



ACADEMY NEWS

Summer 2009

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Contributions of news, information and articles are welcome!

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EDITOR'S COLUMN

The boats adrift in the harbour
As thoughts in a calm mind
A liquid sun beaming today and forever
We hoard happiness a smile at a time

As thoughts in a calm mind
Finding respite in cool shade
A liquid sun beaming today and forever
Butterflies flutter in a golden haze...

Oh sweet summer stay and sleep...

Summer Poems: 'Sweet Summer'
by Wayne Jarus, poetry.about.com

Dear Colleagues,

I hope that this communication finds you enjoying the sweet days of summer, despite the dearth of warm weather on the East Coast. The figurative meaning of the above poem may apply nonetheless, as summer is also a state of mind. It is traditionally a time of relaxation and reflection "...in a calm mind." We have endured some stormy seas in the world at large, marked by economic uncertainty and unresolved conflict. There has been healthy debate at the Academy paralleled by ever-increasing change in the world of psychiatry. We can now pause to reflect on our *raison d'être* and soberly find our guiding light. We have a rich history worthy of preserving and nurturing. We must stay the course and honor our commitments to our patients, our students and our mentors. Let us bask in the summer sun and emerge calm and ever-resolved to carry on our psychoanalytic and psychodynamic traditions whilst remaining open to new ones.

We have had a busy few months, as the proceeding Newsletter attests. There have been significant honors bestowed, particularly on Dr. Clarice Kestenbaum. We salute her with pride and extend to her our warm congratulations. Felicitations to Dr. Silvia Olarte on receiving the Presidential Commendation from Dr. Nada Stodland, APA President, for her exceptional contributions to the

mentorship of women psychiatrists. I myself have been the fortunate recipient of Dr. Olarte's infectious enthusiasm, generosity of spirit and inspiration. There are future plans for exciting innovations as outlined by Dr. César Alfonso, our President-Elect. Thank you to Dr. Gerald Perman for his tireless contributions to the Academy and for his delightful column in this issue. Thank you as well to Dr. Buddy Glucksman for his steadfast support of the Academy and its members, his sage advice and his irrepressible sense of humor, lending perspective to trying moments.

I would be remiss if I did not acknowledge the passing of our esteemed colleague and mentor, Dr. Ian Alger, who cherished the Academy, left a lasting legacy and touched many of our lives with his ever-youthful spirit and warmth.

The meeting in San Francisco was a great success and we thank everyone for their hard work. We look forward to New Orleans.

Warm regards,
Shelly Galler, MD

PRESIDENT'S COLUMN

Dear Colleagues,

I hope you are having a good and peaceful summer.

There is still room to register for the Eleventh Joint Meeting of the Academy with OPIFER to be held in Florence, October 17-18, 2009.

Dr. Richard Brockman, an Academy Fellow, faculty member of the Columbia Psychoanalytic Institute, and an Associate Clinical Professor of Psychiatry at Columbia will be the Keynote Speaker at the conference, "Endings in Psychodynamic Psychotherapy: How, When and Why; In the Footsteps of Silvano Artieti."

Dr. Helen Ullrich, a widely published expert on transcultural psychiatry, will present as well. Dr. Ullrich is an Academy Trustee and on the teaching

faculty of the Tulane University School of Medicine. There will be other outstanding speakers from Europe and the States. Registration forms and information on local hotels are listed on the Academy website or can be obtained from the Academy Office by phone (888-691-8281) or email (info@aapdp.org).

October is a lovely time to visit Florence and Tuscany. The weather is good, the tourists, few. I look forward to seeing many of you at this outstanding international meeting.

The Academy membership is also looking forward to

our 54th Annual Meeting to be held in New Orleans, May 20-23, 2010, under the able direction of Co-Chairs, Juan Raul Condemarin and David Lopez, and Chair of Scientific Programs, Eugenio Rothe. Honorary Academy Member, Glen Gabbard will be the Keynote Speaker at the meeting, "Trauma, Resiliency and Psychodynamic Psychiatry." Please make your travel plans early since our conference overlaps with the annual meeting of the APA. I hope to meet many of you in New Orleans as well.

*Best regards,
Joan Tolchin, MD*

MESSAGE FROM THE PRESIDENT-ELECT

It is an extraordinary honor to serve as your President –Elect and I look forward to my two-year term as the 53rd President of the AAPDP. As President-Elect I will familiarize myself with our intricate and extensive committee structure and plan **for** committee appointments and reappointments. As President-Elect I re-joined our Board and will participate as a voting member in all activities of our Executive Council.

I pledge to put great effort into working with Academy Officers, Trustees and Office Staff to ensure an effective and efficient transition during a time of great change in our leadership. In the next two years our organization will have a new Secretary, Treasurer, Journal Editor, Chair of Programs and six new Trustees. I look forward to continue the magnificent work of Joan Tolchin and Carlo Filiaci that resulted in increased membership, reversing our decreased membership trend for the first time in decades. I will keep alive the educational initiatives crystallized by our Immediate Past President, Sherry Katz-Bearnot, and seek inspiration and advice from our nineteen Past Presidents, as well as from our Past Secretaries, Treasurers and Trustees who remain active in our vibrant organization.

At this point I would like to share my "platform". I will present some ideas in a schematic and fluid form, without particular emphasis since I intend to work on these areas simultaneously. I have arranged these ideas into two categories – Priorities and Initiatives:

Priorities:

1. **Education:** To position the Academy as an essential, visible and readily accessible resource for psychodynamic education throughout the United States.
2. **Membership Development:** To improve our membership retention and satisfaction by offering our constituents opportunities for professional development.

