Message from the President

The Academy’s Educational Outreach and the Teichner Award: An Update

Dear Academy Members,

In the Summer I wrote you about psychodynamic psychiatry, and the fact that training in psychodynamic principles and practice is dropping out of psychiatry residency programs in the United States. The knowledge that we Academy members have gained from study at fine psychoanalytic institutes around the country as well from psychiatric training programs richly endowed with psychodynamically sophisticated supervisors is now endangered. Competency in psychodynamic therapy is still a “Core Competency” required by the Accreditation Council for Graduate Medical Education for graduation from psychiatric residency training. Yet, residencies are struggling more and more to provide qualified supervisors for this training. Those supervisors are retiring or only available in a few urban centers of the United States.

A little more than a decade ago, the Academy embarked on a program that put this need in high relief. The Teichner Award was the brain-child of Dr. Sherry Katz-Bearnot, the President of the Academy at that time. Dr. Victor Teichner was a former President of the Academy and the late husband of our current member, Dr. Gail Berry. He died prematurely in the late 1980’s; but one of his patients, grateful for his life-saving work on her behalf, decided to make a contribution to the Academy in his honor. That contribution, generous beyond anyone’s expectation, was $200,000. I remember as the Treasurer of the Academy at that time, going with Sherry to meet this remarkable woman to whom we were introduced by Dr. Sylvia Olarte. Our charge was to memorialize Dr. Teichner with her gift. At her insistence, the gift was anonymous.
The idea of the Teichner award was to partner with the American Association of Directors of Psychiatry Training (AADPRT), the support organization to which nearly all training directors in the United States belong. The training programs submitted applications describing what kind of teaching support they needed for residents and faculty. Demonstrated need, for instance, when a program was in a geographical area where few psychodynamic supervisors were available, was one of the criteria used to evaluate the applications. The award was a 1-3 day visit from an Academy Scholar. This Scholar was chosen by the winning program from a list of Academy members who had volunteered to become Scholars. The Program selected a Scholar, based on its own interests and needs and how these interests coincided with the expertise of the individual Scholar. The Programs prepared residents intensively in advance of the Scholar’s visit; and follow-up visits and teaching also evolved, using visiting professorships funded by the winning institutions and distance-learning partnerships between the Scholar and the host medical centers.

The Teichner Award became a success and continues to be a success under the leadership of Drs. Sherry Katz-Bearnot and Eugene Beresin, Co-chairs of the Task Force. Each year, different programs have competed. The Academy Task Force in charge of the Award was startled to learn how many programs in the United States had so much demonstrated need for help with psychodynamic teaching. In 2016 two awards were given—one to Texas Tech University Health Sciences Center, El Paso, Texas (Dr. Henry W. Weissman, Director of Residency Training), the other to the Mayo Clinic (Drs. Sandra Rackley; Kristin Somers, and Cosima Swintak, Program Directors of the Child and Adolescent Psychiatry Fellowship, Associate Psychiatry Residency, and Psychiatry Residency, respectively).

Review of the outstanding applications for the Teichner Award convinced the Teichner Task Force that the Academy needed to do more for psychodynamic teaching in psychiatric residency programs. During Dr. David Lopez’s presidency a new Task Force was formed—the TF for Educational initiatives—which studied the way to get the most impact on behalf of residencies. Based on those meetings, two pilot programs are being developed—one to use distance learning techniques for a residency group, to be chosen from former Teichner award programs, the 2nd to use distance learning techniques to support psychodynamic supervisors so that they can assume responsibility for the supervisors in their institution. The Education Committee, headed by Dr. Jeffery Katzman, MD, and the Task Force for Educational Initiatives, headed now by Drs. David Lopez and Ahron Friedberg, have assumed leadership for that work in collaboration with the Teichner Task Force.

There are a number of Academy members who are already well-versed in using technologies for distance learning, among them Drs. Cesar Alfonso, Debra Katz, Elise Snyder, Betsy Auchincloss, Luis Garza, and Allan Tasman, as well as the physicians noted above. As these programs are developed and tested, we will be reaching out for your help to become teachers in them. We hope you will find this a compelling need and will join us in our efforts! At this point, the numbers are small, but we hope they will grow exponentially over time. If teaching in any of these programs interests you or if you are interested in joining the panel of Teichner Scholars, please reach out to Drs. Katzman, Lopez, Friedberg or Katz-Bearnot.
Dear Fellow Academy Members,

I am very pleased to be serving as the new editor for the Academy’s seasonal newsletter. I am also grateful to everyone who generously provided contributions to this edition. Before you scroll through our numerous announcements and calls for member involvement, I wanted to highlight some of the information contained within.

