS

December 2-5, 2004
Washington, DC
Wyndham City Center



May 19-22, 2005
Atlanta, GA
Site to be announced

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Contributions of new, information or articles are welcome!