3. **Outreach/Liaison:** To continue to open our doors and explore collaborative efforts and liaisons that would harmonize with our needs and wishes, with organizations that share our interests.
4. **Public Relations:** To move away from working in isolation, to become more visible, and perhaps even central within psychiatry.

Initiatives:

1. To continue to make the Teichner Scholars Program known, available and visible.
2. To implement a Grand Rounds Speakers Program that could supplement and complement our Teichner Scholars Program
3. To maintain and fortify our liaisons with AADPRT (American Association of Directors of Psychiatric Residency Training), PsychSIGN (the medical students psychiatry national interest group), APA, and OPIFER (Italian Psychoanalytic Federation), and explore links to other groups such as the American Association of Chairs of Departments of Psychiatry, the Association for Academic Psychiatry, and the Association of Directors of Medical Student Education in Psychiatry.
4. To explore the possibility of sponsoring a course at the APA, in addition to our yearly symposium.
5. To explore the possibility to give a course/ workshop or poster presentation at the AADPRT yearly spring meetings.
6. To invite AADPRT members/training directors to present and discuss at our meetings
7. To involve our membership in giving lectures to medical students at the annual PsychSIGN

meetings and at their numerous regional meetings

8. To discuss with our Program Committee the possibility of running half-day career skills development courses that could take place parallel to our scientific programs.
9. To keep up with recent developments in teleconferencing and videoconferencing technologies and make use of evolving technologies to reach additional audiences
10. To develop and implement a public relations strategic plan

I am confident that with the help of our Executive Council, committee leaders and membership at large we will be able to put our ideas into action. I will proudly represent the interests and professional needs of our growing membership and welcome old and new ideas. You may reach me by email at cesaralfonso@mac.com

César A. Alfonso, M.D.



FROM THE CO-CHAIR: ANOTHER SUCCESSFUL ANNUAL MEETING!

137 registrants gathered for the 53rd Annual Meeting of the Academy in San Francisco this May. The meeting's theme, "Beauty and Wisdom in Psychodynamic Practice: Theory and Findings," stimulated an abundance of panels and workshops. Opening night speaker Dr. Charles Nemeroff educated the audience on the latest research linking depression and coronary artery disease. He discussed possible mechanisms underlying depression that may predispose to cardiovascular disease, and raised our awareness of the importance of treating depression in our patients (and ourselves) in the presence of cardiovascular disease.

Biological themes were also featured in the Neuroscience panel organized by Program Committee members Ralph Obler and Rick Rickles. Psychoanalyst and author Regina Pally spoke on shared circuits and mirror neurons and the unique human capacity of theory of mind and its clinical relevance. Academy members Arash Javanbakht and Albert Schrut rounded out the discussion of mirror neurons. Biological issues were also featured in the Psychopharmacology Peer Supervision group, now in its 3rd year, co-chaired by Joe Silvio and 2010 Program Committee Co-Chair, Raul Condemarin. Tim Lacy organized a successful resident lunch on "Learning Psychotherapy: How Understanding the Brain Can Help."

Education and teaching were also areas of focus

throughout the conference. Jennifer Downey spoke at the second annual joint panel between the American College of Psychoanalysts and the Academy, organized by Doug Ingram and David Edelstein. Dr. Downey described a course on the psychodynamics of sexuality that she and Richard Friedman have been teaching for twenty years at the Columbia Psychiatry Residency Program. Dr. Downey illustrated how a sexual history writing assignment has enabled residents to think analytically about the sexual lives of their patients. Dr. Downey also participated in a panel on Psychodynamic Psychotherapy Education organized by Past President, Sherry Katz-Bearnot and Tim Lacy. Dr. Downey discussed her experiences from the First Teichner Scholar Visit. Psychiatry residents had a chance to present in Clarice Kestenbaum's panel: "Psychodynamic Psychotherapy in the Real World: Three Residents' Perspectives."

Cultural issues were also prominent in this year's meeting. President Joan Tolchin organized the International Panel featuring clinicians from Italy and the US. President-elect Cesar Alfonso discussed the outreach efforts of The China American Psychoanalytic Alliance following the Sichuan province Earthquake and the cultural issues that have developed. Jeff Taxman, who has been honored by NAMI for his efforts in disaster psychiatry, described a four-times-a-week psychotherapy using Skype between him and a patient in China. Additionally, Silvia Olarte organized a panel on the cross-cultural aspects of beauty.

Clinical Wisdom I and II featured papers related to the conference theme. Co-Chair of the Program Committee, Paul Fine and 2010 Program Committee Co-Chair, Helen Ullrich both chaired these paper sessions. A new feature of this year's meeting was a movie night and discussion with Dr. Steve Weisman. Author of a recent biography on Charlie Chaplin, Dr. Weisman showed Chaplin's *The Kid* and then took the audience through a history of Chaplin's life.

Dr. Richard Friedman's panel on the Psychodynamics of Sexuality featured a range of clinical work with patients experiencing sexual difficulties. Discussant Myron Glucksman skillfully analyzed the presentations and the role of love. Many other panels also focused on clinical issues, such as the Peer Supervision Group, now in its second year, organized by Doug Ingram and the Managed Care Workshop. Theoretical issues in practice were raised in the Beautiful Models workshop, organized by Program Committee member, Crit Brookes. Other stimulating topics included Psychoanalysis and Social Change, organized by Astrid Rusquellas, and the Creativity Panel.