In her Message from the President, Dr. Jennifer Downey, draws our attention to the profound need for psychoanalytic and psychodynamic expertise in training programs across the country. Academy members can serve as valuable contributors to the training and education of clinicians who increasingly do not have access to psychodynamic psychotherapy curriculum and supervision. As you can read about further in Dr. Downey’s letter, The Task Force for Educational Initiatives is working to expand on the successful efforts of The Teichner Award and Task Force.

You’ll read below about additional opportunities for member participation in educational pursuits including the Grand Rounds Speaker Program, Teicher Scholars Program and the AAPDP Mentorship Program.

We are fortunate to have updates in this edition from CAPA (China American Psychoanalytic Alliance) director, Dr. Elise Snyder, who has detailed the extraordinary efforts of CAPA members who are providing much needed psychoanalytic training to mental health professionals in China. Dr. Eric Plakun provides us with his report to the Academy from the APA Assembly and the efforts he is making to ensure the Academy has a strong voice within the APA. Dr. Gerald Perman reflects on the end of his tenure as editor of the Academy Forum and introduces us to the new Forum editor, Dr. Angela Hegarty.

In this autumn’s installment you will find exciting details about the 61st Annual Academy Meeting in San Diego. The Keynote Speaker, Dr. Glen Gabbard, will be presenting “Hatred and It’s Rewards” to advance our thoughts about how to make good use of transference and countertransference. Dr. Gabbard’s handling of this highly relevant topic will undoubtedly enrich the annual meeting’s theme of “Psychodynamic Psychiatry and the Difficult Patient”.

Best wishes and happy reading to all.

Alicia D. McGill, MD
Dr. Gabbard writes: Hateful patients are common in the practice of psychoanalysis and psychotherapy. Some are relentlessly hateful towards the treater while others are transiently enraged but do not manifest prolonged entrenched hatred. It is useful to differentiate intermittent periods of rage from hatred. Rage can be ventilated towards any frustrating external object while sustained hatred requires an internal object representation. While hatred tries to destroy the object, hatred forges an unbreakable bond between self and object.

Moreover, there are variations on transference hate that are relevant to how the clinician manages the intense affective states. In my previous writings I have differentiated benign transference hate from malignant transference hate. The former maintains the “as-if” nature of transference and recognizes that something from his/her past has been brought into the transference situation. On the other hand, malignant transference hate is characterized by an absence of the “as-if” realm in the therapeutic relationship and a conviction that the hate is warranted because of the “real” qualities of the therapist or analyst.

Countertransference hate, disgust, detachment, and rage may result in the therapist’s retreat from the patient. In addition, reaction formation is a common countertransference reaction characterized by almost saintly behavior in the analyst. As I have continued to work with hateful patients, I have come to realize that classical stances of neutrality and abstinence are likely to be deleterious to the treatment because of what they evoke in the patient. In this presentation I will argue for flexibility in technique and suggest that the distinction between psychoanalysis and psychotherapy has become relatively meaningless in work with disturbed hateful patients and should not dictate technique.
Sixteenth Joint Meeting
American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) with Organizzazione di Psicoanalisti Italiani Federazione e Registro (OPIFER)
~ 2016 ~

The Sixteenth Joint Meeting of the AAPDP with OPIFER will be held in Pistoia, Italy, October 22-23, 2016. Pistoia is a beautiful Renaissance city, a half hour from Florence by train. Attendees will be able to stay in a hotel in either city.

The theme of the conference is “Neurosciences and Psychoanalysis.”

The meeting commemorates the twentieth anniversary of OPIFER’s founding in 1996. Three years later, the Academy and OPIFER held their first Joint Meeting in Venice.

There will be many outstanding speakers from the States and Europe. The Academy’s Keynote Speaker will be Dr. Joanna Chambers. In the Academy, Dr. Chambers is Chair of Scientific Programs. She is an Associate Professor of Clinical Psychiatry at Indiana University School of Medicine. She will speak on “The Neurobiology of Attachment.” Academy Fellows Drs. Richard Brockman and Daniela Polese, also experts in neuroscience and psychoanalysis, will be speaking as well.

Our joint meetings with OPIFER have enriched the Academy by bringing in new members. More than a dozen outstanding Italian psychiatrists and psychoanalysts who attended the joint meetings have become Academy members. Additionally, a number of American members joined the Academy after their participation in our international conferences. Our President, Dr. David Lopez and Psychoanalytic Fellow, Dr. Sandra Park are examples.

October is an ideal time to visit Tuscany—the weather is good, the tourists, few. Hotel information will be available shortly. You will be able to register online at the Academy’s website: www.AAPDP.org.

We look forward to seeing many of you at this outstanding international conference.

Joan G. Tolchin, M.D.
Past President and Liaison with OPIFER
CAPA
The China American Psychoanalytic Alliance
by
Elise W. Snyder, M.D.

CAPA (the China American Psychoanalytic Alliance) continues to grow and thrive. CAPA members, mainly from the USA, but also from Canada, Mexico, Argentina, Ecuador, Brazil, England, France, Italy, Germany, Israel and Australia now number 400. One of our New York meetings was attended (on-line) by a therapist on a boat in the waters off Antarctica: the last continent to welcome psychoanalysis.

The generosity of our teacher and supervisors is unparalleled. 154 psychoanalysts and analytic psychotherapists are teaching pro bono. 180 are supervising pro bono. Why are all these people volunteering time and effort without pay? Collegiality, an exciting adventure, an opportunity to do good in the world, to enhance the role of psychotherapy and for psychoanalysis, a fascinating experience, being a part of the wave of the future and last but not least--training the best and most interested students this side of 1970.

Our Chinese students come from 30 Chinese cities. Each year there are about 160 applicants—psychiatrists, psychologists, social workers and counselors. Just recently the Chinese government announced that there are more than 1,000,000 poorly trained mental health professionals in China.

After filling out an extensive form with three essays, the applicants are first interviewed by the director of the CAPA ESL Program (Katie Colton). More than half are rejected (often very good applicants) because their English is not good enough. These are referred to the ESL program. Those who pass this hurdle are then interviewed by two teachers. The entire dossier then goes to the admissions committee who choose about 40. The new students are divided into four sections and begin the Two-year Basic Training. Most of them enter a low fee (3-5 session/week) analysis or psychotherapy. The Basic program consists of 4 hours of class each week for 30 weeks/year. Each ten week trimester has a theory course, a technique course and a continuous case seminar. There is one session week of individual supervision' ZOOM (or other video conferencing software) is used. The readings for each class are either on PEPWeb (to which all students have a subscription) or available as PDFs. The students read about 120 pages a week in English. Both students and teachers receive report cards at the end of each trimester.

The best graduates of the Basic training are invited to join the Two-year Advanced training program. Usually there are three sections of years 3 and 4. The advanced format is the same as that of the basic training. Graduates of both the basic and advanced training receive both CAPA certificates and certificates from the Chinese Psychological Society. CAPA occupies a position of amazingly high prestige in China. Senior academics have been
known to claim that they were CAPA graduates—when they were not. Advertisements from other training programs claim that they "are as good as CAPA".

CAPA offers a variety of electives: Infant Observation and How to Supervise among them. For other courses, see below. Several US and Canadian institutes have opened the doors of their Extension Divisions to our students by offering distance access to courses and lectures.

The advanced graduates of the Supervision Training supervise (with supervision) second year students as ‘second supervisors’. For the past two years, the Advanced graduates have also worked as assistant teachers with the highest rated CAPA teachers. These are ways CAPA is moving toward its goal of having Chinese CAPA graduates take over teaching psychodynamic psychotherapy (and eventually) psychoanalysis in China.

Two major events have occurred that advance our work toward this goal: Four APsaA institutes have begun to accept CAPA Advanced graduates—both for local training (for those who can move to America) and (the real breakthrough) for full distance psychoanalytic training.

15 students are now in their first or second year of analytic training at APsaA institutes. A second year psychoanalytic candidate, Jiang Qi Zhuang, is leading a group of 8 CAPA graduates offering the first year of CAPA courses in Mandarin. A child therapy program is also planned. This is a huge step in Chinese colleagues taking over CAPA training in China.

In each city where there is a large number of students (Beijing, Chengdu, Wuhan, Shenzhen and Shanghai) local CAPAINCHINA organizations have been formed. The arrange group supervisions, hold conferences, recruit CAPA students and this year have begun to meet together to organize a national conference and discuss ways to facilitate teaching in Mandarin.