President Joan Tolchin spoke on the history of the Academy and the meaning the Academy has had in her professional development. She mentioned the role of mentors at the Academy that have enabled her to pursue her dreams. Dr. Tolchin presented the Presidential Award to Dr. Richard Friedman for his vast research in psychodynamics of sexuality and contributions to the Academy. Silvia Olarte was also honored at the meeting by APA President, Nada Stotland, who gave her a Presidential Commendation for her efforts in providing mentorship to female psychiatrists.

Lastly, keynote speaker Carolyn Robinowitz, past president of the APA, discussed the continued challenges facing women in psychiatry and academia today. Dr. Robinowitz showed recent data that spoke to the unconscious gender stereotypes alive in the workplace and the challenges facing women today. She relayed her personal struggles as she rose through the ranks of the APA and academic psychiatry.

The conference elaborated on both the clinical and theoretical relevance of a wide variety of themes-- education, culture, sexuality, neuroscience and creativity. The author would like to express deepest thanks to Drs. Jerry Perman, Paul Fine, and Joan Tolchin, the members of the 2009 Program Committee, panel chairs, and speakers whose joint efforts helped to make the meeting a success.

Sandra Park, MD



REPORT FROM THE TRUSTEES: THIRD ANNUAL EMPOWERMENT AND ORIENTATION DINNER

TRUSTEES EMPOWERMENT AND ORIENTATION DINNER

The trustees' dinner, originally organized by Nancy Joachim three years ago, remains an annual tradition. This year, it was organized by Gene Della-Badia and Mark Novick, the outgoing trustee representative to the Executive Council. It was held on Thursday evening, just prior to the opening session of the annual meeting, and it took place at the Hilton Hotel's Urban Tavern restaurant. The newly elected trustees to the Academy's Council were welcomed in an intimate and informal setting. The new trustees include Kimberly Best, MD, Debra Katz, MD, and Helen Ullrich, MD, PhD.

The trustees attending the dinner were Gail Berry, Mary Ann Cohen, Gene Della-Badia, David Lopez, Erminia Scarcella, and two outgoing trustees, Mark Novick and Astrid Rusquellas. Shelly Galler and James Edwards were unable to attend. This meeting serves as a social venue and simultaneously

introduces the new trustees to the inner workings of the Academy. Information was given regarding the Constitution, Bylaws, policies and procedures of the Academy, the committee structure and how to participate actively in the Academy. The role of the trustee is no longer simply that of a figurehead. The trustee has the ability and the mandate to serve the Academy as an activist as well as an advocate for dynamic psychiatry. Trustees have a vital and major vote in council, thereby making an important contribution toward determining the Academy's future. The latter process is especially critical at this time. They also serve as active members and chairs of committees, and they represent the Academy in the greater psychiatric community.

Mark R. Novick, MD



FROM THE APA ASSEMBLY ALLIED ORGANIZATIONAL LIAISON GROUP

Below is a summary of my involvement on behalf of the Academy at the May APA Assembly meeting in San Francisco, CA:

My involvement in the May APA Assembly meeting included the following:

- ▶ Participation in the deliberations of the Assembly Executive Committee on APA downsizing.
- ▶ Participation in Area I [New England and Eastern Canada] deliberations.
- ▶ Serving on one of five reference committees reviewing action papers for the entire Assembly. Reference Committee 4 focuses on papers defining and supporting professional values. The work included an extensive discussion of the report of a work group chaired by Paul Appelbaum to make recommendations for individual psychiatrist relationships with pharmaceutical and device manufacturing or other commercial entities. Although the Institute of Medicine and the AAMC have already adopted similar standards, there was strong negative reaction to this report from many practicing general psychiatrists in the Assembly. This reaction seemed to be a misunderstanding of the recommendations, which were hard to find because they were embedded in an 8-page report. In the hope of making the recommendations more graspable and apparent, I extracted from the report a set of summary recommendations that Dr. Appelbaum adopted into his presentation to the larger Assembly. The work group's proposed recommendations for psychiatrists' relationships with commercial entities include the following:

- Accept no gifts, food or items with commercial logos
- Limit use of free drug samples to those in financial need or centralize their distribution
- Unless you are employed by a commercial entity, offer presentations at commercial entity educational sessions only if they are ACCME accredited (or the equivalent), the speakers are responsible for preparing their own content, and payments to speakers are proportional to the time and work involved.
- Avoid so-called “consulting” arrangements with commercial entities in which you are unlikely to make a substantial contribution, and accept payment proportional to the time and effort involved.
- Be aware commercial contacts are an intent to market goods and influence you for reasons other than science. Avoid reliance on such contacts as the primary source of product information.
- Urge the field to develop and use uniform disclosure procedures to simplify the process.
- Participate in relevant COI ethics training periodically throughout your career
- For those involved in research and authorship:
 - Avoid research on products in which you have a direct financial interest (with some exceptions possible)
 - Disclose financial relationships to research subjects
 - Report all findings, including negative findings
 - No ghost written papers

These recommendations seem quite reasonable to me, but reluctance to join them remained obvious in a large segment of the Assembly. This may speak to how dependent on their relationships to the pharmaceutical industry many psychiatrist leaders serving in the Assembly have become.

- ▶ Participation in the Assembly Procedures Committee, where the revision of the method of re-accrediting Allied Organizations (AOs) that we successfully implemented last year was seen as a highly successful change. In this revision, as a member of the Procedures Committee and AAOL Chair, I oversee the process of soliciting information from the AOs every 3 years instead of annually.

- ▶ I chaired the Assembly Allied Organization Liaison (AAOL) Group meetings. This year 16 of the 18 organizations participated in the meetings—an unusually large number. The AAOL Group also saw the revision of the method of re-accrediting AOs as a success. Several groups even volunteered to be accredited next year because of the shift in the process toward a more collegial tone.

In a downsized Assembly some Assembly members have favored dropping any role for Allied Organizations, but AOs like the Academy represent a total of over 14,000 members out of 38,000 in the APA—about 37% of the membership. AAOL reps who were present overwhelmingly favored continuing involvement in the Assembly because of the opportunity it offers to have a meaningful voice in organized psychiatry’s “civil space.”

The AAOL Group is planning a component workshop for the 2010 annual meeting on the impact of suicide from the perspective of several member specialty societies. I will likely participate on our behalf, speaking about a psychoanalytic perspective of the issue.

- ▶ In debate on the floor of the Assembly only 2 of 3 efforts related to work as chair of the APA Committee on Psychotherapy by Psychiatrists (COPP) were successful. An APA position statement supporting resident access to personal psychotherapy passed easily. There was a more complicated process for garnering support for a revised APA position statement suggesting the provision of psychotherapy needs to be maintained as part of the identity and skill set of psychiatrists and part of psychiatric training. The voices of opposition to this statement were worried that APA endorsement of the value of psychotherapy might undermine efforts to negotiate higher fees for psychopharmacology. The position statement ultimately passed on a floor vote.

A third initiative failed. As one of the 68 APA components being “sunsetting,” COPP will end its important 13-year history of contributions at this annual meeting. I am making efforts to have it continue in some form wither within the APA or elsewhere. One effort (but by no means the only) was to ask the APA Assembly to consider developing a mechanism to authorize committees like COPP. Although my action paper formalizing an exploration of this option was endorsed by the Academy and at the Reference Committee at which testimony was taken, it failed to muster a majority in a floor vote. Unfortunately the paper came up for a vote at a time when the Assembly meeting had fallen far behind in its agenda. Concern about taking on even more tasks

led to its defeat. I am continuing to explore other options for continuing some version of COPP.

Eric M. Plakun, MD



THE ACADEMY AND ME

The Academy Newsletter invited me to offer some final remarks about my time as Chair of the Scientific Program Committee, or to simply reflect on my membership in the Academy. I aim to please and as such I'm doing both.

In the 1990's, I had been active in the American Society of Psychoanalytic Physicians (ASPP) in Washington, D.C. and I was involved in the initiative to merge the ASPP with the Academy. Although this merger did not come to pass, it allowed me to meet Doug Ingram and Sheila Hafter Gray who, among others, were negotiating for the merger. I had also taken over the editorship of an ASPP publication from Richard Chessick, a member of both organizations. These relationships paved my way into the Academy. The timing of my entrance into the Academy coincided with the Academy offering non-analyst, psychodynamic psychiatrists like myself full recognition within its ranks – as exemplified by the addition of “and Dynamic Psychiatry” to its name.

Shortly after joining, I was identified as someone willing to work and I was encouraged to participate. I was first asked to join Mims Cohen as co-editor of the Academy Forum. I did this for a few years before taking over as editor. Although I can play well with others, I also enjoy and appreciate solo gigs of my own. I was then asked to co-chair the annual meeting in Toronto with Sylvia Olarte. This was a special meeting occurring on the occasion of the 50th anniversary of the Academy. At the fabulous gala dinner with heart-felt reminiscences and musical entertainment by many, I performed several Elvis songs in drag – pulling out a jumpsuit costume I had used in a synagogue musical years before. Along the way, I was invited to join the Journal editorial board followed by my nomination to run for Academy trustee. Finally, I was asked to become Chair of Scientific Programs for three years and I completed my term of service with the San Francisco meeting this past May.

Each annual Academy meeting is a unique experience. The 2007 San Diego meeting, co-chaired by Jim Edwards and Carlo Filiaci, stands out in my mind for the Opening Night and Keynote talks by Leo Rangell and Arnold Cooper who offered differing views on the current status of psychoanalysis. The presentation by Vamik Volkan and the panel on sexuality with Mexican colleagues chaired by Cesar Alfonso, our president elect, also left a lasting

impression. I wish all of our panels could be videotaped and sold as DVDs, although the expense would be too great and the audience for our wares too limited. The meeting in D.C., co-chaired by Joe Silvio and David Lopez, was remarkable also for the quality of the presentations by the invited speakers including Stephen Suomi, Beatrice Beebe and Academy treasurer Jennifer Downey. A number of people who attended the recent meeting in San Francisco, organized by Paul Fine and Sandra Park, told me how much they found the panels to be of extremely high quality and how much they enjoyed the meeting. An additional pleasure I had was biking over the San Francisco Bay Bridge with my 20 year old son, Aaron, who visited with me in San Francisco after finishing his sophomore semester at USC in LA.

The annual Teichner Award and the Academy booth at APA meetings are both excellent initiatives, but how can future Academy meetings also increase our influence among young psychiatrists and get them to join the Academy? We need to continue to offer stimulating resident workshops (with box lunches!) to enhance resident attendance. We should add training modules in psychodynamic psychotherapy at our annual meetings to help fill the lacunae that residents have in their training programs. Although there is no substitute for personally mentoring residents and inviting them to our meetings (Scott Schwartz stands out in this regard) I believe that we need to more effectively publicize what we have to offer. Toward this end, I think we should hire additional marketing and PR assistance while looking carefully at the cost benefit analysis of such an endeavor. David Lopez is spearheading the initiative to upgrade the Academy website and this is near completion. This will substantially improve the quality of the face that we present to the vast internet public. Finally, our meetings should continue to be friendly and welcoming places where colleagues can come to both learn and enjoy themselves in a relaxed and at the same time stimulating atmosphere. If we haven't taken a poll of our membership lately to find out why those who used to attend our annual meetings are no longer coming, maybe now is the time.