CAPA, in conjunction with the East China Normal University Press, has begun a translation project. Twenty-four people volunteered to translate books chosen by all the CAPA teachers. The translators were carefully vetted. (Many earlier translations from English to Chinese are quite poor). Ten translators passed the rigorous test. They are translating the books for which the press has obtained the copyrights.

CAPA meets twice yearly. There is an APsaA discussion group on Psychoanalysis and China and then there is our Dim Sum Meeting: two discussion groups followed by a Dim Sum lunch. Almost 100 people attend each Dim Sum in New York. The next one will be in New York on Saturday January 21, 2017. Discussions have included topics such as Ethical Issues of Treating and Supervising in China and Countertransference Issues in China.

And last but not least, the eighth annual CAPA tour of China will take place this October 2016. Each year sixteen to twenty-five CAPA members and some significant others have visited Beijing, Xi’an, Chengdu, Tibet, Shanghai and Hong Kong. As well as visiting the usual tourist sites, they have met with patients, supervisees and their classes. They gave lectures, supervisions and consultations and were the honored guests at graduation ceremonies in three cities.

I hope you will consider joining CAPA and participating in this adventure. Please contact: elise.snyder@yale.edu.

Continued on the next page ⇒
Survey of DSM-5, ICD-10 and PDM/PDM-2 for Treatment Purposes - Robert Gordon - 4 sessions
Pre-CAPA Training Program - Jiang Qi Zhuang - 3 sessions
Dream Analysis - Ira Moses - 4 sessions
Diagnosing and Treating ADHD in Adults - Lana Fishkin - 2 sessions
Introduction to Lacanian Psychoanalysis with an Emphasis on Freudian Practice - Dwight McCann - 5 sessions
Introduction to Writings of Donald Winnicott with an Emphasis on Capacity to Play - Karen Melikian - 4 sessions

LECTURES
Developmental Considerations in Psychotherapy with Gay Men - Gary Grossman
Working with Shame Dynamics in Routine Psychodynamic Psychotherapy - Elizabeth Haase
Psychoanalysis and Dialectical Behavior Therapy: Clinical and Theoretical Integration - Lisa Lyons
Working with Somatic Countertransference - Adrienne Margarian
Teaching and Learning Psychotherapy in China - Nadine Tang
Psychic Isolation in Adolescence and its Relation to Bodily Symptoms - Mary Brady
Relational Psychoanalysis: Models of Mind, Multiplicity and Dissociation - Lisa Lyons
Report to AAPDP from APA Assembly  
May 14, 2016  
Eric M. Plakun, MD

I served as member of Board of Regents of ACOPsa, participating in discussion of dissolving, affiliating or transforming it. I facilitated contact between ACOPsa president Drew Clemens and AAPDP leaders Jennifer Downey [president] and David Lopez [immediate past president] to begin such discussions after a 10 year hiatus. ACOPsa has only 86 members but has $250,000 in assets. Its interest, like ours, is in educating the next generation of analysts and dynamic psychiatrists.

I participated in the Assembly Procedures Committee and ACROSS. I ran for and was elected to a 2-year term as Chair of ACROSS, which puts me again in the Assembly Executive Committee.

I participated in debate about developing an APA stance on refugees and migrants and a stance against using the guise of religious freedom to discriminate against LGBT people.

I heard an update on development of an APA Registry for mental disorders, with data input from EHRs, doctors, patients and collaboration with others who are already ahead of us, like family physicians who are tracking depression. The focus seems to be on quality and assuring payment for treatment with quality markers, but it has implications for treatment resistant depression, comorbidity and other kinds of research. They appear to be aiming for launch in early 2017.

At the APA the first meeting with White House Task Force on Parity Enforcement was held. I couldn’t testify because of conflicting teaching obligations, but provided data. A story from Area 1 that made national news will be offered. A man from Taunton, MA was sent away from a hospital with suicidal ideation and fears the devil was trying to make him do things. The next day he crashed his car into a building, entered a home and assaulted 2 women with a knife, killing one, then entered a mall, where he also killed one and assaulted others before being shot. It emerges that the hospital at which he was initially seen has mandated MassHealth outsourcing of assessment of patients for admission, and it was this non-hospital Medicaid managed care screener who made the decision not to offer admission to him despite his complaints.

There was a scope of practice bill for psychologist prescribing in Hawaii that the APA defeated. We were shown data that in states where there are psychologist prescribing privileges, their prescriptions include non-psychiatric drugs like anticoagulants, beta blockers, and cardiac drugs.