I offer my best wishes to the co-chairs of the May 2010 meeting in New Orleans, David Lopez and Raul Condemarin, and especially to our new Chair of Scientific Programs, Eugenio Rothe. I encourage members who would like to be more active in the Academy to roll up your sleeves, jump in, and get to work. We need you, our patients need you, and you are guaranteed to receive as much as you give.

Gerald P. Perman, M.D.



NEW CHAIR OF SCIENTIFIC PROGRAM COMMITTEE - EUGENIO ROTHE

As the new Chair for the Scientific Program Committee, I would like to take this opportunity to introduce myself to the members of the Academy. I am honored to be able to serve in this capacity and realize Jerry Perman M.D. has left some very large shoes for me to fill (probably a size 14 or somewhere in that vicinity). I am currently in private practice encompassing adult, adolescent and child psychiatry as well as adult psychoanalysis. I am also Clinical Professor of Psychiatry and Public Health at the new medical school of Florida International University in Miami, Florida. Prior to this, I spent 16 years in full time academic psychiatry, mostly as Director of the Child and Adolescent Clinic at the University of Miami / Jackson Memorial Hospital. I have a research interest in the mental health issues of immigrants and refugees and have accumulated a body of publications in this area. The new co-chairs of the New Orleans Meeting are Raul Condemarin M.D. of Boston and David Lopez M.D. of Connecticut, both of whom are young and accomplished; David, of course, is well known to the Academy. Helen Ulrich M.D. of New Orleans has moved from being a co-chair to being our leader of the Local Arrangements Committee and will be doing our local grass-roots contacts for the meeting.

The theme for the New Orleans Meeting will be:

“Trauma, Resiliency and Psychodynamic Psychiatry”.

We would like to invite all members and non-members to submit proposals for presentations focusing on the psychodynamic, neurobiological, epidemiological and psycho-social aspects of trauma and resiliency. We also welcome other topics that are relevant to the fields of psychoanalysis and psychodynamic psychiatry. We are looking forward to a very rich and interesting meeting and hope that you will be able to attend.

Eugenio M. Rothe M.D.



ACADEMY MEMBERS TEACHING AND TRAINING IN ASIA

The American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) has an illustrious history of collaborating with individuals and organizations in other countries that represent the fields of psychoanalysis and dynamic psychiatry. During the past two years, in efforts spearheaded by Drs. César Alfonso, Elise Snyder and Sherry Katz-Bearnot, the Academy established a liaison and planned joint ventures with CAPA (China American

Psychoanalytic Alliance). Academy members who are also CAPA members and are participating in teaching, training and supervising mental health professionals in China include César Alfonso, Sherry Katz, Debbie Katz, Joe Silvio, Jay Lefer, David López, Ann Price, John Goethe, Jerry Perman, Sheila Hafter Gray, Gordon Kirschner, and Michael Blumenfield.

The Academy and CAPA have to date organized two jointly sponsored events— a panel presentation in San Francisco at the AAPDP 53rd Annual Meeting, and a Study Tour to China scheduled for October 16- November 1, 2009.

The San Francisco panel “CAPA in China: Analyzing, Teaching and Dealing with Earthquakes in China” was chaired by Elise Snyder and the Discussant was César Alfonso. Presenters included Elise Snyder, MD, Ubaldo Leli, MD, Jeffrey Taxman, MD, Kenneth Lee, MSW, and Allen Dyer MD, PhD. Dr. Snyder, CAPA’s current President and Charter Member, gave an overview of the history of the organization and described her experiences collaborating with Chinese colleagues over the past decade. Dr. Leli, CAPA’s Vice-President, Charter Member, and Faculty member at Columbia, addressed transcultural aspects of clinical work with Chinese patients, paying particular attention to the relevance of cultural differences and similarities in a transcultural analysis, and specifically, *wai po* and *lao lao* (maternal and paternal grandmother) countertransferences in the treatment of patients raised in a patrilineal society. Dr. Taxman, a psychiatrist and psychoanalyst from Wisconsin who is internationally known for relief work with traumatized communities, presented an overview of the dynamic psychiatry interventions he orchestrated for the Sichuan 2008 earthquake victims. Mr. Lee, a Social Worker based in Hawaii and active with the American Red Cross, reported on his experience in supportive psychotherapy training in Chengdu and Beijing following the earthquake. Dr. Dyer, a psychiatrist and psychoanalyst from Tennessee, the topic of “Disaster Mental Health Community Training” and invited psychiatrists from Iraq to participate in our audience discussion. Dr. Alfonso, who has experience doing relief work for Cyclone Nargis victims in camps in the Thai-Burma border, served as the panel’s discussant and spoke about the psychodynamics of protoaltruism and generative altruism.