I supported an action paper pushing the APA to adopt a position statement opposing direct to consumer advertising of drugs. This passed and was sent to the APA Board by direct referral. Drug company psychiatrists were opposed.
Implementation of the parity law has been slow. Many managed care companies continue to use utilization review (UR) standards outside the parity law requirements, and do so with impunity, assigning all ethical concern about the patient’s needs to the treating physician, with the UR psychiatrist concerned only about the needs of the business. Under parity, it is illegal, and arguably unethical, for a UR psychiatrist to use UR standards that are out of compliance with the parity law. Although the APA Ethics Committee objected to my request to explore this further, my position is supported by the 2015 APA *Commentary on Ethics in Practice* in section 3.4.1 and by leading psychiatrist ethicists, like Paul Appelbaum, Laura Roberts and Steven Sharfstein. In the end, my action paper passed asking the APA Board of Trustees to appoint a committee to develop a resource document elaborating the ethical tensions faced by managed care reviewing psychiatrists who develop or use UR standards that are out of compliance with the parity law. This is an important step forward in holding managed care psychiatrists accountable for their ethical obligations to the patient under the parity law.

I supported an effort to change APA Assembly voting for its own offices to a one representative, one vote model. A vote on this issue was postponed until November. This move toward a more democratic election of Assembly officers is opposed by many New York and California representatives, who seem inclined to hold on to their power rather than move toward more democratic election of officers.

The APA Psychotherapy Caucus had its third annual meeting in Atlanta. It was well attended, including by the new CFO of the APA and the new head of the American Psychiatric Foundation. Among other issues, I was pleased to report that the Caucus is now funded by a grant from the Ernst and Gertrude Ticho Foundation. We have grown from a dozen to nearly 300 members in 3 years. In recognition of our growth, the APA has provided a Caucus list serve.

Respectfully submitted,
Eric M. Plakun, MD

Several APA staff dropped in to the Academy’s 2016 Annual Meeting Reception in Atlanta and were presented with 60th Anniversary coffee mugs and tote bags.

Left to right: Dr. Philip Wang, Director, Division of Research (APA), Dr. Saul Levin, CEO and Medical Director (APA), Dr. Ranna Parekh, Director, Division of Diversity and Health Equity (APA), Dr. Sylvia Olarte, CME Committee Chair (AAPDP), Dr. Tristin Gorrindo, Director, Division of Education (APA), and Jacquelyn T. Coleman, CAE, Executive Director (AAPDP)
Psychodynamic Psychiatry

The Official Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry

Editor:
Richard C. Friedman, M.D.

Deputy-Editors:
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Jennifer Downey, M.D.

Book Review Editor:
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Psychodynamic Psychiatry welcomes the submission of completed manuscripts for possible publication.

Visit the AAPDP website for more Information for Contributors to Psychodynamic Psychiatry:

www.AAPDP.org
Dear Academy Members,

I hope that you have had an enjoyable and restorative summer!

As previously announced, I will be stepping down as Editor of the Academy Forum with the publication of the spring 2017 issue after having served for 10 years. It’s been a tremendously enjoyable experience, allowing me to get to know the many authors who have contributed to our beautiful and engaging magazine. Mims Cohen, M.D. preceded me as editor and with whom I formed a delightful collaborative relationship. I will be handing the editorial reins to Angela Hegarty, M.D., our current and eminently capable Deputy Editor. Angela is bursting with creative ideas for the future of our vibrant publication!

Over the years, the Forum has represented the face of the Academy with our presidents communicating their vision of the Academy to our membership, our meeting co-chairs letting us know what to expect at our next annual meeting, Teichner Award recipients and organizers, in particular Sherry Katz-Bearnot, M.D., updating us on this tremendously successful jewel of the Academy, Joan Tolchin, M.D. giving us previews of OPIFER meetings in Italy, and the Forum providing a venue for opinion pieces on important social issues through the lens of psychoanalysis and dynamic psychiatry. Risking leaving out many other wonderful contributors, I particularly want to thank Scott Schwartz, M.D., Marco Bacciagaluppi, M.D., Ronald Turco, M.D., Clarice Kestenbaum, M.D., Richard Chessick, M.D., Cesar Alfonso, M.D., Leah Davidson, M.D. and Peter Olsson, M.D. for their multiple contributions to the Forum during my tenure, and to Harvey Roy Greenberg, M.D. for his many excellent film reviews. Joe Silvio, M.D.’s beautiful photographs have graced Forum covers as well as provided us with indelible memories from many of our annual meetings.