The Study Tour to China in the fall of 2009, co-sponsored by the AAPDP and CAPA, will give members of both organizations the opportunity to travel and lecture in five cities throughout China over 17 days. The all-inclusive excursion will include visits to Beijing, Xi’an, Wuhan, Chengdu and Shanghai, all

meals, hotel accommodations, internal flights throughout China, guided sightseeing tours daily, and one morning or afternoon hospital visit in each city. Drs. Snyder and Alfonso, the tour leaders, will organize breakfast workshops for the US tour participants and invited medical students and psychiatrists from local hospitals and universities. Academy and CAPA participants will also have the opportunity to lecture during the scheduled hospital and university visits in every city. Academy members who will lecture in Beijing, Shanghai, Chengdu and Wuhan hospitals include César Alfonso, John Goethe, Asher Aladjem, Ann Price and Sherry Katz-Bernot. Lectures will have simultaneous translation

to Mandarin via professional interpreters and power point slides will be presented in English and Chinese. Due to an unexpectedly high number of inquiries and interest (28 participants, exceeding our quota of 25), we have closed admission to the tour at this time but will consider the possibility of a follow-up or second tour in the spring of 2010 or 2011. Following the China tour this fall, Drs. Price, Goethe and Alfonso will travel to Bangkok, Thailand for an additional week, invited by ABAC University and Mahidol Medical School, to lecture on the history and clinical practice of Dynamic Psychiatry in the United States.

César A. Alfonso, M.D.

COLUMBIA DEPARTMENT OF PSYCHIATRY ANNOUNCES \$3 MILLION ENDOWMENT

Gift Supports First Chair in Education and Training in Child and Adolescent Psychiatry

(New York, NY) – June 22, 2009 - The Department of Psychiatry at Columbia University this week announced the creation of an endowed professorship in the Division of Child and Adolescent Psychiatry thanks to a generous gift of \$3 million. The Clarice Kestenbaum Professorship of Education and Training honors the contributions of renowned child psychiatrist Dr. Clarice Kestenbaum, who for 20 years served as Director of Training in the Division of Child and Adolescent Psychiatry.

The Kestenbaum Professorship will support an individual with demonstrated excellence in training and education in child psychiatry and commitment to addressing the complex needs of children and adolescents with psychiatric disorders. A portion of the pledge in the amount of \$500,000 will support a post-graduate clinical fellow who has completed a two-year residency in child and adolescent psychiatry. This significant contribution was given by generous benefactors of Columbia Psychiatry and longtime admirers of Dr. Kestenbaum.

Dr. Jeffrey A. Lieberman, Chairman of the Department of Psychiatry at Columbia University Medical Center, noted that "The establishment of the Kestenbaum Professorship is a great contribution to our Department and a tribute to Dr. Kestenbaum's legacy as a teacher and clinician. We are proud to count Dr. Kestenbaum as one of our esteemed faculty and this Professorship is a fitting honor both to her extraordinary career and the role of Columbia Psychiatry as a world leader in psychiatric medicine."

Dr. Kestenbaum has been acknowledged by her peers as one of psychiatry's leading clinicians. A recipient of the Distinguished Psychiatry Award from the American Psychiatric Association, she was twice presented with the Exie Welsh Lectureship, and received the Hulse Award from the New York Council on Child Psychiatry. Dr. Kestenbaum is past president of the American Academy of Child and Adolescent Psychiatry and the American Academy of Psychoanalysis and Dynamic Psychiatry. She received the New York State Psychiatric Institute's Alumni Award for Distinguished Work in Child Psychiatry in 2001. Dr. Kestenbaum is a co-founder of CARING at Columbia, an organization established in 1988 that helps inner city-children-at-risk through the arts and literature.

Press Release Courtesy of Dacia Morris

We would like to publish your personal accomplishments in the Academy Newsletter -
our informal membership communication.

Please submit your news online at www.aapdp.org,
or e-mail info@aapdp.org to request an announcement form.

NEWS FROM MEMBERS

Special Interests:

Victor Bloom, MD, Grosse Point Park, MI Popular culture, politics, philosophy, large group dynamics, fine art, classical music, golf, chess, grandchildren (14)

Emmanuel G. Cassimatis, MD, Philadelphia, PA International medical education

Mary Ann Cohen, MD, New York, NY Psychosomatic medicine, AIDS psychiatry, cancer, PTSD

Cassandra Kylman, MD, Bloomfield Hills, MI PCPs and Forensics

Erminia Scarcella, MD, Washington, DC Community, Literature, Art, Dreams

Scott C. Schwartz, MD, New York, NY Early music, medieval manuscript painting

Peter Jay Stein, MD, MA, Rockville Centre, NY www.pjsteinsongs.com

Ronald Turco, MD, Portland, OR Arts, Culture, Community, Dreams, Literature, Forensics

Professional Appointments:

Victor Bloom, MD, Grosse Point Park, MI Emeritus Clinical Associate Professor of Wayne State University

Emmanuel G. Cassimatis, MD, Philadelphia, PA As of July 1, 2009, President and CEO Education Commission for Foreign Medical Graduates (ECFMG) 3624 Market Street, Philadelphia, PA 19104-2685 Tel: 215-823-2101

Mary Ann Cohen, MD, New York, NY Clinical Professor of Psychiatry, Mount Sinai School of Medicine

Cassandra Kylman, MD, Bloomfield Hills, MI Assistant Clinical Professor of Psychiatry, WSU School of Medicine. Program Committee member - Michigan Psychoanalytic Society.