On behalf of myself and our next Forum Editor, Angela Hegarty, M.D., I make a plea to all of our members to consider writing for the Academy Forum going forward! The Academy, the Forum, and our field itself, depends on your contributions. We will all benefit from your scholarly articles, your essays on social issues, your clinical case experiences, reports from our psychiatric trainees and members in all phases of their careers, as well as your reviews of relevant books you have read and movies you have seen. Sarah Nobels, M.D. has been a valued and steadfast member of our editorial team, successfully soliciting book and film reviews. In recent years, Ms. Marie Westlake has done a fantastic job of bringing the Forum from my editor’s desk to your mailboxes.

Thank you for your support!

Cordial best regards,

Gerald P. Perman, M.D.
Editor, Academy Forum
President-Elect, The American Academy of Psychoanalysis and Psychodynamic Psychiatry
Many members of the American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) are actively involved in psychiatric education and several have joined the AAPDP Grand Rounds Speakers Program. We invite you to join them. Each Grand Rounds Speaker is listed on the Education page of the Academy's website (www.AAPDP.org) with a photo and bio for the public to review. All arrangements for speakers, including reimbursement, will be made directly between the requesting program and the potential speakers.

To be listed as a Grand Rounds Speaker, please submit a short profile (250 words or less) to info@AAPDP.org with the following information:

- Name and Address
- Email
- Website
- Narrative bio statement
- Clinical practice
- Research
- List of recent presentations and/or publications

Please include a high quality photograph to accompany your profile. A head shot is best and we recommend that the photo is portrait style (i.e. a photo that is taller than it is wide).

All profiles will be reviewed by the Website Committee Co-Chairs, Drs. Joseph J. Rasimas and Miriam Cohen, and may be edited if necessary. Speakers may request to edit or remove their profile at any time.

Grand Rounds Speakers will be publicized to residency program directors with the hope of increasing the availability of psychodynamically oriented speakers for their programs. We hope that you will join your colleagues and become a Grand Rounds Speaker. We also invite you to view the current profiles listed at on the Education Page of the Academy's website: www.AAPDP.org (the direct link to the Grand Rounds Speaker section is http://aapdp.org/index.php/education/grand-rounds-speakers/).
**Seeking Teichner Scholars!**

Since 2006 members of the Academy have been traveling around the USA on three day all-expense-paid trips to psychiatric residency programs underserved in the area of psychodynamic education. These Teichner Scholars are members of the Academy and are self-nominated. Chosen by the winning programs, they have visited Kentucky, Tennessee, California, Indiana, New Mexico, South Dakota, Buffalo NY, and the exotic Island of Staten. Over the next academic year the Scholars will be visiting Texas Tech, Rio Grande campus, and the Mayo clinic to spread our knowledge of and appreciation for psychodynamic thinking and the application of psychodynamic principles to psychotherapy. Each and every Scholar has given the experience rave reviews, and each and every program has thanked us profusely for the gift of the visit.

I am hoping to encourage more members of the Academy with an interest in psychodynamic education to join the roster of Scholars. If teaching "turns you on," then this is a job for which you should apply! Applications are on our website. Deborah Cabaniss, a sought-after Scholar and a gifted writer, has generously offered to assist any member with h/is/er application.

The Teichner program has succeeded beyond our initial expectations. In some of the programs it has indeed been a seed that has flourished. In some instances, it has brought the Academy new and very active members. Our Education Committee is composed of members who are Training Directors, several of whom are Teichner Award Winners or Scholars. This year we were pleased to ask Debra Katz, our first Winner, to join the Teichner Committee judging applications. This feels like a full circle to me.

During his Presidency, Michael Blumenfield urged us to expand the Teichner Program and to consider giving more than one award annually. Council gave us the mandate to do so, and this year we had two "winner" applications, both of which were the first choice of the selection committee. Henry Weisman, the TD at Texas Tech is one winner. The second award went to a trio of faculty at the Mayo Clinic: Cosima Swintak, Residency Program Director, Kristin Somers, Residency Associate Program Director, and Sandy Rackley, the Child and Adolescent Psychiatry Program Director. We welcome all of these wonderful people to the Teichner community and they were invited, and attended, our 60th Annual Meeting in Atlanta.