Erminia Scarcella, MD, Washington, DC Assistant Clinical Professor at GWU, designated physician of the Embassy of Italy, President of Jung Society of Washington DC

Richard Young, MD, Queens, NY Clerkship Director in Psychiatry at Elmhurst Hospital Center for St. George's University School of Medicine

Anna Yusim, MD, New York, NY Deputy Editor, American Journal of Psychiatry Resident's Journal

Medical/Psychodynamic/Psychoanalytic Presentations:

César Alfonso, MD, New York, NY Visiting lecturer at ABAC University on Bangkok, Thailand "Relevance of Psychoanalysis to the Contemporary Practice of Psychotherapy." "Clinical Applications of Psychoanalytic Theory"

Mary Ann Cohen, MD, New York, NY AIDS Presentations: *Early Childhood Trauma, PTSD, and HIV: Impact on Women*, Presentation at New York City Department of Health and Mental Hygiene, Public Health Library Forum, September 25, 2008

AIDS Psychiatric Disabilities: A Biopsychosocial Approach, Presentation at the United States Social Security Administration Conference on HIV Infection in the Disabilities Programs, Queens, New York, September 10, 2008

Early Childhood Trauma, PTSD, and HIV, NeuroAIDS Forum, The Mount Sinai School of Medicine, July 15, 2008

AIDS Psychiatry: A Biopsychosocial Approach, NeuroAIDS Lecture, The Mount Sinai School of Medicine, June

14, 2008

Early Childhood Trauma, PTSD, and HIV, Iris House Summit, The New York Academy of Medicine, New York, New York, June 12, 2008

AIDS Psychiatry: Psychosomatic Medicine Paradigm, Memorial Lecture to Luis Ruiz-Flores, MD, Mount Sinai School of Medicine, New York, New York, April 25, 2008

AIDS Psychiatry: A Biopsychosocial Approach, Psychiatry Grand Rounds, Harvard Medical School, Harvard Longwood, Boston, Massachusetts, March 27, 2008

Other Presentations: *Bioethical Challenges in Capacity Determination – Bioethics Special Interest Group*, Invited Roundtable at the Academy of Psychosomatic Medicine, Miami, Florida, November 22, 2008

Boots Cooper Award Acceptance Speech, Discrimination in Health Care, at the Alumnae Award Dinner, Philadelphia, Pennsylvania, May 2, 2008

AOA Alumnae Award Acceptance Speech, Creating Health Care Environments to Meet Patients' Needs, at the Annual AOA Dinner, Drexel University School of Medicine, Philadelphia, Pennsylvania, April 1, 2008

Symposia: *Bioethical Challenges in Capacity Determination – Bioethics Special Interest Group*, Invited Symposium at the Academy of Psychosomatic Medicine, Miami, Florida, November 21, 2008 (Chair)

AIDS Psychiatry Across the Life Cycle, Symposium at the Annual Meeting of the Academy of Psychosomatic Medicine, Miami, Florida, November 20, 2008 (Chair and Presenter) *Geriatric AIDS Psychiatry: A Hidden Epidemic*

AIDS Psychiatry 2008, Collaborative Symposium of the American Psychiatric Association Office of HIV Psychiatry and the Organization of AIDS Psychiatry at the Annual Meeting of the American Psychiatric Association, Washington, D.C., May 8, 2008 (Chair and Presenter) *A Biopsychosocial Approach to AIDS: The 27th Year*

A Biopsychosocial Approach to AIDS: An Update, Symposium at the Annual Meeting of the American Academy of Psychoanalysis and Dynamic Psychiatry, Washington, D.C., May 3, 2008 (Chair and Presenter) *A Biopsychosocial Approach to AIDS*

AIDS Psychiatry: Past, Present, and Future, Symposium at the Annual Meeting of the Academy of Psychosomatic Medicine, Amelia Island, Florida, November 17, 2007 (Chair, Discussant, and Presenter) *The History of AIDS Psychiatry: A Biopsychosocial Approach*

Erminia Scarcella, MD, Washington, DC Presentation of a Clinical Paper on Jungian Analytic Psychology. Workshop on the Human Brain and the Archetypes: Evolution and Interaction. Jungian Symbols in Film, June 2000

Scott C. Schwartz, MD, New York, NY Grand Rounds, Metropolitan Hospital: Stolen Glance at Plagiarism 12/08 and Psychotic Countertransference 2/09

Graeme Taylor, MD, Toronto, ON Loneliness in the Disaffected Patient, Psychoanalytic conference on Loneliness and yearnings, Vancouver, July 2008.

Anna Yusim, MD, New York, NY *Latin American Psychiatric Association Annual Congress* (Isla Margarita, Venezuela 11/08): Spirituality & Depression

Academy of Psychosomatic Medicine (Miami, FL 11/08): Pathological or Not? Depression in Rural Ecuador;

New York University Research Talk (New York, NY 11/08): Research Trajectory: Past, Present and Future

2nd Annual Latino Mental Health Conference (New York, NY 11/08): Depression in Latin America

World Psychiatric Association Annual Congress, Symposium on Psychosomatic Medicine chaired by Dr. Pedro Ruiz (Prague, Czech Republic 9/08): Somatic Manifestations of Depression in South America

American Psychiatric Association Research Colloquium (Washington DC, USA 5/08): Effects of Sertraline Administration on Vascular Endothelial and Autonomic Function in Patients with Chronic Heart Failure

American Psychiatric Association Annual Conference (Washington DC, USA 5/08): Somatic and Cognitive Domains of Self-Reported Depression in Rural Ecuador: Cultural & Education Effects.

Medical/Psychodynamic/Psychoanalytic Publications:

Mary Ann Cohen, MD, New York, NY Co-author of *Comprehensive Textbook of AIDS Psychiatry*. Oxford University Press, New York, 2008. Awarded 3 stars by Doody's Book Review Service, February 2008.

This book was reviewed by Reuters (2008), the New England Journal of Medicine (March 27, 2008), the Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry (June, 2008), the Journal of the American Medical Association (August 6, 2008), and the American Journal of Psychiatry (November, 2008)

Ralph Slovenko, JD, PhD, Detroit, MI Published *Psychiatry in Law/Law Psychiatry Second Edition* in March 2009.

Graeme Taylor, MD, Toronto, ON Co-author of Latent structure of the alexithymia construct: A taxometric investigation. *Psychological Assessment* 20: 385-396, 2008.

Anna Yusim, MD, New York, NY Modafinil as an Adjunctive Treatment of Sedation, Negative Symptoms and Cognition in Schizophrenia: A Critical Review. *J Clin Psychiatry*. 2009 Jan;70(1):104-12. Epub 2008 Nov 18.
A Case of Phantom Testicular Pain. *Primary Psychiatry* 2008 November;15(11):49-50.
Conducting Mental Health Research in Rwanda: A Resident's Experience. *American Journal of Psychiatry Residents' Journal* 2008 October;3(10):4-5.
Normal pressure hypocephalus presenting as Othello Syndrome: Case Report and Review of the Literature. *American Journal of Psychiatry* 2008 September;165(9):1119-25.

Community/Popular Appearances/Publications:

César Alfonso, MD, New York, NY President of the Board of Children Art Foundation, Ltd,
www.childrenartfoundation.org

Nancy K. Morrison, MD, Albuquerque, NM Co-author: Sacred Desire: Growing in Compassionate Living. Templeton Foundation Press, April 2009

Ronald Turco, MD, Portland, OR Guest Speaker at Portland State University with Rod Englert, Detective. Topic - the Murder Investigation of Ginnie Wade in 1863. The only Civilian killed during the civil war. Also - A DNA analysis of Abraham Lincoln's hair.

Personal Events:

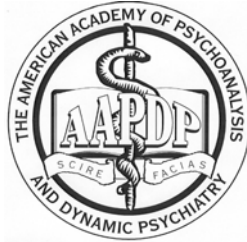
César Alfonso, MD, New York, NY Participant in an International Show of Cuban-born artists, Qbava Gallery, May 29-June 30, 2009. Paintings available on line at www.qbava.com

Victor Bloom, MD, Grosse Point Park, MI Helped Iranian psychiatrist/researcher to relocate in Detroit, MI and obtain green card for further studies. His name is Arash Javanbakht.

Erminia Scarcella, MD, Washington, DC Active member of Rotary International Club

Joan G. Tolchin, MD, New York, NY Cited in the most recent editions of *Who's Who in America* and *Who's Who in American Women*.

Anna Yusim, MD, New York, NY Honored in 2008 as follows: Sermo Resident Challenge 1st place Winner: \$5000 for best resident case conference; American Psychoanalytic Association Fellow: 1 of 15 mental professionals chosen annually nationwide; NIMH Outstanding Research Resident Award: 1 of 11 residents chosen nationwide for research achievement; APA Research Colloquium: 1 of 54 young career psychiatrists to receive \$1000 & invitation to colloquium; NY State Psychiatric Association Scientific Paper Contest: Received 3rd place in the state and \$250; AMA Seed Research Grant: \$2500 from AMA Foundation to complete project in heart disease & depression.



New Members of the Academy - 11/15/2008 - 5/14/2009

Ronald Abramson, M.D.	Laine M. Gawthrop, M.D.	James R. Parks, M.D.
Riaz Ahmed, M.D.	Guy F. Glass, M.D.	Andrew I. Patrick, D.O.
Faith A Aimua, M.D.	Serge Goffinet, M.D.	Maria Pease, M.D.
Anna Alayeva, M.D.	Gail Greenspan, M.D.	Christopher T. Perry, M.D.
Edidiye Arbov, M.D.	Dilip V. Jeste, M.D.	Andrew T. Pickens, M.D.
Lily Arora, M.D.	Anwarul Karim, M.D.	Alex Pinkhas, M.D.
Beatrice Beebe, Ph.D.	Debra A. Katz, M.D.	Syed O. Quadri, M.D.
Ranu Boppana, M.D.	Laura K. Kent, M.D.	Joseph J. Rasimas, MD, PhD
Alla Y. Borik, M.D.	Anneline Kingsley, M.D.	Arnold D. Richards, M.D.
Elizabeth L. Brent, M.D.	Markus J. Kraebber, M.D.	Ankur Saraiya, M.D.
Cristian Damsa, M.D.	Michael D. Lance, M.D.	Michael K. Seid, M.D.
Dipali R. Das, M.D.	Corina Lazar, M.D.	Henry Peter Silvestri, M.D.
Randolf D. Dipp, D.O.	Mark N. Leffert, M.D.	Jeffrey Robert Strawn, M.D.
Mildred Fajardo, M.D.	Graziella Magherini, M.D.	Enrico Suardi, MD, MScPH
Hanne E. Favelukes, M.D.	Karimi G. Mailutha, MD, MPH	Zachary D. Torry, M.D.
Douglas S Feltman, M.D.	Lila E. Massoumi, M.D.	Lei Wei, D.O.
Raul Neto Fernandes, M.D., Ph.D	Robert A. Moran, M.D.	Jane D Wolfe, M.D.
Giuseppe Ferrari, M.D.	Abdul Nadeem, M.D.	Anna Yusim, M.D.
Glen O. Gabbard, M.D.	Kevin M. Nasky, D.O.	Sohrab Zahedi, M.D.
Alvaro I. Garcia-M., M.D.	Shawna Newman, M.D.	Jonathan G. Zuess, M.D.
Minerva Garcia-Villafañe, M.D.	Paul D. O'Keefe, D.O.	

Bios of new members are listed in the Academy Forum. Contact information is listed online in the Members Roster section of the Academy's website: www.aapdp.org

Information on future Academy meetings is available at www.aapdp.org