Also at the May meeting in Atlanta, the winners from last year, Tim Sullivan, Michael Twist and their Scholar, Past-President Cesar Alfonso, will be presenting a panel on Psychodynamic Education on Friday 11-11:50 AM, with former Scholar and President-Elect Jennifer Downey as Discussant. At the same time, former winner Jeff Katzman will be presenting a paper on unpacking the rules of improvisational theatre to build collaborative capacities in the therapeutic alliance. Debra Katz will be the speaker at the Saturday Resident’s Luncheon and her topic is *Thinking Psychodynamically about our Patients*.

Just a reminder: All trainees may always attend our meetings for free. We only ask for pre-registration at the Luncheon so that we may plan for food.

If you love to teach and enjoy adventure, please consider filling out an application to become a Teichner Scholar. I can promise you that you will find the experience itself to be quite rewarding, the benefits to the trainees with whom you come in contact long-lasting, and you will be keeping the Academy recharged and relevant!

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Sherry Katz-Bearnout, M.D.
Email spk1@cumc.columbia.edu
Phone (212)873-5911
American Academy of Psychoanalysis and Dynamic Psychiatry
Mentorship Program

The goal of the AAPDP Mentorship Program is to link early career psychiatrists, psychoanalytic candidates, psychiatry residents, and medical students with Academy mentors. The program is designed to offer support and guidance for mentees from a range of career stages.

**Mentees:** Psychiatrists, psychoanalytic candidates, residents and medical students who are AAPDP members are invited to participate in a one-year mentorship program sponsored by the AAPDP. The program is designed to offer support and guidance for mentees from a range of career stages.

**Mentors:** Participants will be matched with mentors who are members of the AAPDP and are able to provide support in preferred areas of growth. If you are interested in becoming a mentor, please email Jeffrey W. Katzman, M.D. (jekatzman@salud.unm.edu).

**Potential Mentorship Topics:** The following are examples of topics mentorship pairs might address:

- Writing/publishing psychodynamic work
- Presenting psychodynamic work at workshops
- Careers in psychoanalytic research
- Selection of a psychiatry residency program with a strong psychodynamic focus
- Becoming a psychoanalyst
- Becoming a training analysts
- Careers in private practice or education
- Selection of a psychoanalytic institute
- Conceptualization of dynamic formulations
- Balancing family and psychoanalytic training
- Freud scholarship
- Integrating psychodynamic thinking with psychopharmacology
- Getting psychodynamic experiences in medical school
- Thinking about psychodynamics in general medical settings

**Meetings:** Once the mentorship relationship has been established through the AAPDP Education Committee Chair, it will be up to the mentor and mentee how often to meet. Depending on the needs and capabilities of the mentorship pairs, contact may be in person, by phone, or through computer-based applications. It is recommended by the AAPDP Education Committee that an in person meeting happen at least once per year with phone calls/email/computer-based applications (e.g. Skype) occurring on a regular basis.

**Application Process:** The application process for a mentor can happen throughout the academic year. To apply, email the following information to Dr. Katzman (jekatzman@salud.unm.edu): address, email address, phone number, year of graduation or anticipated graduation from medical school or residency, name of medical school or residency program, and a brief personal statement outlining your interests and possible areas of mentorship.
Academy Secretary with the newly released "Meetings with Great Manuscripts," written by Dr. Christopher de Hamel, which in two weeks is #1 on the English Amazon chart in History, Art History, and Religions. It was graciously dedicated to Dr. Scott Schwartz.

Also, published in the “Accodales” section of the Alumni Journal of New York Medical College:

Scott C. Schwartz, M.D., Assistant Professor of Psychiatry and Behavioral Sciences and Director of the NYMC Psychoanalytic Institute and the Certification in Psychodynamic Psychotherapy Certification Course, was elected National Secretary and Membership Chairman of the American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP).

In 2011, the AAPDP created the Scott Schwartz Award in his honor for his dedication to young psychiatrists and mentorship of residents. The award is given annually to a medical student or a resident for the best original unpublished paper on psychoanalytic or psychodynamic psychiatry.

* * * * * *

We invite you to submit your personal news and professional accomplishments in the Academy e-News. To submit an item of interest, simply mail the information you would like to share with your colleagues to the AAPDP Executive Office at One Regency Drive, Bloomfield, CT 06002 or email to info@AAPDP.org.

We would love to hear from you!